# InBody270

Great precision for flexible solution



### Modern

Ergonomic design for efficient workflow

### Reliable

Proven and reliable performance

### **Standard**

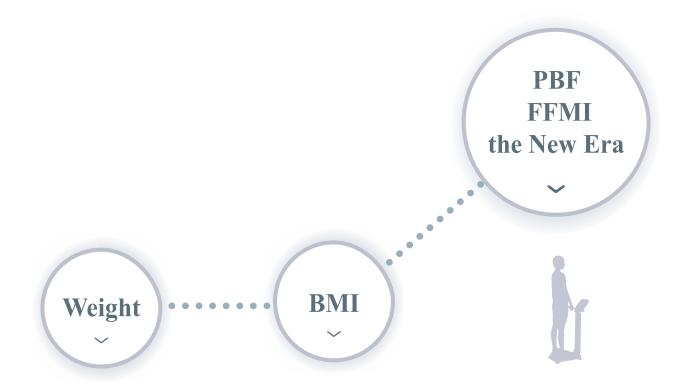
The archetype of body composition test

# The Evolution of Health Indicator

### Paradigm shift of your health indicator

While simple and inexpensive, BMI often faced vigorous debate regarding health evaluation.

Medical professionals recognized that it is not enough to evaluate health by only considering weight and height. Therefore, people start to think inside of the body - Body Composition. Based on that, the concept of FFMI which means how much fat free mass you have inside of your body emerged and it is now considered as a new standard of health evaluation.



After using weight scale to measure human body, people started to think of weight and health together. BMI was the indicator of whether you are underweight, normal or overweigh by only using height and weight.

$$BMI = \frac{\text{weight (kg)}}{\text{height}^2 (m^2)}$$

### **PBF**(Percent Body Fat)

Percent Body Fat (PBF) is the percentage of body fat compared to body weight. Actual obese status can be known through PBF.

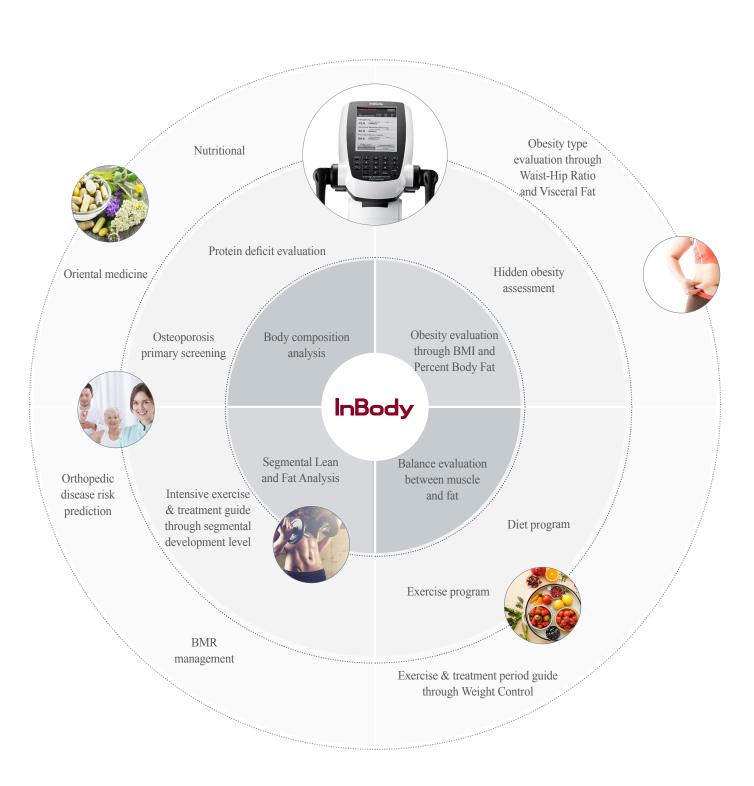
# FFMI (Fat Free Mass Index)

Fat Free Mass Index (FFMI) is calculated by dividing Fat Free Mass by height squared. This index can be used for monitoring FFM.

# **InBody Applications**

InBody Test results can be used as an indicator for proper prescription by monitoring your health status in many areas such as obesity, nutrition, rehabilitation etc.

Providing a smart healthcare service with high technology and helping everyone live a healthier life, that's the great mission of InBody.





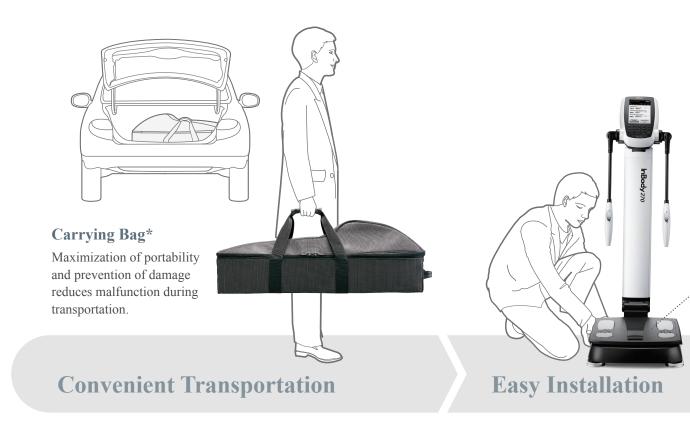


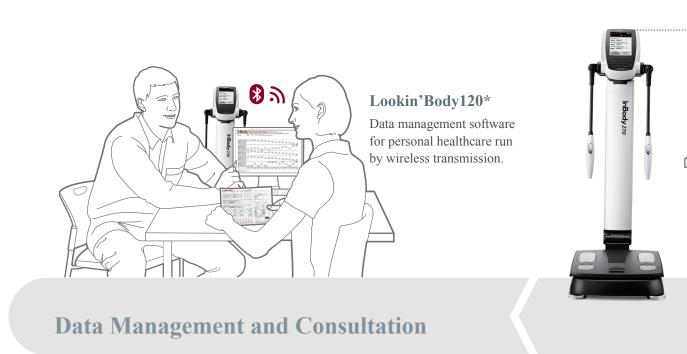


# Timeless Style, Yet Significant Feature Changes

The all new InBody270 is now more elegant and premium than ever before. Its silhouette, combined with clean lines and high-class design elements provides a truly impressive appearance.

# InBody270 Smart Usage Flow





<sup>\*</sup> Carrying Bag, Thermal Printer and Lookin' Body120 are optional items.

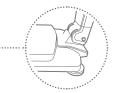


### **Barcode Reader**

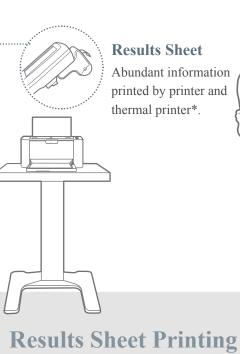
Quick member registration and ID number input available with barcode reader.

### **Foldable Structure**

Foldable structure for easy installation and safe relocation.



# **Personal Data Input**



### **Results Sheet**

Abundant information printed by printer and thermal printer\*.



### User-friendly Interface .....

Easy operation through both touch screen and keypad.





Step-by-step posture guide for complete measurement.





# **InBody Results Sheet**

Parameters on the right part of results sheet can be displayed as optional, depending on the customers' needs.

You can select and print Nutrition Evaluation, Body Balance Evaluation, Waist Circumference and Blood Pressure data in addition to items displayed in the results sheet.

### 1 Body Composition Analysis -----

Body weight is the sum of Total Body Water, Protein, Minerals, and Body Fat Mass.

Maintain a balanced body composition to stay healthy.

### 2 Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass.

The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

### 3 Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

### 4 Segmental Lean Analysis

Shows how well developed your muscle is for each part of the body. See where you should work on more.

### **5** Segmental Fat Analysis

You can check and manage fat mass on each segmental part of the body. Monitor Percent Body Fat of each part and try to keep them in 'Normal' range.

### 6 Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

# InBody

ID	Height	Age	Gender	Test
Jane Doe	156.9cm	51	Female	20

### Body Composition Analysis

Sum of the above	Weight	(kg)	59.1
For storing excess energy	Body Fat Mass	(kg)	21.8
For strengthening bones	Minerals	(kg)	2.63
For building muscles	Protein	(kg)	7.2
Total amount of water in body	Total Body Water	(L)	27.5

### **2** Muscle-Fat Analysis

		U	nder		Vorma	ıl			Ov	е
Weight	(kg)	55	70	85	100	115 <b>5</b> 9	130	145	160	
SMM Skeletal Muscle Mass	(kg)	70	80	90 1	$9.6^{100}$	110	120	130	140	
Body Fat Mass	(kg)	40	60	80	100	160	■ 21.3	8 280	340	

### **3** Obesity Analysis

		U	nder		Norma	al			Ov	/ei
BMI Body Mass Index	(kg/m²)	10.0	15.0	18.5	21.0	<sup>25.0</sup> 24	30.0	35.0	40.0	4
PBF Percent Body Fat	(%)	8.0	13.0	18.0	23.0	28.0	33.0	38.0 36.	9 43.0	4

### 4 Segmental Lean Analysis

### <sup>™</sup> **5**Segmental Fat Aı

1.94 kg 98.1 % Normal	17.7 kg 95.4 %	2.02 kg 102.2 % Normal	1.6 kg 183.0 % Over	11.7
5.02 kg 80.6 % Under	Normal	5.20 kg 83.6 % Under	2.9 kg 130.0 % Normal	Ov

### **6** Body Composition History

Weight	65.3	63.9	62.4	61.8	62.3	60.9
SMM Skeletal Muscle Mass	20.1	20.0	19.7	19.7	19.8	19.7
PBF Percent Body Fat	41.3	40.7	39.2	39.0	39.4	38.6
▼Recent □Total	14.10.10 09:15	14.12.30 09:40	15.02.02 09:35	15.04.15 11:01	15.05.12 08:33	15.08.10 15:50

[InBody270]

Date & Time 6.01.04.09:46

 $(26.3 \sim 31.4)$ 

 $(7.0 \sim 8.6)$ 

 $(2.44 \sim 2.98)$ 

 $(10.3 \sim 16.5)$ 

 $(43.9 \sim 59.5)$ 

190 205

160

460 520

53.0 58.0

**nalysis** 

1.5 kg 178.0 %

Over

2.9 kg 130.0 %

Normal

\* Segmental fat is estimated

19.6

36.9

15.10.15 16.01.04 08:35 09:46

60.5

Right

5.0 50.0

55.0

Fat Mass

# InBody

TEL:02-501-3939 FAX:02-501-2716

### **7** InBody Score

### $68/100\,\mathrm{Points}$

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

 Target Weight
 51.7 kg

 Weight Control
 - 7.4 kg

 Fat Control
 - 9.9 kg

 Muscle Control
 + 2.5 kg

### Obecity Evaluation

U	Obesity i	=vaiuation	
	BMI	□ Normal <b>M</b> Under	Slighty □ Over □ Over
	PBF	□ Normal □ Slighty Over	<b>M</b> Over

### **Waist-Hip Ratio**

0.92 Low 0.75 0.85 High

### **(1)** Visceral Fat Level

12 Low 10

High

### **Parameters** Research Parameters

Fat Free Mass 32.5 kg
Basal Metabolic Rate 1176 kcal

Obesity Degree 114 % (  $90 \sim 110$  )

Recommended calorie 2000 kcal intake per day

### Calorie Expenditure of Exercise

Golf	115	Gateball	131		
Walking	148	Yoga	148		
Badminton	150	Table Tennis	150		
Tennis	197	Bicycling	197		
Boxing	197	Racketball	197		
Hiking, No load	229	Jumping Rope	235		
Aerobics	235	Jogging	235		
Soccer	235	Swimming	235		
Japanese Fencing	250	Racketball	250		
Squash	250	Taekwondo	250		
*Based on your current weight					
*Based on 30 minute	duratio	n			

### **Results Interpretation QR Code**

Scan the QR Code to see results interpretation in more detail.



### (B) Impedance

				RL	
$Z\!\!\left(\Omega\right)20kHz$	379.6	392.7	26.8	306.8	316.1
$100\mathrm{kHz}$	373.1	385.4	25.7	303.0	314.1

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### **7** InBody Score

This score shows the evaluation of your body composition, which includes muscle, fat, and water in the body.

### -- 8 Weight Control

See how your body measures up to the recommended Weight, Muscle Mass, and Body Fat Mass for a good balance. The '+' means to gain and the '-' means to lose.

### **9** Obesity Evaluation

Evaluates obesity based on BMI and Percent Body Fat.

### Waist-Hip Ratio (WHR)

Waist-Hip Ratio is the ratio of waist circumference to hip circumference.

### **1** Visceral Fat Level

Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen.

### **12** Research Parameters

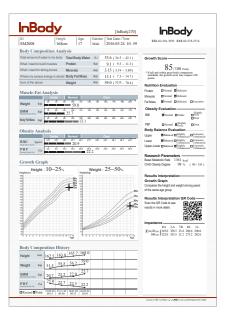
Various nutritional outputs are provided such as Fat Free Mass, Basal Metabolic Rate, Obesity Degree, Recommended calorie intake per day and more. To see a complete list, please scan the results interpretation QR code.

### Impedance

Impedance is the resistance value measured when electrical currents are applied throughout the body. Based on the measured data, key body composition outputs can be analyzed. Impedance is also used for many research purposes.

### The InBody Results Sheet for Children

Specially designed results sheet with Growth Graph is available for Children.



### **Thermal Results Sheet**

You can select and print Total Body Water, Protein, Mineral and Waist Circumference data in addition to items displayed in the thermal results sheet.

<b>InBody</b> 04/01/2016 09:46
ID : Jane Doe Height: 156.9cm Age: 51 Gender: Female Weight: 59.1kg
Weight 59.1 kg
Muscle Mass 19.3 kg Mass of muscle attached to your bones. (Skeletal Muscle Mass)
Body Fat Mass 22.1 kg
Percent Body Fat 37.5 % Reference Range : Male adult 10~20% Female adult 18~28%
BMI 24.0 kg/m² Reference Range: Adult 18.5~25.0 kg/m²
Basal Metabolic Rate 1168 kcal Minimum number of calories needed to sustain life at a resting state.
Waist Hip Ratio 0.98 Reference Range : Male adult 0.80~0.90 Female adult 0.75~0.85
Visceral Fat Level 13 Reference Range :1~9
1.81 kg 90.2 % 94.1 %  Normal 16.7 kg Normal 92.2 % 92.2 % 94.3 %  4.61 kg 4.70 kg 74.3 %  Under Under
Segmental Fat Analysis
1.7 kg 190.0 % 185.9 %  Over 239.8 %  Over 2.9 kg 126.7 % Normal  * Segmental fat is estimated.
InBody Score 66 point
Fat Control - 10.0 kg
Muscle Control + 3.8 kg
345.0 358.5 23.4 386.6 296.0 322.0 355.5 21.2 273.2 282.6
TEL:02-501-3939 FAX:02-501-3978

# **InBody Technology**

The InBody has revolutionized the field of BIA (Bioelectrical Impedance Analysis) and is currently the most advanced product in the market. With a 98% correlation with gold standard body composition methods such as DEXA, the InBody is trusted by top hospitals, gyms, and professional sports teams because of its precision. The InBody is fast, accurate, and non-invasive.



# DIRECT SEGMENTAL MEASUREMENT

Because the trunk contains the majority of lean body mass, an independent trunk measurement is required for an accurate measurement of muscle mass. InBody measures the impedance for each segment of the body directly.



### SIMULTANEOUS MULTI-FREQUENCY (SMF-BIA)

Utilizing InBody's latest advancement in BIA, the patented SMF-BIA, InBody accurately measures ICW and ECW at the same time, reducing variances in your results from the water flow for a faster snapshot of your body composition.



# 8-POINT TACTILE ELECTRODE

8-point tactile electrodes with thumb technology contributes to the high reproducibility of InBody results.





# NO USE OF EMPIRICAL ESTIMATIONS

The InBody only uses impedance directly acquired from each subject allowing the InBody to always produce correct results without use of empirical estimations, such as gender and age.

# **Cross-Reference**



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InBody270

20, 100kHz
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### **Key Specifications**

Bioelectrical	Bioelectrical 10 Impedance Measurements by Using 2 Difference		
Impedance Analysis (BIA)	Impedance (Z) Frequencies at Each of 5 Segments (Right Arm		
Measurement Items		Left Arm, Trunk, Right Leg, and Left Leg)	
Electrode Method	Tetrapolar 8-Point Tactile Electrodes		
Measurement Method	Analysis Metho	tal Multi-frequency Bioelectrical Impedance od (DSM-BIA), Multi-frequency Impedance Measurement	
Body Composition Calculation Method	No Empirical Estimation		

### **Feature Specifications**

Optional Equipment	Stadiometer from InBody, Blood pressure monitor from InBody,	
	Thermal printer, SD400	
Logo	Name, Address and Contact information can be shown on the	
	InBody Results Sheet.	
Displaying Method	LCD Monitor, Data management software Lookin' Body	
Type of results sheet	InBody Test results sheet, InBody Test results sheet for children,	
	Thermal results sheet	
Voice Guidance	Audible indication for test in progress, test complete, and	
	successfully saved settings changes	
Database	Test results can be saved if the member ID is utilized. Up to	
	100,000 results can be saved.	
Test Mode	Self Mode, Professional Mode	
Administrator Menu	Setup: Configure settings and manage data	
	Troubleshooting: Additional information to help use the InBody	
USB Thumb drive	Copy, backup, or restore the InBody test data (data can be viewed	
	on Excel or Lookin' Body data management software)	
Barcode Reader	The member ID will be automatically inputted when the barcode	
	ID is scanned.	
Backup data	Backup data saved in the InBody by using a USB Thumb Drive,	
	Restore results on the InBody from a backup file.	

### **Other Specifications**

Applied Rating Current	200μΑ (±40μΑ)		
Adapter	Manufacturer	BridgePower Corp.	
	Model	BPM040S12F07	
	Power Input	AC 100 ~240V, 50/60Hz, 1.2A	
	Power Output	DC 12V, 3.4A	
Display Type	600 x 1024 7inch Color TFT LCD		
Internal Interface	Touchscreen, Keypad		
External Interface	RS-232C 1EA, USB HOST 2EA, USB SLAVE 1EA, LAN (10T)		
	1EA, Bluetooth 1EA, Wi-Fi 1EA		
Compatible Printer	Laser/Inkjet Printers recommended by InBody		
	* A list of printers compatible with the InBody can be found at		
	http://www.inbodyservice.com		
Dimension	356 (W) × 796 (L) × 995 (H): mm		
	14.0 (W) × 31.3 (L) × 39.2 (H) : inch		
Equipment Weight	14kg (30.9lbs)		
Testing Time	About 15 seconds		
Operation Environment	$10 \sim 40$ °C (50 ~ 104°F), $30 \sim 75$ % RH, $70 \sim 106$ kPa		
Storage Environment	-10 ~ 70 °C (14 ~ 158°F), 10 ~ 80% RH, 50 ~ 106kPa (No		
	Condensation)		
Testing Weight Range	10 ~ 250kg (22.0 ~ 551.2lbs)		
Testing Age Range	3 ~ 99 years		
Height Range	95 ~ 220cm (3ft. 1.4in. ~ 7ft. 2.61in.)		

<sup>\*</sup> Specifications may change without prior notice.

# InBody

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InBody is a total healthcare device manufacturer that has acquired over 80 patent rights across the globe.















