

Lookin' Body120

User's Manual

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Visit our website <http://www.e-inbody.com> to view and download further information about the functions of Lookin'Body120, the explanation of results and more. Biospace Co., Ltd reserves the right to modify the appearance, specifications, and etc. of Lookin'Body120 to improve the quality of the product, without prior notice for reasons of performance improvement.

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Lookin'Body120

User's Manual Contents

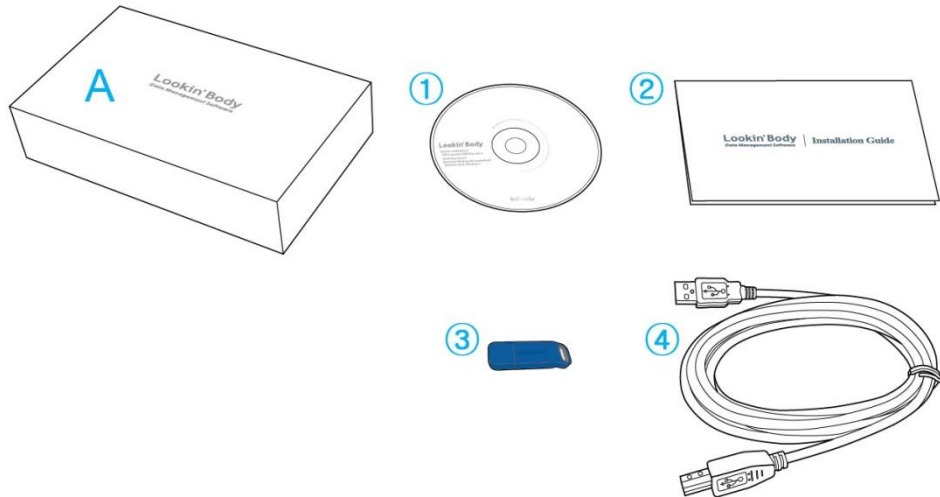
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I. Installation

A. Product Components

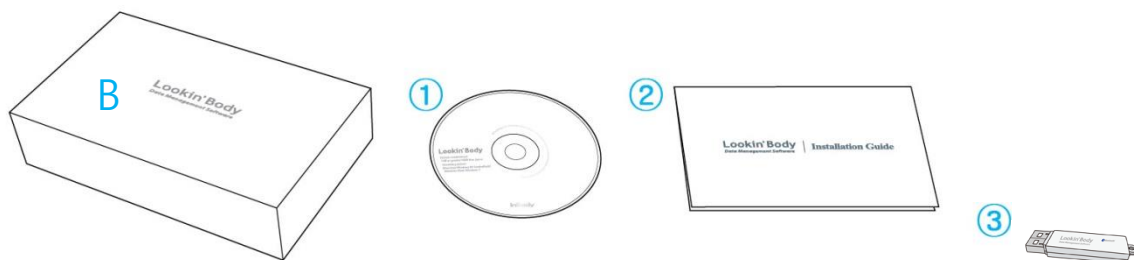
Lookin'Body120 consists of the following components. Please make sure all of the following components are present.

* Please inspect each component of Lookin'Body120 for defects prior to installation.



* Lookin'Body120 Box Package (A) USB Cable

- ① Lookin'Body120 Program Install CD 1 EA
- ② Lookin'Body120 Installation Manual 1 EA
- ③ Hardlock Key 1 EA
- ④ USB cable 1 EA



* Lookin'Body120 Box Package (B) Bluetooth

- ① Lookin'Body120 Program Install CD 1 EA
- ② Lookin'Body120 Installation Manual 1 EA
- ③ Bluetooth Dongle 1 EA

B. System Requirements

- Operating System: Microsoft Windows XP SP3/ Windows Vista SP1/ Windows 7 (32bit/64bit) / Windows 8 (32bit/64bit)
- Processor: 1.7GHz or faster processor recommended
- Hard Disk: 1GB or greater HDD free space
- Memory: 1GB RAM or greater
- Resolution: 1024 x 768

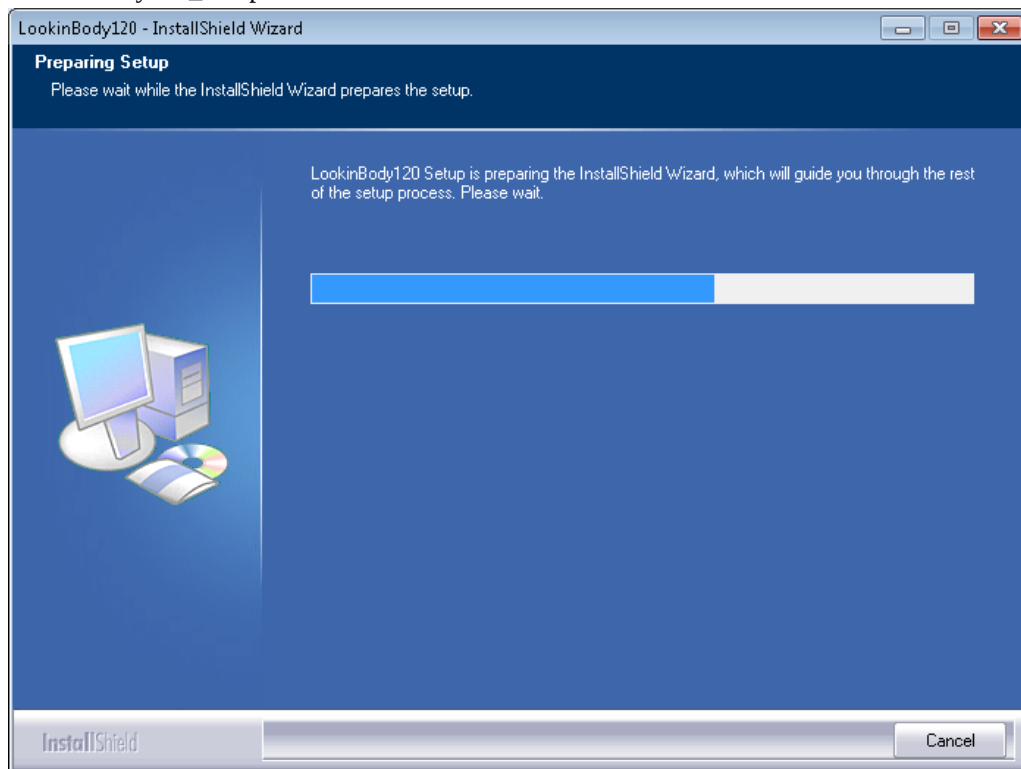
C. Installation Instructions

* The following instructions are based on the Windows 7 operating system. Your screen may look different, depending on which operating system you're using.

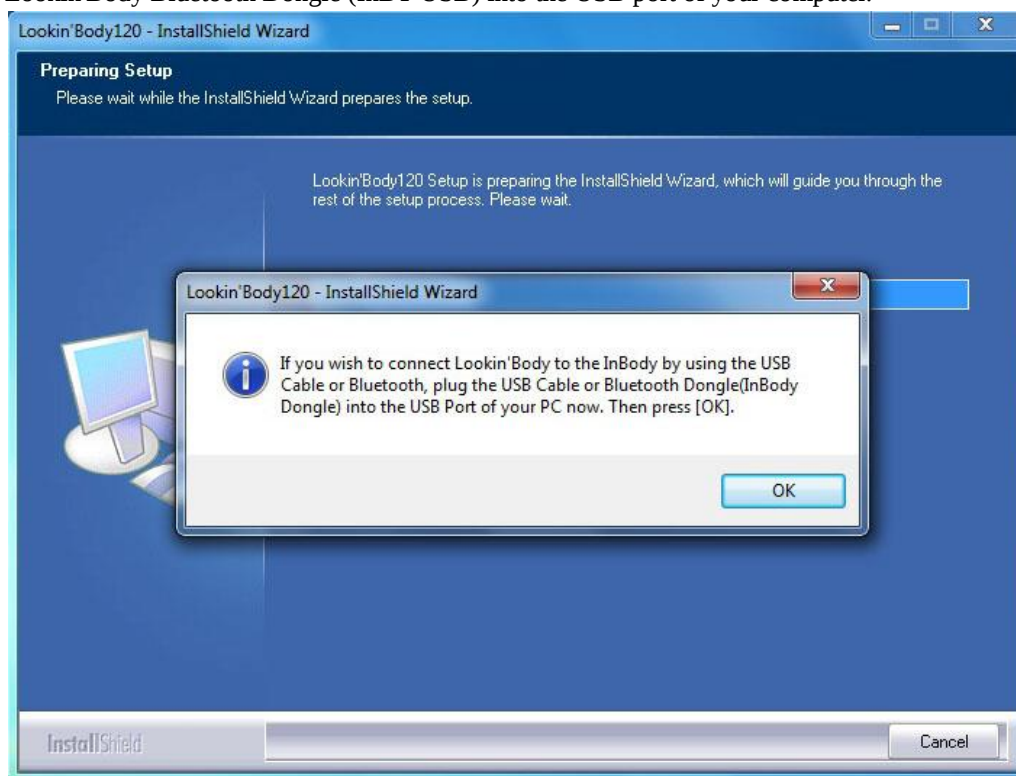
1. Installing Lookin'Body

1) Insert the Lookin'Body120 Install CD(①) and wait for the InstallShield Wizard to begin.

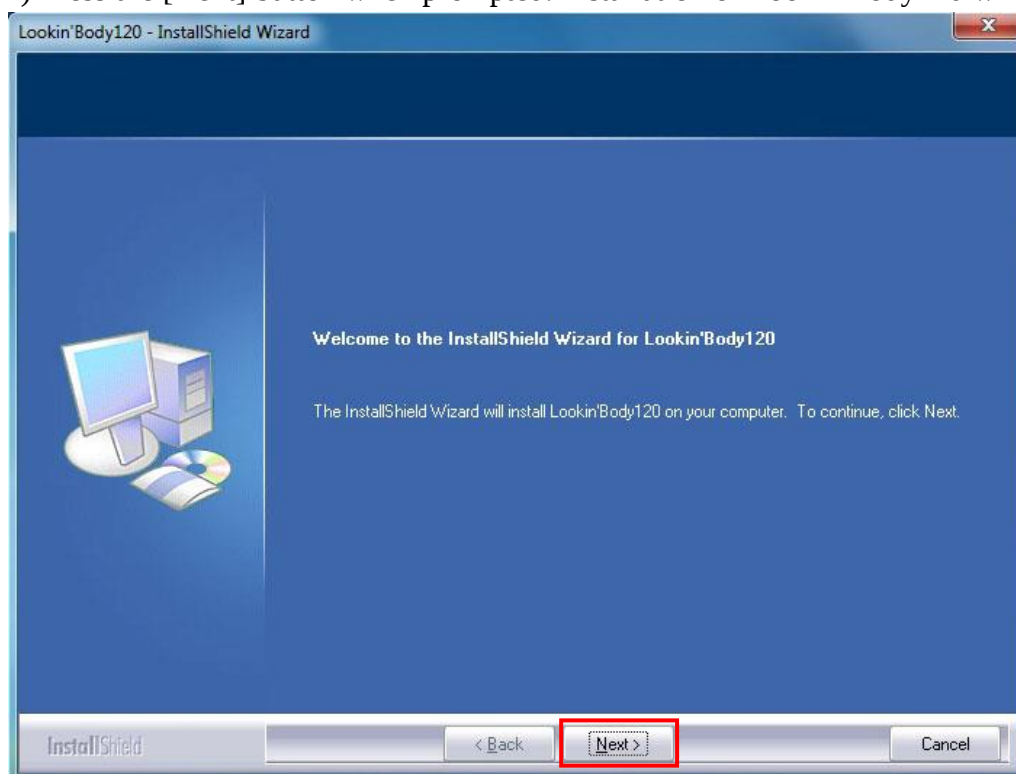
*If the screen below does not appear automatically, click My Computer > CD Drive and run 'Lookin'Body120_Setup.exe' file.



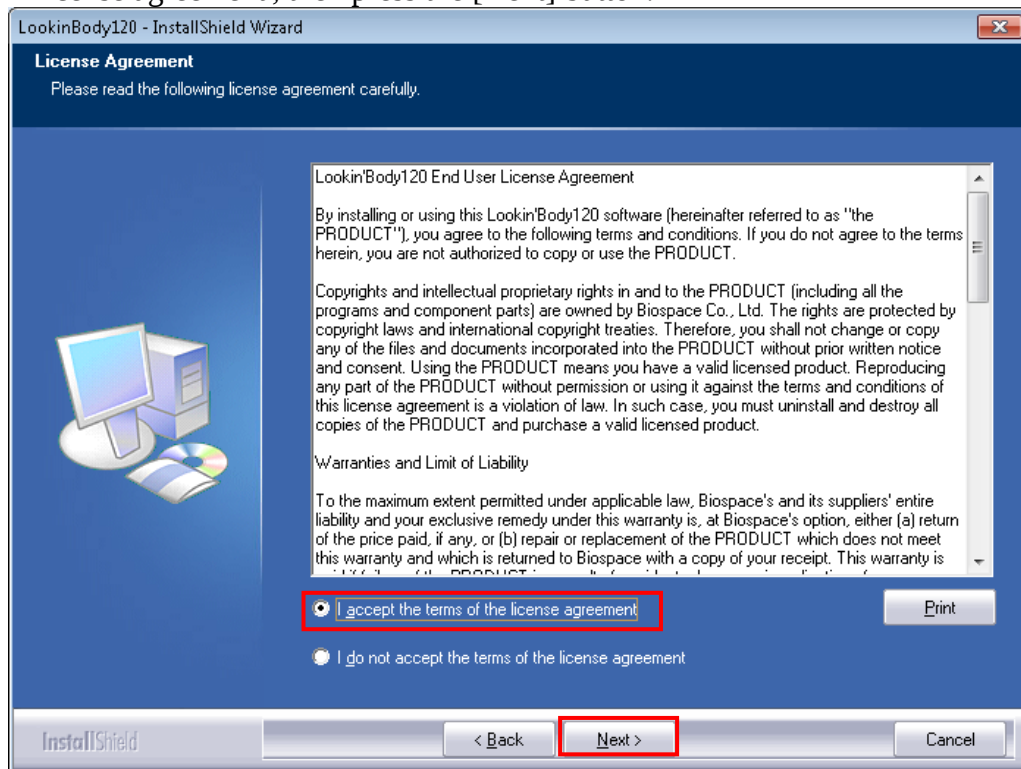
* When connecting Lookin'Body to the InBody via USB cable or Bluetooth, plug the USB cable or Lookin'Body Bluetooth Dongle (InBT-USB) into the USB port of your computer.



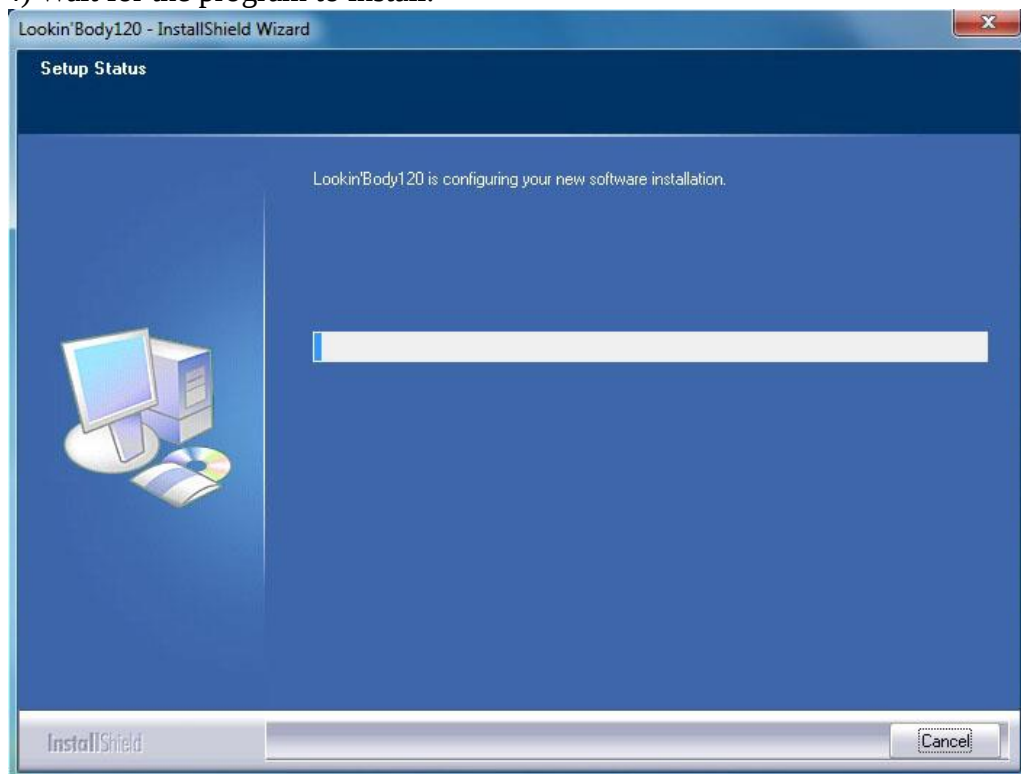
2) Press the [Next] button when prompted. Installation of Lookin'Body120 will begin.



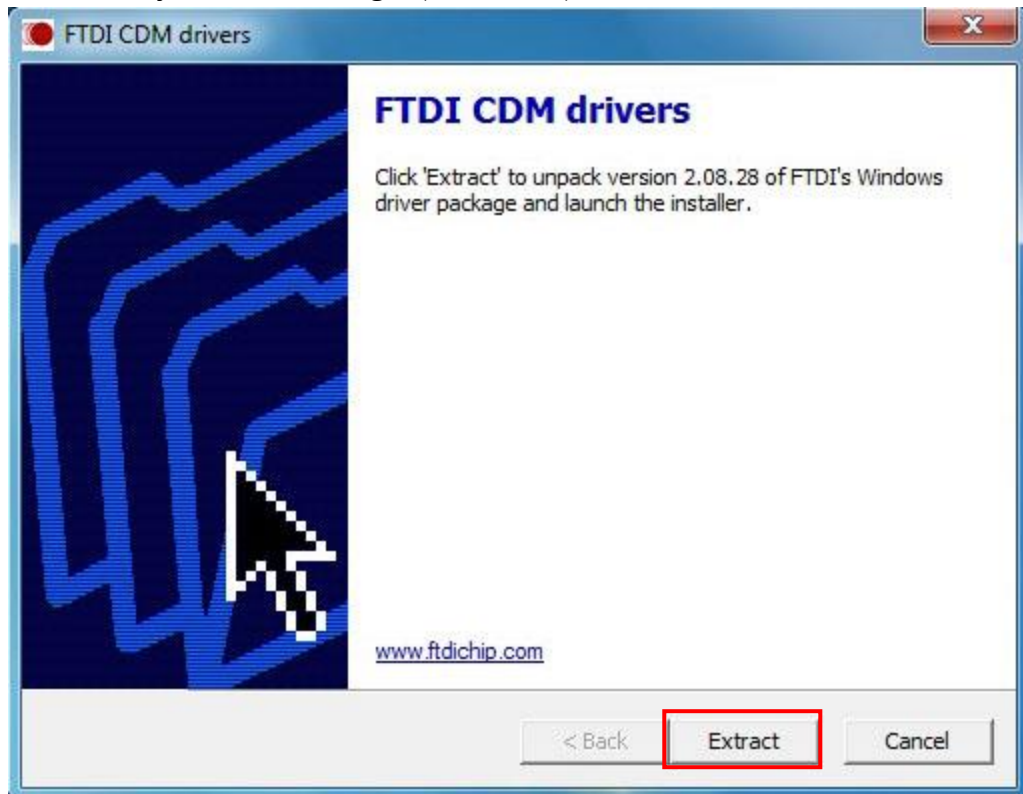
- 3) After reading and reviewing the license agreement, select 'I accept the terms of the license agreement', then press the [Next] button.



- 4) Wait for the program to install.



5) When the screen below appears, press the [Extract] button to extract the Lookin'Body Bluetooth Dongle (InBT-USB) installation files.



6) After the installation files are extracted, press the [Next] button to continue with installation.

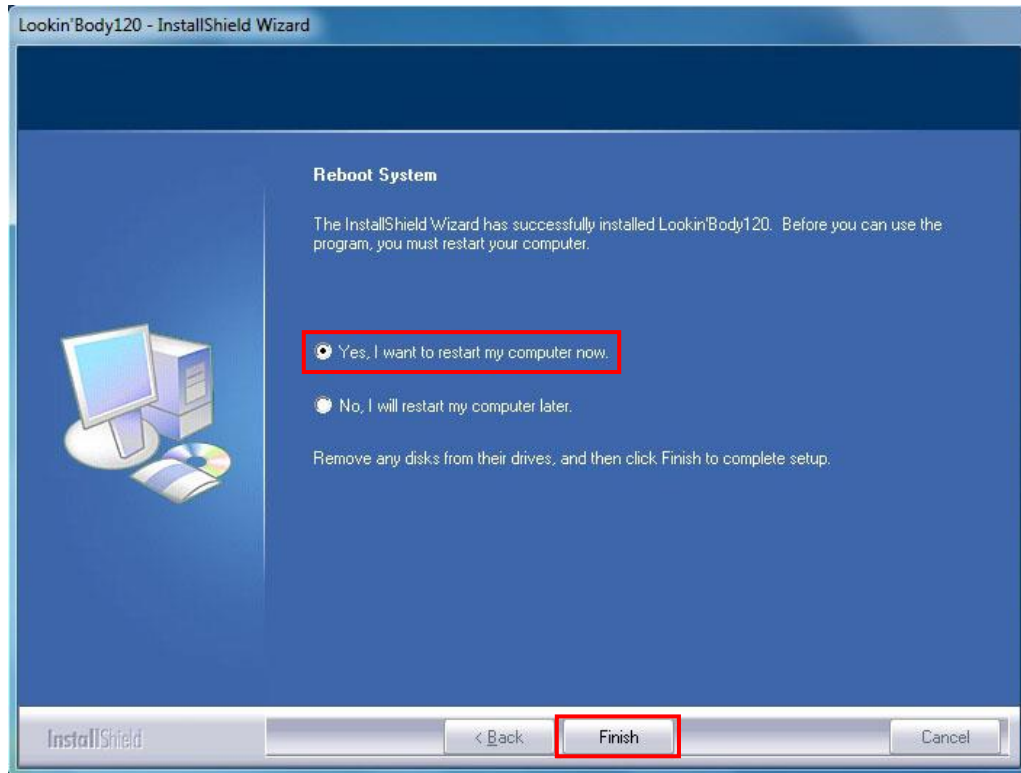


7) Press the [Finish] button to continue.



8) After you install Lookin'Body you will be prompted to restart your computer. Restart your computer to run Lookin'Body properly. Press [Finish] to exit the InstallShield Wizard.

*If you select 'No, I will restart my computer later.', Lookin'Body120 may not run properly.

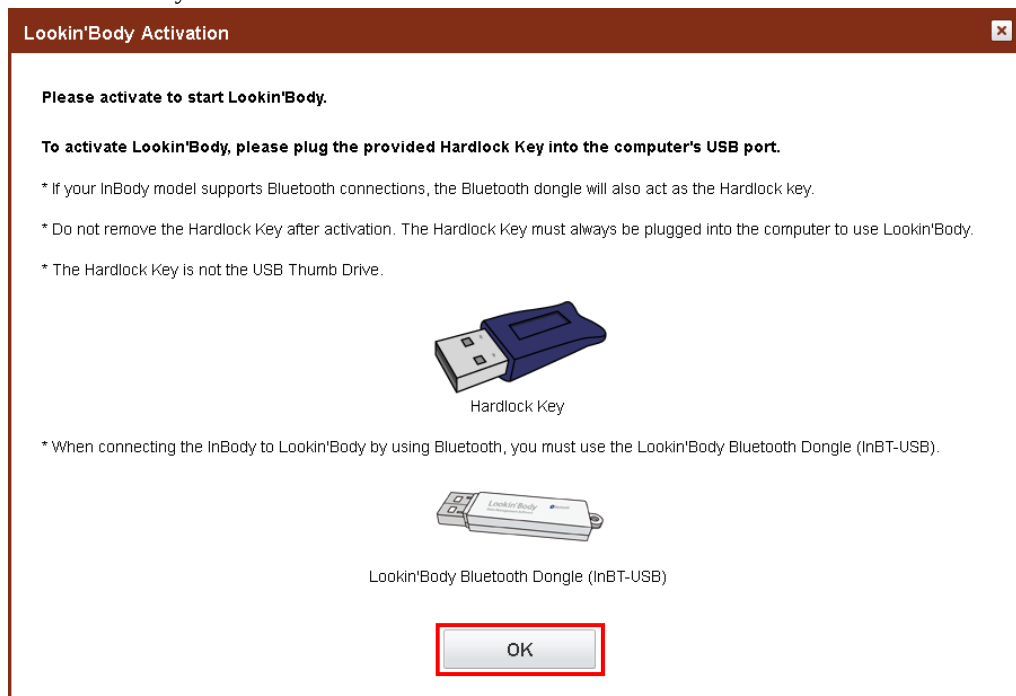


9) After restarting your computer, double click the Lookin'Body120 icon on your Desktop to start Lookin'Body120.

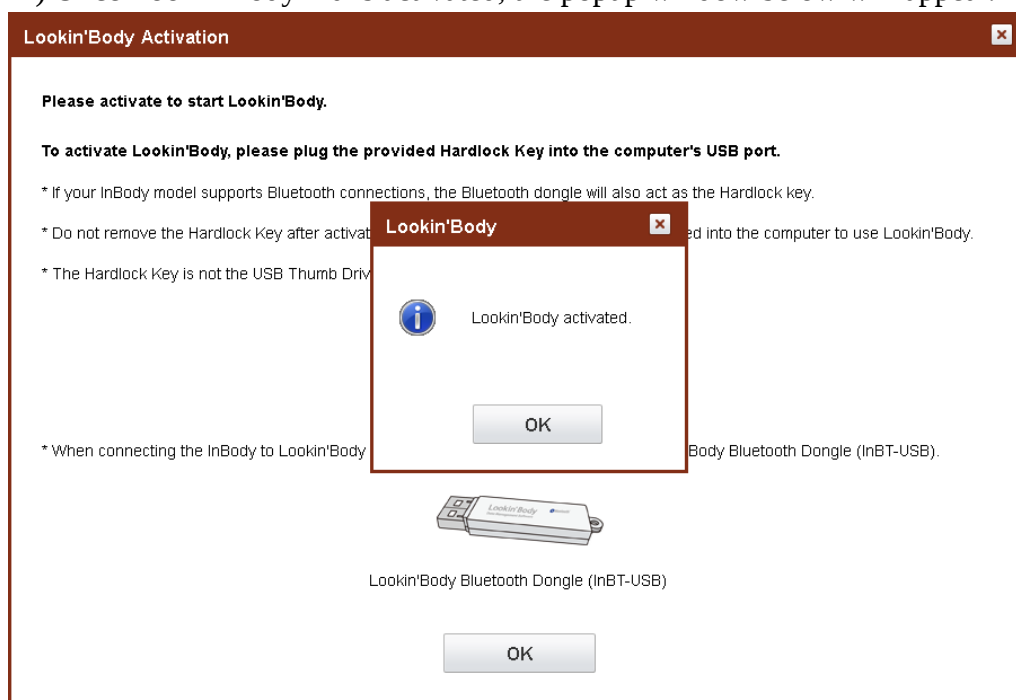


10) When prompted, plug the Hardlock Key(③) from the Lookin'Body120 Box into a USB port on your computer. Then press the [OK] button.

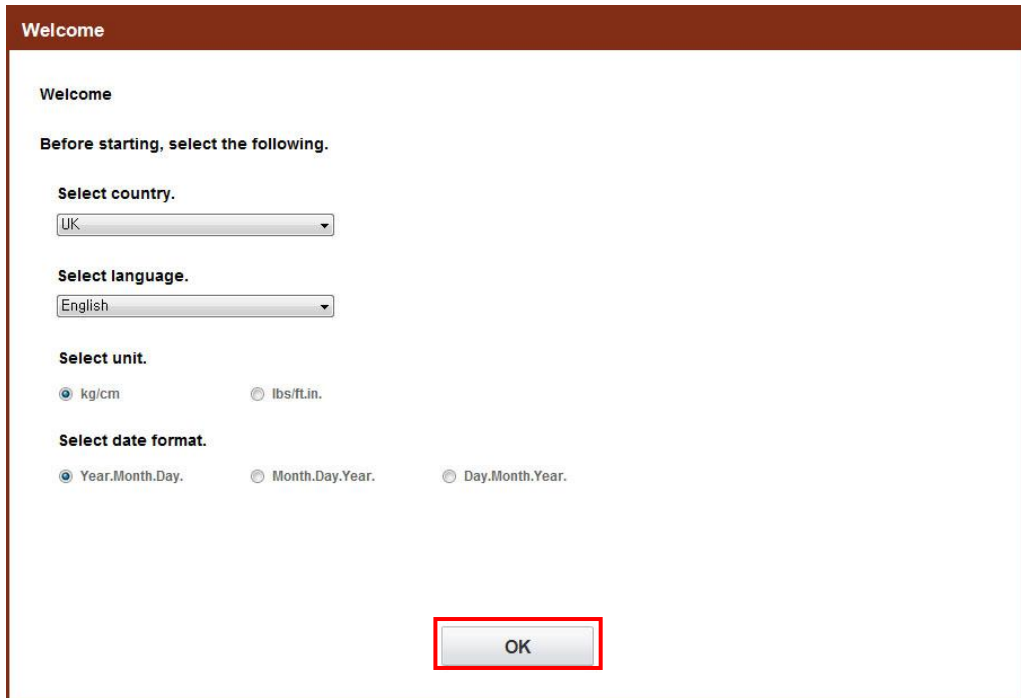
*If your InBody model supports Bluetooth connections, the supplied Bluetooth dongle will also act as the Hardlock key.



11) Once Lookin'Body120 is activated, the popup window below will appear.

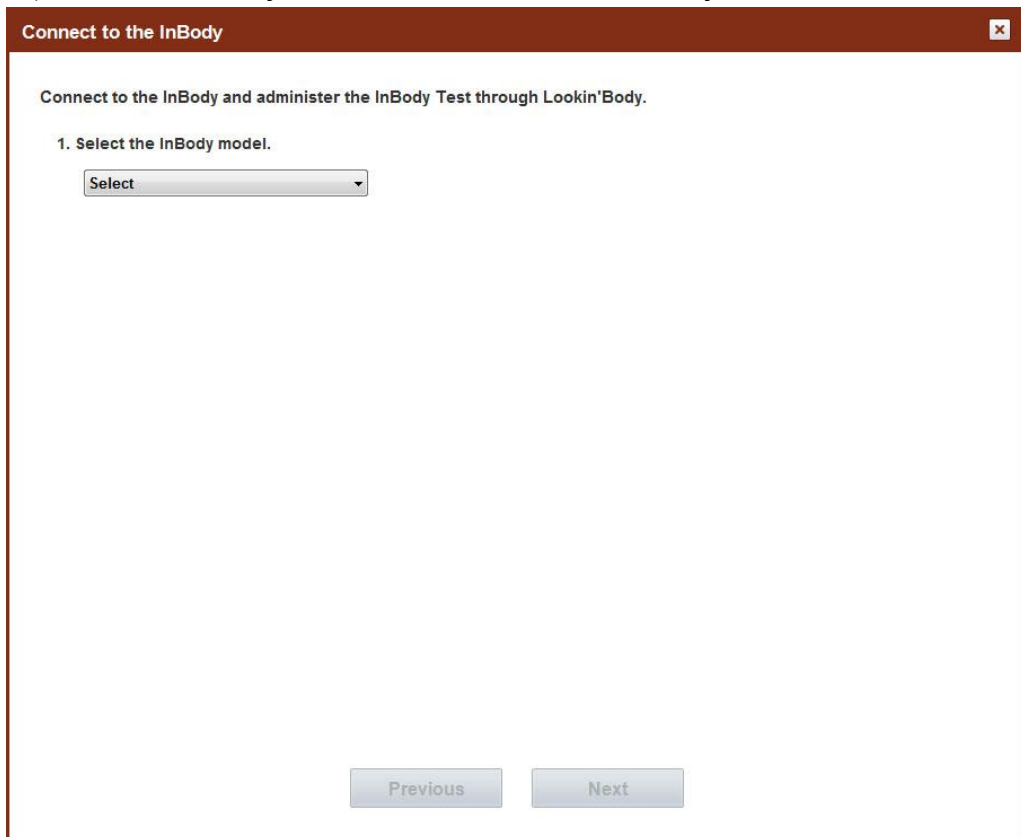


12) After activating Lookin'Body120, select country, language, unit, and date format, then press the [OK] button.



The image shows a 'Welcome' dialog box with a dark red header. The main area is white and contains the following elements: a 'Welcome' title, a prompt 'Before starting, select the following.', and four configuration sections. 'Select country.' has a dropdown menu showing 'UK'. 'Select language.' has a dropdown menu showing 'English'. 'Select unit.' has two radio buttons: 'kg/cm' (selected) and 'lbs/ft.in.'. 'Select date format.' has three radio buttons: 'Year.Month.Day.' (selected), 'Month.Day.Year.', and 'Day.Month.Year.'. At the bottom center, there is an 'OK' button highlighted with a red rectangular border.

13) Select the InBody model to connect to Lookin'Body120.



The image shows a 'Connect to the InBody' dialog box with a dark red header and a close button (X) in the top right corner. The main area is white and contains the following elements: a title 'Connect to the InBody', a subtitle 'Connect to the InBody and administer the InBody Test through Lookin'Body.', and a numbered instruction '1. Select the InBody model.'. Below the instruction is a dropdown menu with the text 'Select'. At the bottom of the dialog, there are two buttons: 'Previous' and 'Next'.

2. Connecting to an InBody

* The following instructions are based on the USB cable connection method. Your screen may look different, depending on which connection method you're using.

1) Connection methods vary according to the selected InBody model. Select a connection method to continue.

*To use Lookin'Body120 without connecting it to the InBody, press the [X] button on the top right corner.

* For more detailed information about connecting the InBody, check the 'V. Appendix' of this manual.

Connect to the InBody

Connect to the InBody and administer the InBody Test through Lookin'Body.

1. Select the InBody model.

InBody570

2. Select the connection method.

☐ Serial ☐ LAN ☐ USB ☐ Bluetooth ☐ Wi-Fi

Previous Next

2) Check the list under the instruction #3, then press the [Next] button.

Connect to the InBody

Connect to the InBody and administer the InBody Test through Lookin'Body.

1. Select the InBody model.

InBody570

2. Select the connection method.

☐ Serial

☐ LAN

☒ USB

☐ Bluetooth

☐ Wi-Fi











3. Check the following to connect to the InBody using an USB.

- Turn on the InBody.

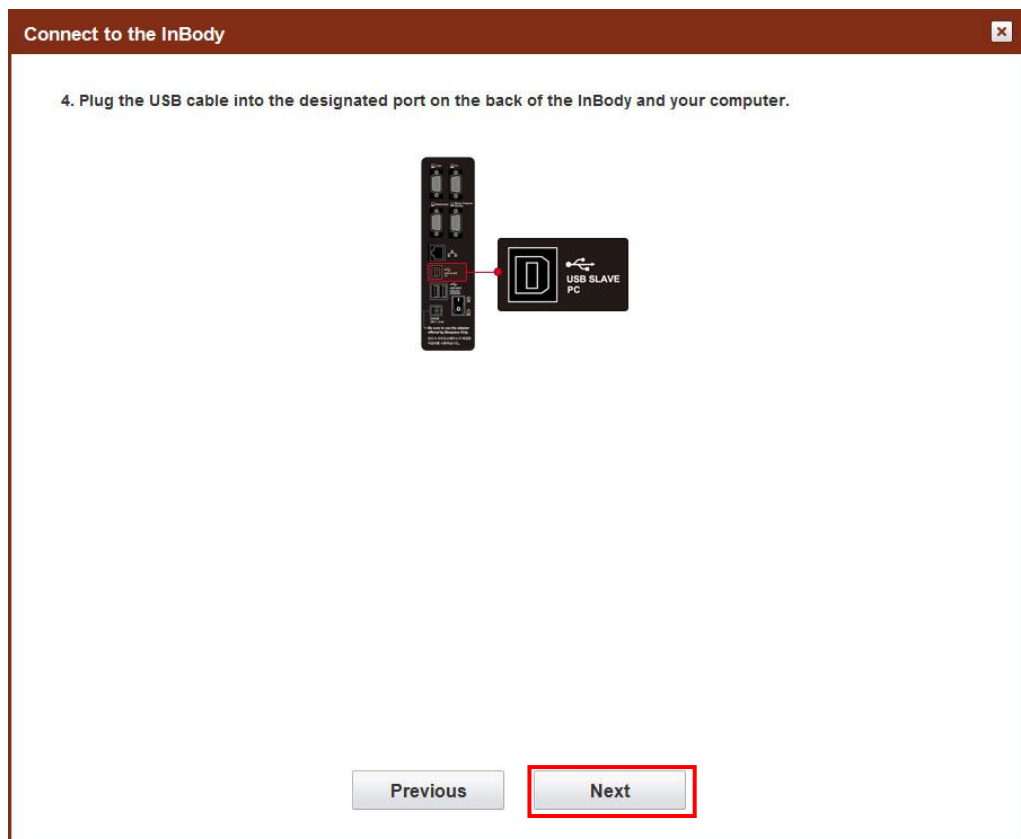


USB Cable

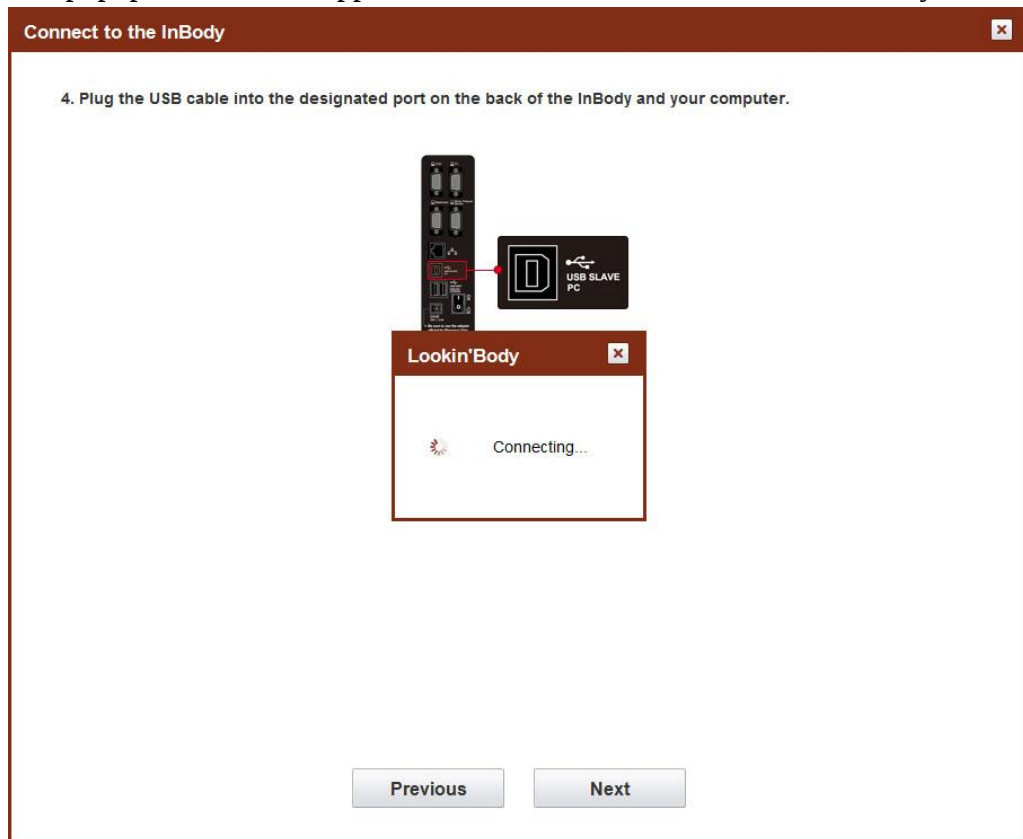
Previous

Next

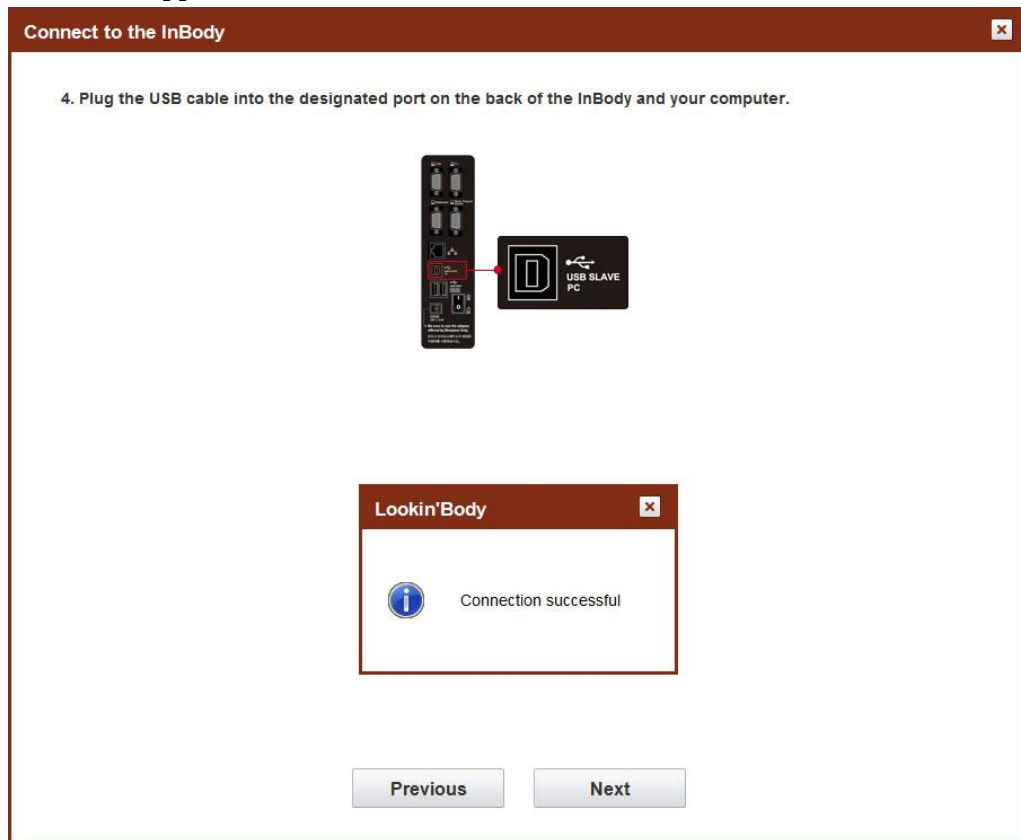
3) Follow the instructions to connect Lookin'Body to an InBody, then press the [Next] button.



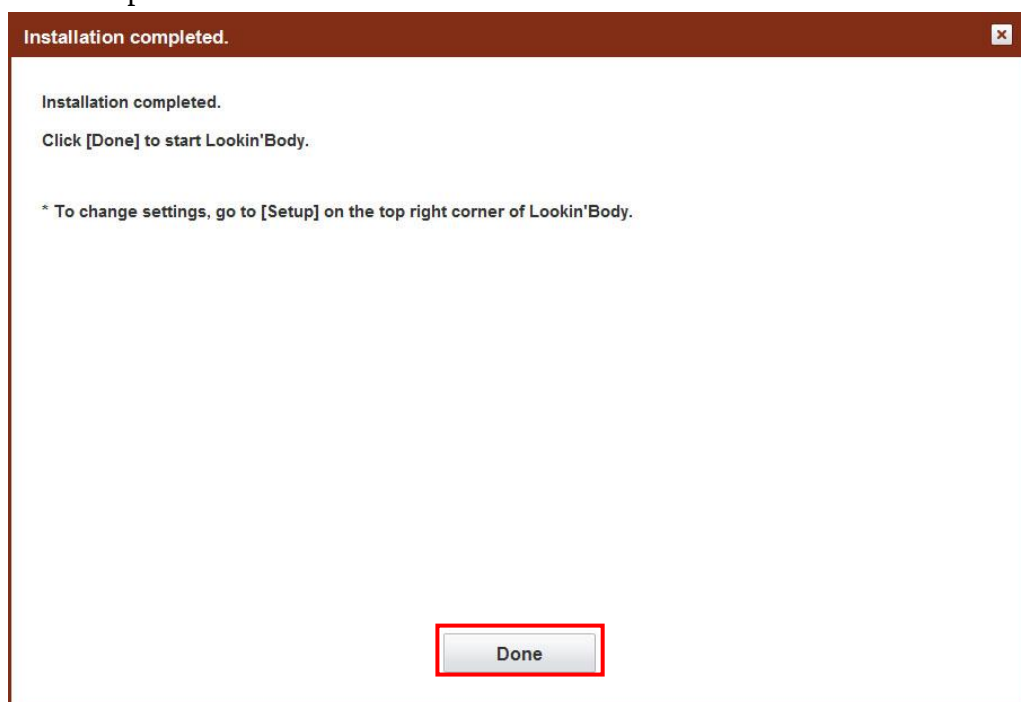
4) A popup window will appear to check the connection with the InBody.



5) When an InBody is connected successfully to Lookin'Body, the popup window below will appear.



6) You have successfully connected an InBody to Lookin'Body. Press the [Done] button to proceed.

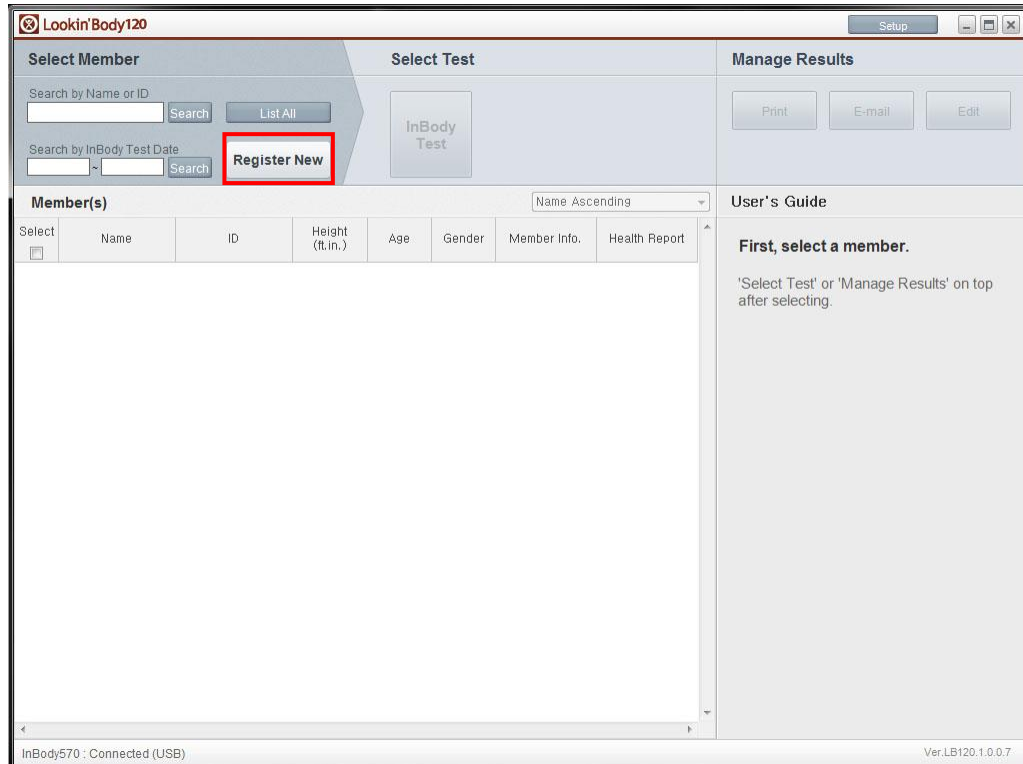


II. Functions

A. Register a New Member

1. Registering a New Member

1) Press the [Register New] button on the top menu.



2) Input all the required information to register a new member.

*ID will be automatically assigned if 'Yes' is selected for 'Auto-assign ID'.

*Optional information is not required to register a new member. To input optional information, press the [Show] button.

The screenshot shows a software window titled "Register New" with a close button (X) in the top right corner. The window contains two main sections: "Required" and "Optional".

Required Section:

- Name:** A text input field.
- ID:** A text input field containing "130926-1". To its right is a checkmark icon and the text "* Auto-assign ID?". Below this is a radio button labeled "Yes" (which is selected) and another radio button labeled "No". A small note below the ID field reads: "* Lowercase alphabets and numbers only (1-14 characters)".
- Height:** Two input fields labeled "feet" and "inch".
- Gender:** Two radio buttons labeled "Male" and "Female".
- Date of Birth:** Three input fields labeled "Mo.", "Day", and "Yr.". A note to the right says: "* For children under 18, input date of birth to determine the exact age..".
- Age:** A single input field.

Optional Section:

Below the "Required" section is the "Optional" section, which is currently empty. A "Show" button is located to the right of the "Optional" header.

Footer:

At the bottom of the window, there is a checkbox labeled "Start the InBody Test immediately after registration." which is checked. To its right is a "Register" button. At the very bottom, there is a status bar with the text "InBody 770 - Connected (USB, Blood Pressure Monitor)" on the left and "WinConnect 1.00.00" on the right.

3) Press the [Register] button. The member will be registered.

*If 'Start the InBody Test immediately after registration.' on the bottom left is selected, it will directly move to the InBody Test menu after registering a member.

*Press the [Print Form] button to print a registration form that allows members to write down their information.

Register New

Required

Name: David K. Lee

ID: 130805-1 ✓ * Auto-assign ID? ☒ Yes ☐ No
* Lowercase alphabets and numbers only (4-14 characters)

Height: 180 cm

Gender: ☒ Male ☐ Female

Date of Birth: 3 Mo. 10 Day 1987 Yr. * For children under 18, input date of birth to calculate the exact age.

Age: 26

Optional

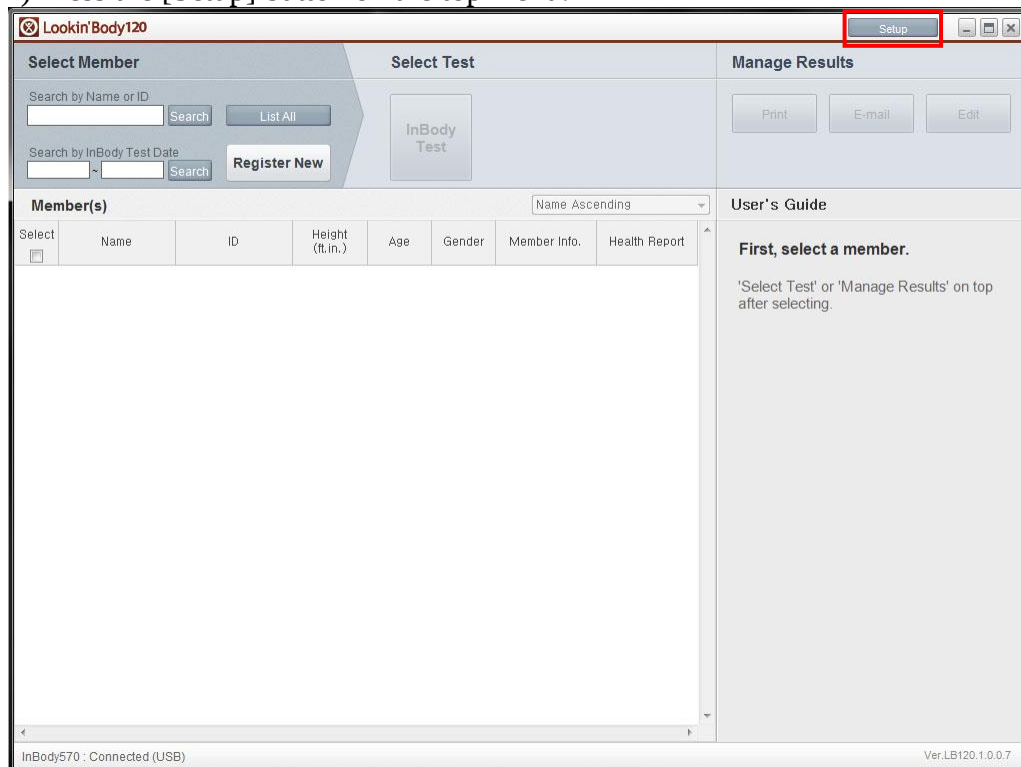
Show

☒ Start the InBody Test immediately after registration.

Register

2. Register Multiple Members at Once

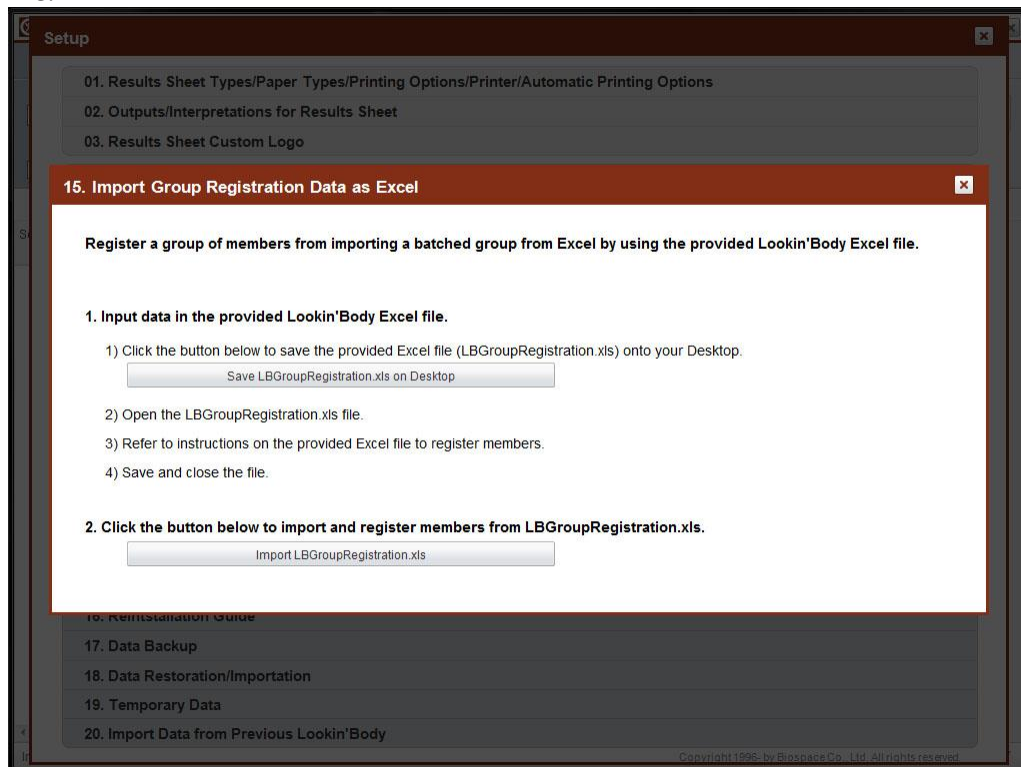
1) Press the [Setup] button on the top menu.



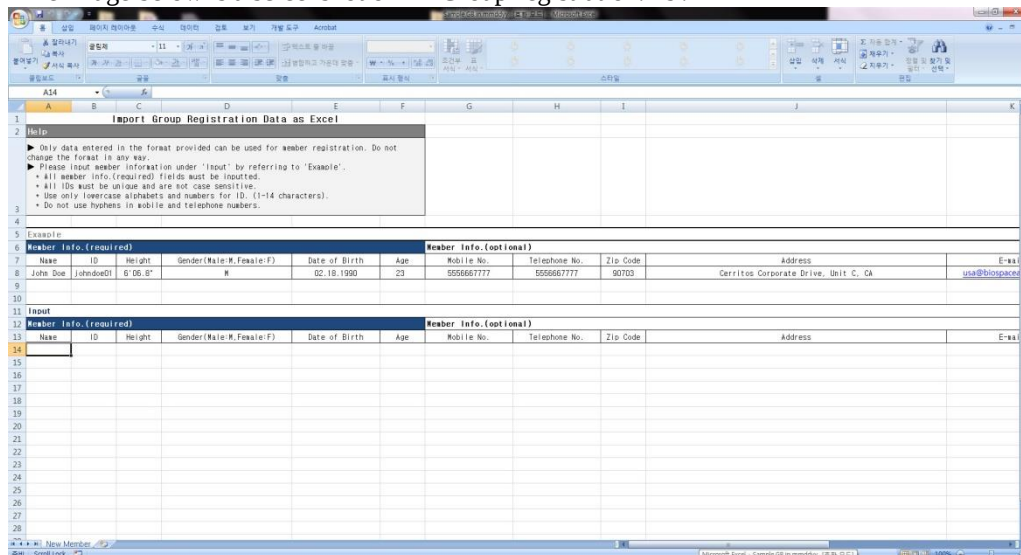
2) Press the [15. Import Group Registration Data as Excel] button.



3) Follow the instructions and enter data into the 'LBGroupRegistration.xls' Excel file.

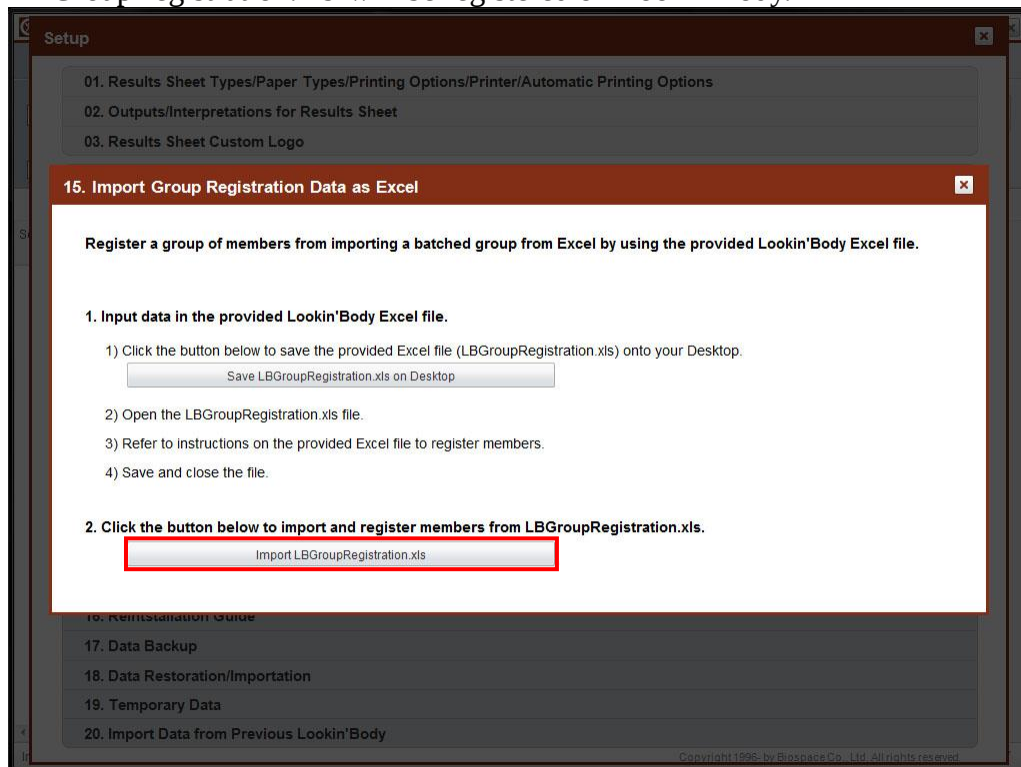


*The image below is a screenshot of 'LBGroupRegistration.xls'.

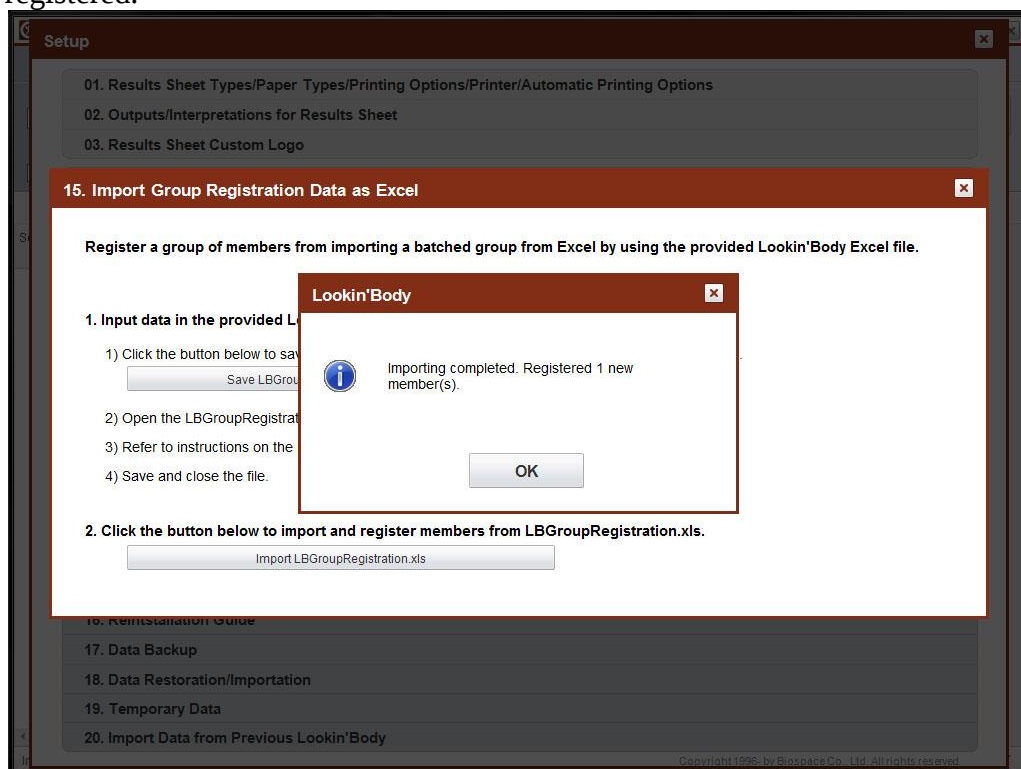


*Lookin'Body120 supports Microsoft Excel 2003 to 2013. 'LBGroupRegistration.xls' may not be compatible with other versions of Excel.

4) Press the [Import LBGGroupRegistration.xls] button. Members on 'LBGroupRegistration.xls' will be registered on Lookin'Body.



5) The popup window below will appear when all the members are successfully registered.



B. Select Member

1. Search by Name or ID

1) Input the name or ID of the member you wish to find. Then press the [Search] button.

The screenshot shows the 'Lookin'Body120' software window. The 'Select Member' tab is active. It features a search interface with two input fields: 'Search by Name or ID' and 'Search by InBody Test Date'. The 'Search' button under the first field is highlighted with a red box. Below the search fields is a 'Register New' button. To the right, the 'Select Test' tab shows an 'InBody Test' button. Further right, the 'Manage Results' tab has 'Print', 'E-mail', and 'Edit' buttons. The 'Member(s)' table is currently empty. The table has columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report. A status bar at the bottom indicates 'InBody570 : Connected (USB)' and 'Ver.LB120.1.0.0.7'.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
--------	------	----	-----------------	-----	--------	--------------	---------------

2) Searched members will appear below. Press the checkbox on the left to select specific members. Selected members will be highlighted.

The screenshot shows the same 'Lookin'Body120' software window. The 'Search by Name or ID' field now contains the text 'John'. The 'Search' button has been pressed, and the 'Member(s)' table now displays one member, John Doe, who is highlighted. The table has columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report. The status bar at the bottom indicates 'InBody570 : Connected (USB)' and 'Ver.LB120.1.0.0.7'.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody

2. Search by InBody Test Date

1) Click the search box. Today's date will appear. Click the date to modify as needed then press the [Search] button.

The screenshot shows the Lookin'Body120 software interface. The window title is "Lookin'Body120". The interface is divided into three main sections: "Select Member", "Select Test", and "Manage Results".

Select Member Section:

- Search by Name or ID: A text input field with a "Search" button and a "List All" button.
- Search by InBody Test Date: A date range selector showing "09.27.2013." to "09.27.2013." with a "Search" button (highlighted with a red box) and a "Register New" button.
- Member(s) Table: A table with columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report. The table is currently empty.

Select Test Section:

- InBody Test: A button.

Manage Results Section:

- Buttons: Print, E-mail, Edit.

User's Guide Section:

- Text: "First, select a member." and "'Select Test' or 'Manage Results' on top after selecting."

Footer:

- Left: InBody570 : Connected (USB)
- Right: Ver.LB120.1.0.0.7

2) Members who took the InBody Test on the specified date or during the searched period of time will appear below. Press the checkbox on the left to select specific members. Selected members will be highlighted.

The screenshot displays the Lookin'Body120 software interface. The window title is "Lookin'Body120" with a "Setup" button in the top right corner. The interface is divided into three main sections: "Select Member", "Select Test", and "Manage Results".

Select Member Section:

- Search by Name or ID: Includes a text input field, a "Search" button, and a "List All" button.
- Search by InBody Test Date: Includes a date range input showing "09.27.2013." to "09.27.2013.", a "Search" button, and a "Register New" button.

Select Test Section:

- Contains a large button labeled "InBody Test".

Manage Results Section:

- Contains buttons for "Print", "E-mail", and "Edit".

Searched Member(s) (2 person(s)) Table:

A dropdown menu above the table is set to "Name Ascending". The table has columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☐	Jane Doe	130327-2	6ft. 06.0in.	26	Female	Member Info.	InBody
☒	John Doe	130327-1	6ft. 06.0in.	26	Male	Member Info.	InBody

User's Guide Section:

First, select a member.
 'Select Test' or 'Manage Results' on top after selecting.

Status Bar:

- Left: InBody570 : Connected (USB)
- Right: Ver.LB120.1.0.0.7

3. Search with [View All] Button

1) Press the [View All] button on the top menu. All registered members on Lookin'Body120 will appear below.

Lookin'Body120 Setup

Select Member

Search by Name or ID Search **List All**

Search by InBody Test Date ~ Search **Register New**

Select Test

InBody Test

Manage Results

Print Email Edit

All Members (4 person(s)) Name Ascending

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☐	Jane Doe	130927-2	6ft. 06.0in.	26	Female	Member Info.	InBody
☐	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody
☐	John Smith	130927-3	6ft. 06.0in.	26	Male	Member Info.	InBody
☐	Mary Major	130927-4	6ft. 06.0in.	26	Female	Member Info.	InBody

User's Guide

First, select a member.

'Select Test' or 'Manage Results' on top after selecting.

InBody570 : Connected (USB) Ver.LB120:1.0.0.7

2) Press the checkbox on the left to select specific members. Selected members will be highlighted.

Lookin'Body120 Setup

Select Member

Search by Name or ID Search **List All**

Search by InBody Test Date ~ Search **Register New**

Select Test

InBody Test

Manage Results

Print E-mail Edit

All Members (4 person(s)) Name Ascending

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☐	Jane Doe	130927-2	6ft. 06.0in.	26	Female	Member Info.	InBody
☒	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody
☐	John Smith	130927-3	6ft. 06.0in.	26	Male	Member Info.	InBody
☐	Mary Major	130927-4	6ft. 06.0in.	26	Female	Member Info.	InBody

User's Guide

First, select a member.

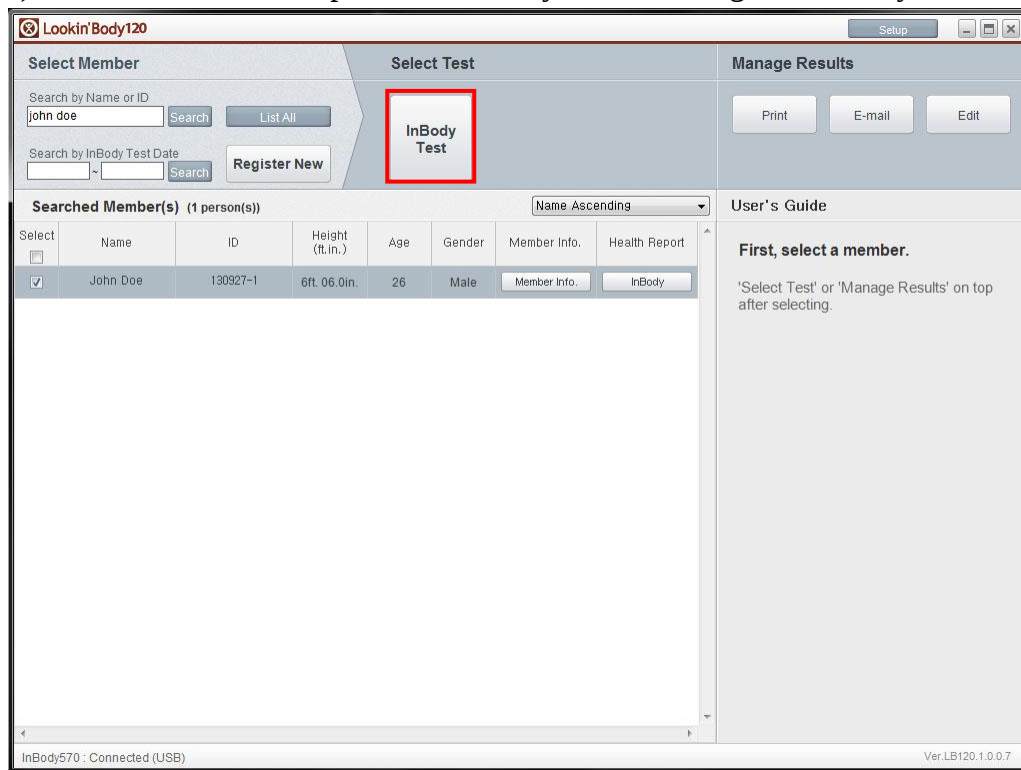
'Select Test' or 'Manage Results' on top after selecting.

InBody570 : Connected (USB) Ver.LB120:1.0.0.7

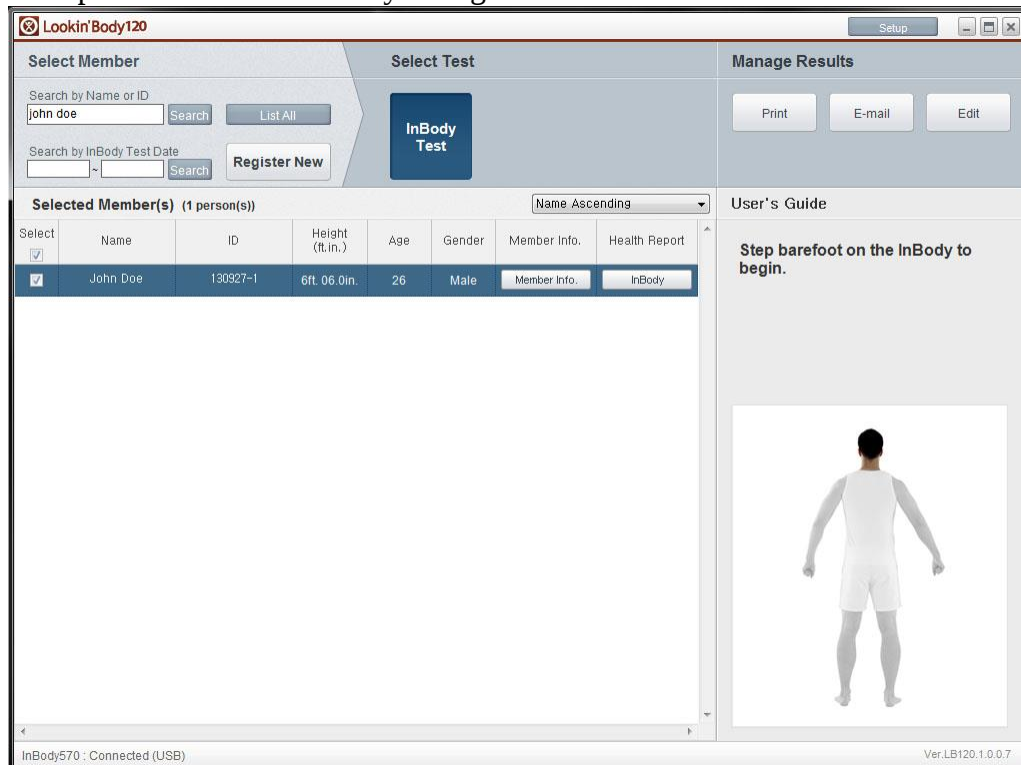
C. InBody Test

1. Test by Selecting a Specific Member

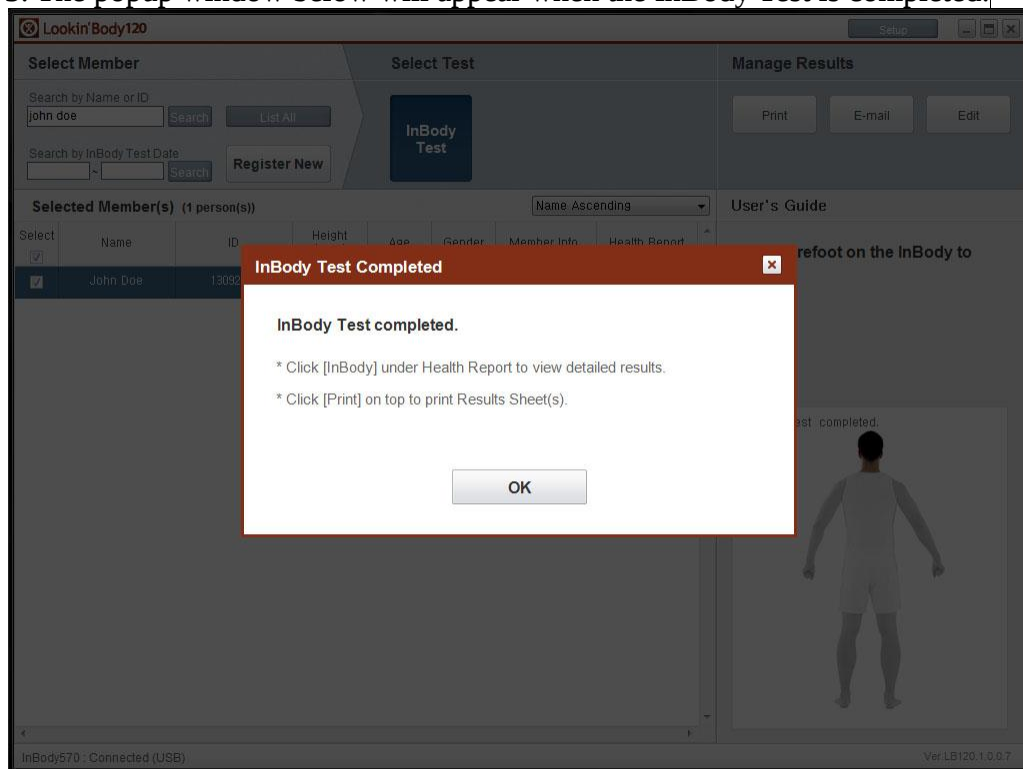
1) Select a member, then press the [InBody] button to begin an InBody test.



2. Step barefoot on the InBody to begin.

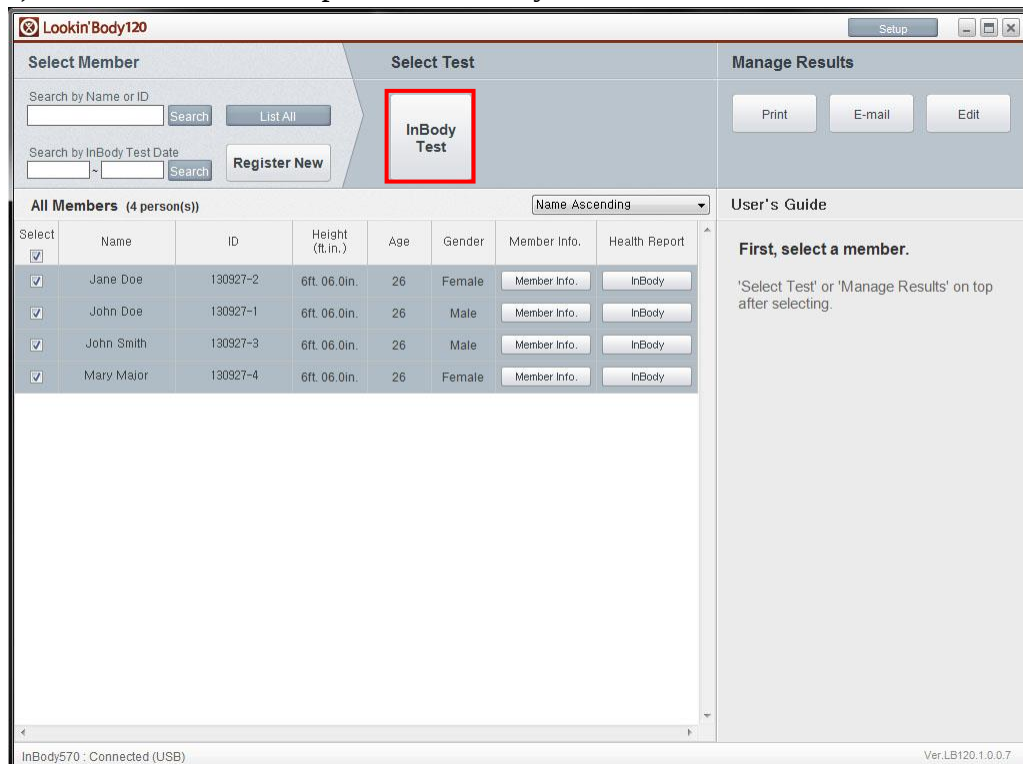


3. The popup window below will appear when the InBody Test is completed.



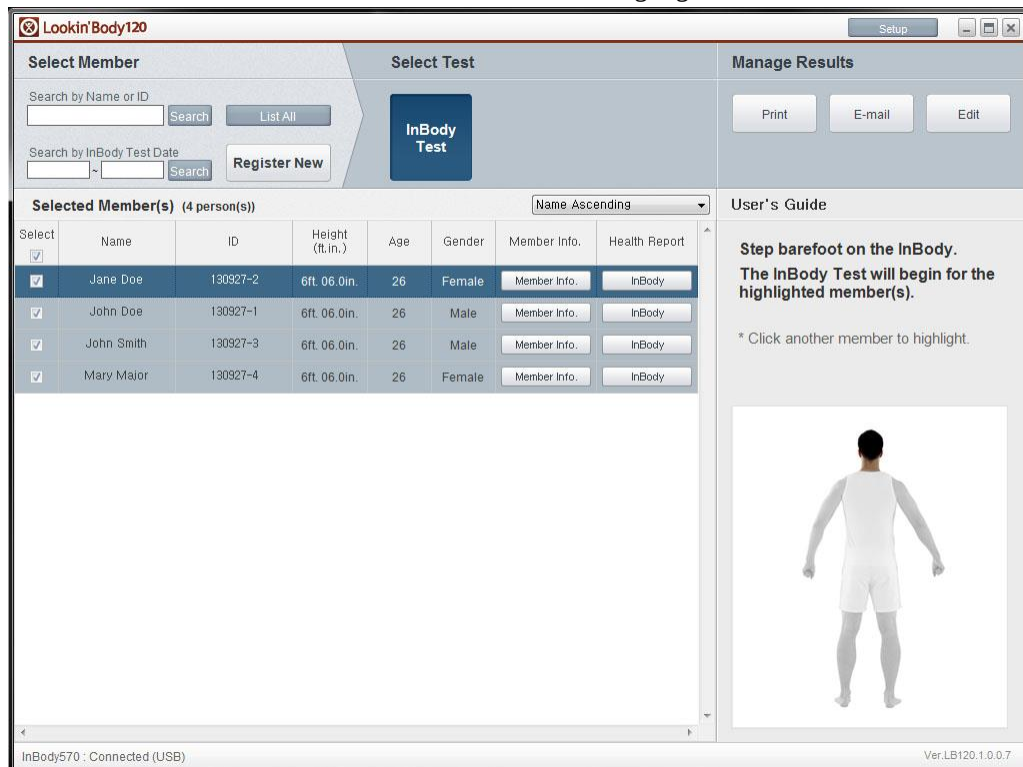
2. Select Multiple Members to Test

1) Select members, then press the [InBody] button.

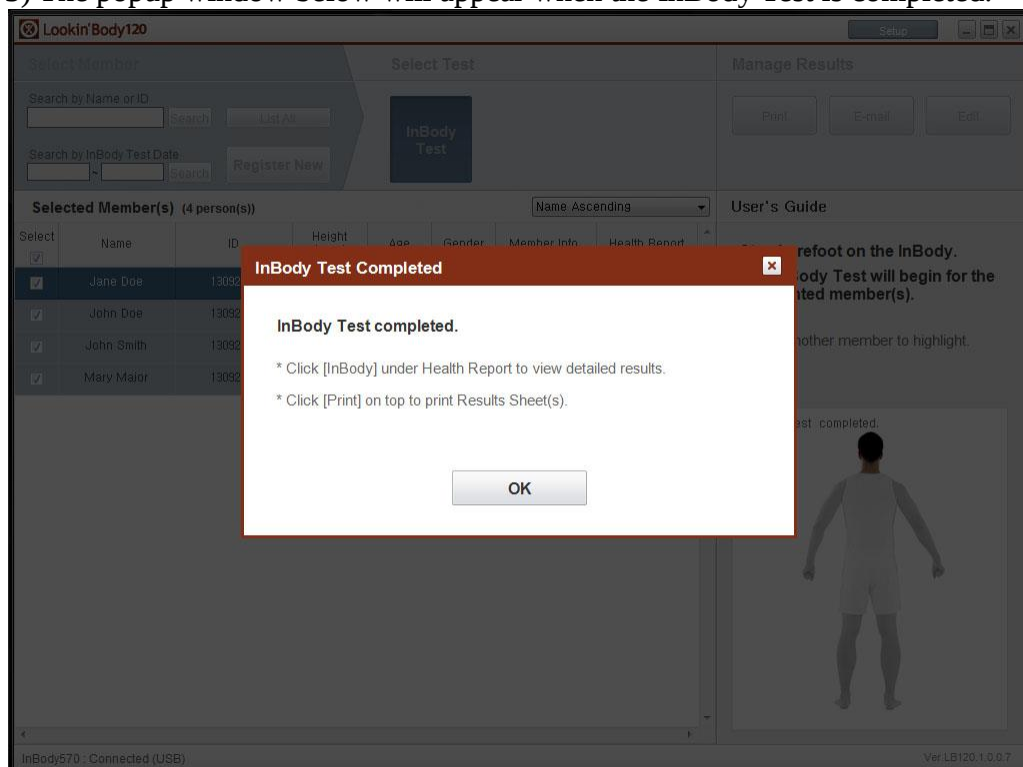


2) Step barefoot on the InBody. The highlighted member's InBody Test will begin.

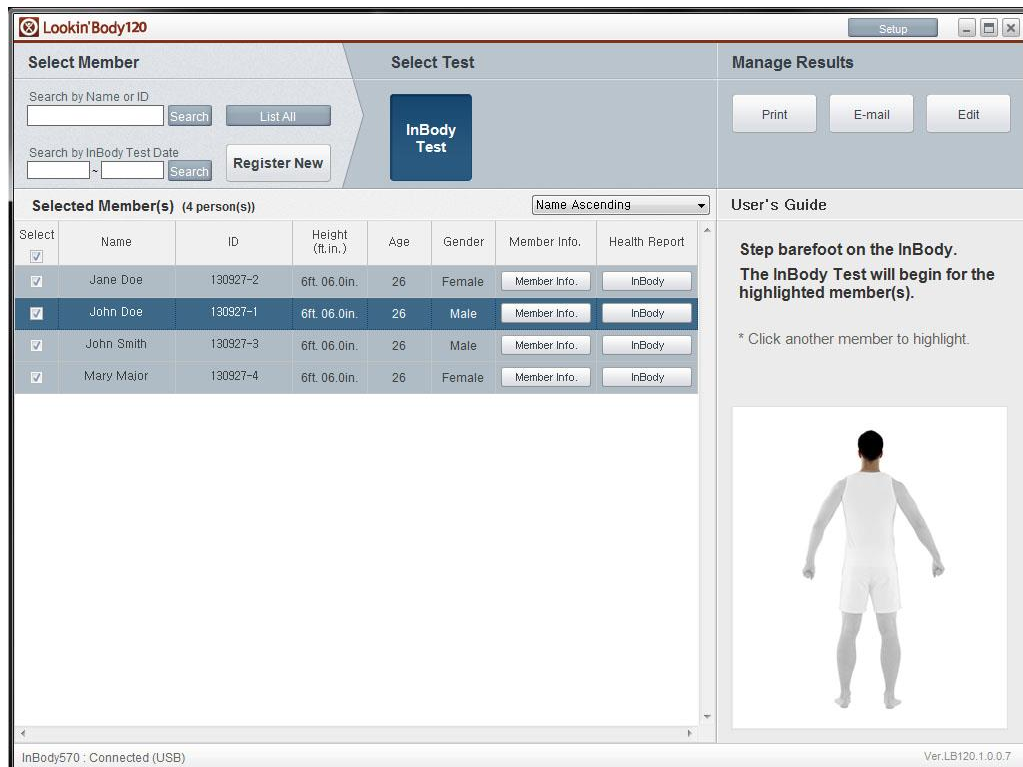
*To test another member, click the member on the list to highlight.



3) The popup window below will appear when the InBody Test is completed.

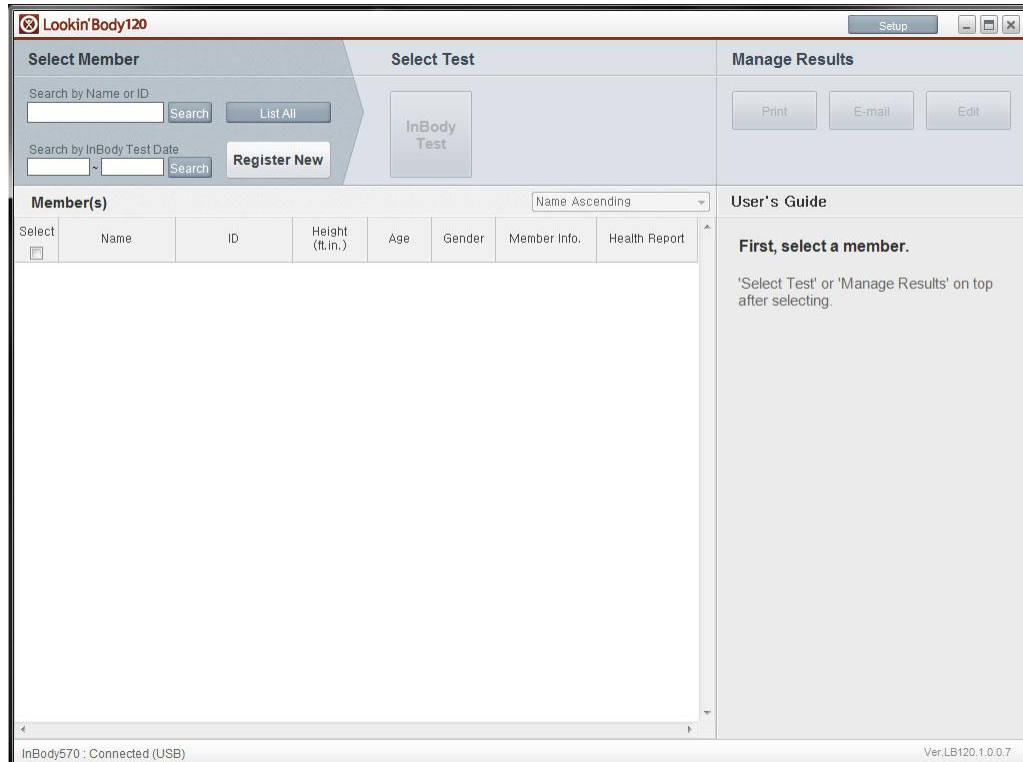


4) Click another member to test. Continue steps 2-3 to test remaining members.

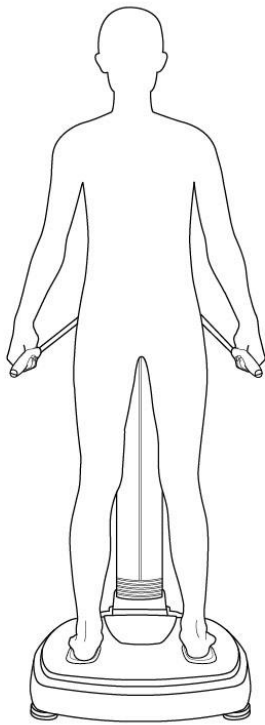


3. Test without Selecting a Member

1) Run Lookin'Body120.



2) Test on the InBody.



3) When the InBody Test is completed, the popup window will appear on Lookin'Body. Enter all required information, then press the [Save] button. The InBody Test results will be saved.

*Tests in Self Mode without age or gender cannot be saved in Lookin'Body.

Lookin'Body120

Settings

Save Test Results

Test results sent from the InBody are listed below.
Select test results to save in Lookin'Body. Unselected test results will not be saved.

Test results without ID, height, date of birth (or age), and gender will be saved in [Settings]→[19. Temporary Data].

* If the InBody Test were taken without inputting age and gender, the test results cannot be saved in Lookin'Body even if you input age and gender below. Only member information will be saved.

Select	Name	ID	Height (cm)	Date of Birth or Age			Age	Gender	Test Date / Time
				Date of Birth					
				Month	Day	Year			
☒		123456789	168.00				26.0	Female	08.05.2013. 11:46

Cancel Save

InBody570 - Connected (USB) Ver LB120.1.0.0.5

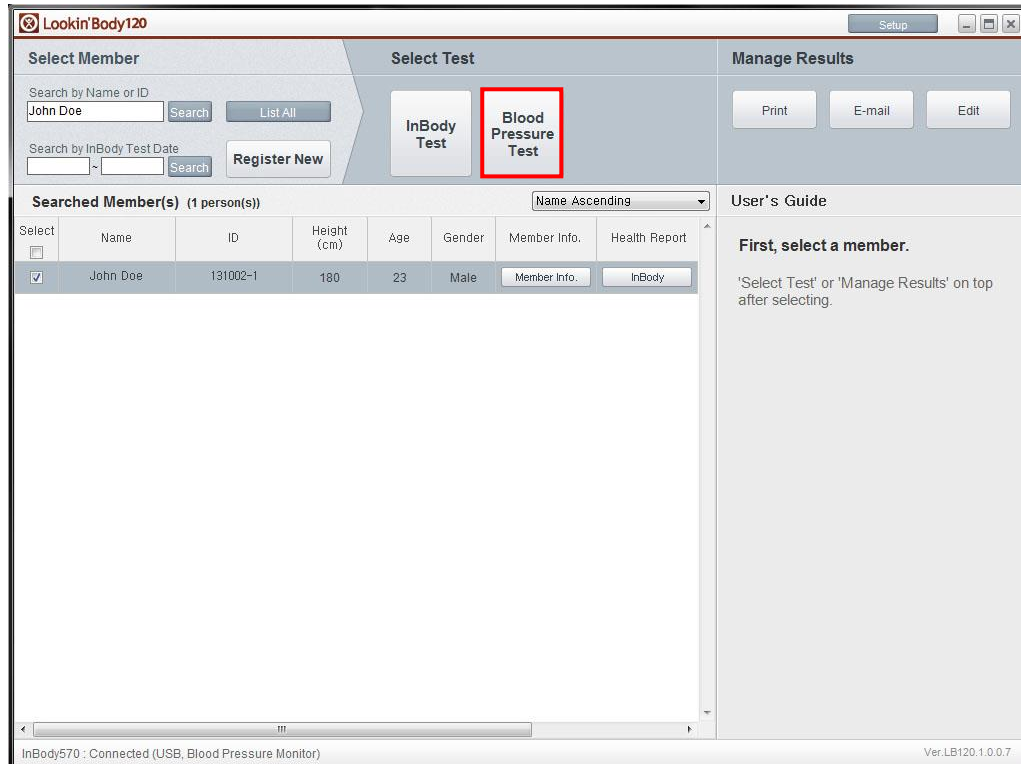
D. Blood Pressure Test

*The [Blood Pressure Test] button only appears when the Blood Pressure Monitor is connected to the InBody and the InBody is connected to Lookin'Body.

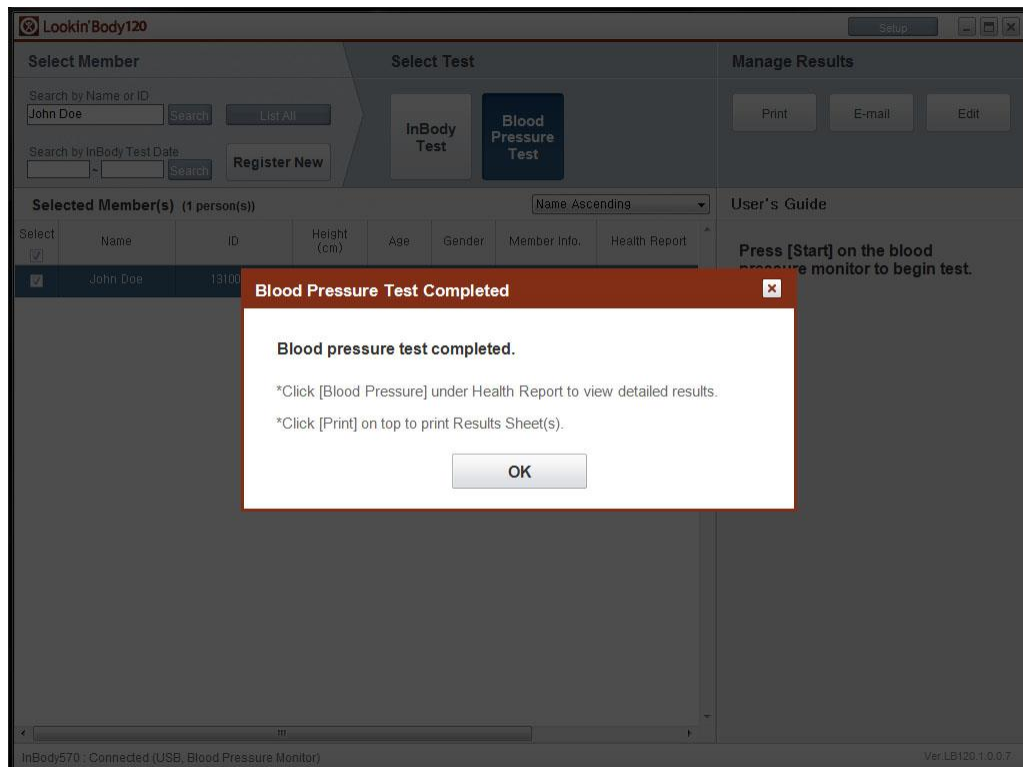
*Always connect a Blood Pressure Monitor from BIOSPACE.

1. Test by Selecting a Specific Member

1) Select a member, then press [Blood Pressure Test] button.

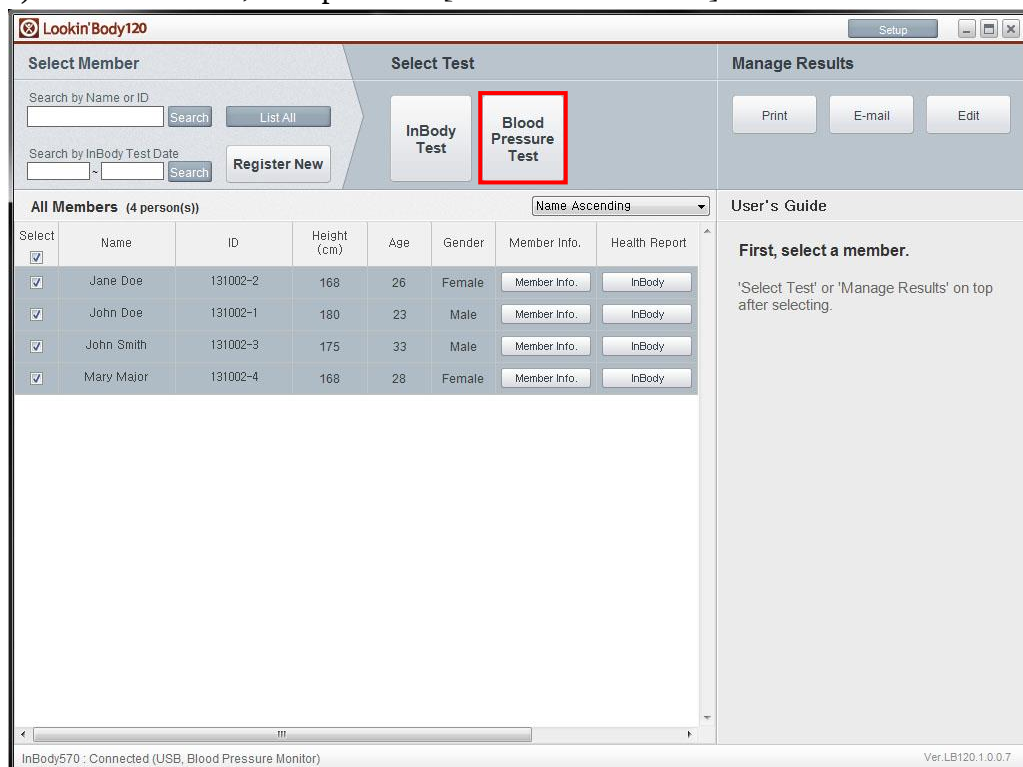


2) Press the [Start] button on the Blood Pressure Monitor to begin a test.



2. Select Multiple Members to Test

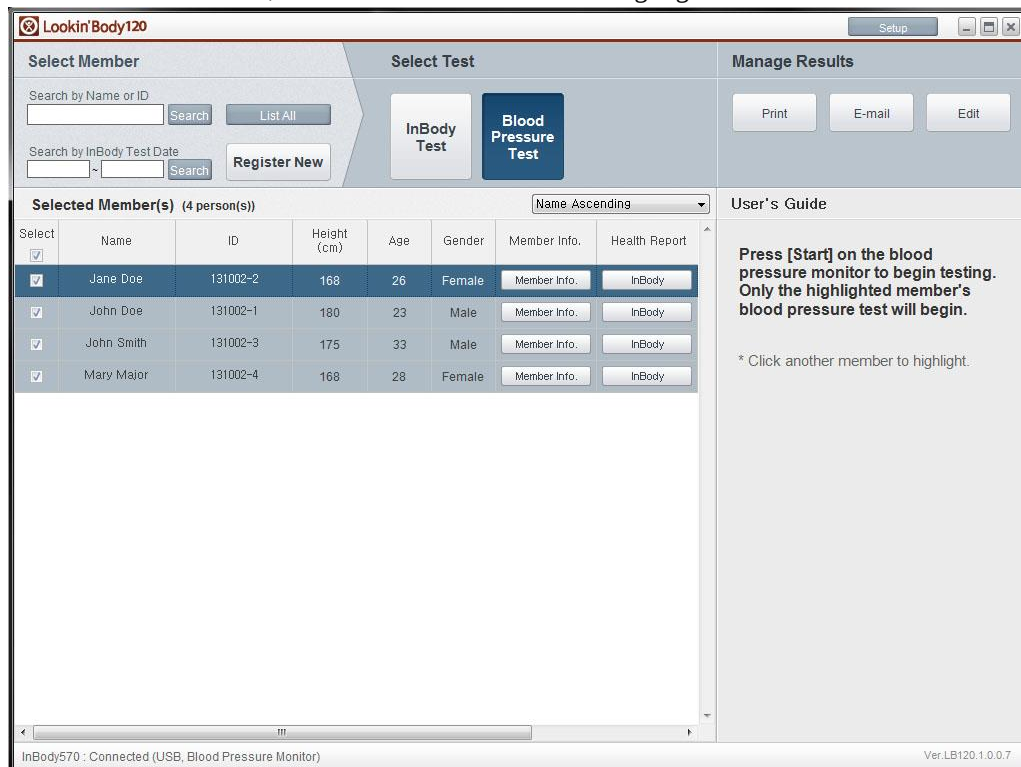
1) Select members, then press the [Blood Pressure Test] button.



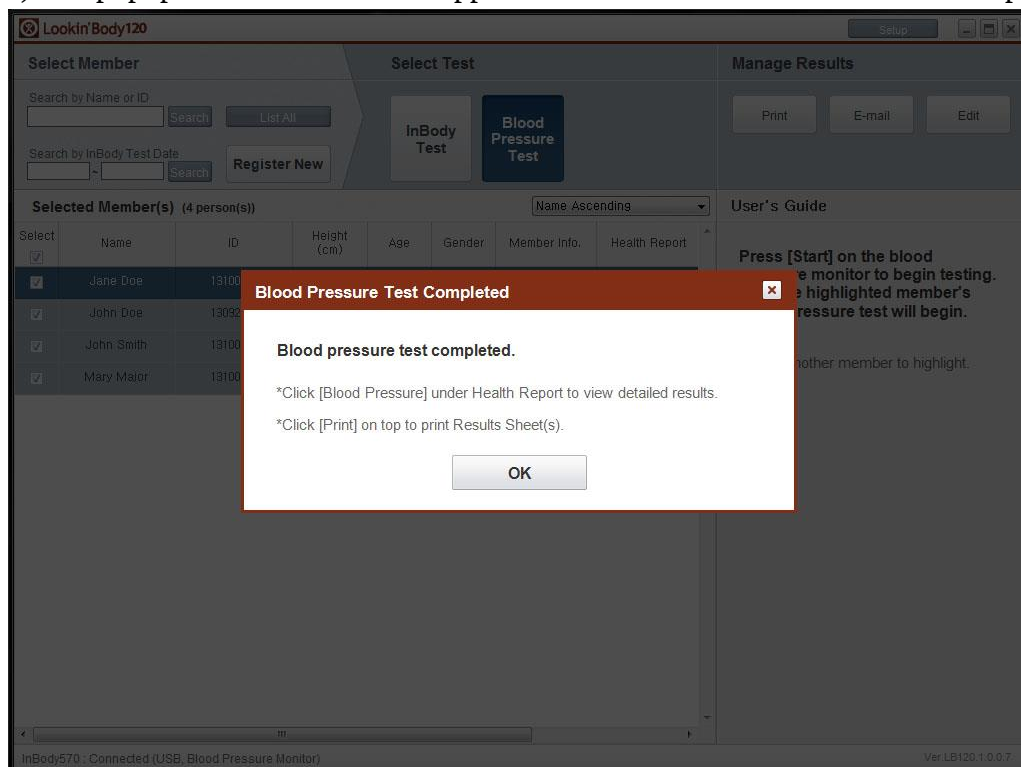
2) Press the [Start] button on the Blood Pressure Monitor. The highlighted member's

Blood Pressure Test will begin.

*To test another member, click the member on the list to highlight.



3) The popup window below will appear when the Blood Pressure Test is completed.



4) Click another member to test. Continue steps 2-3 to test remaining members.

Lookin'Body120 Setup

Select Member

Search by Name or ID: Search

Search by InBody Test Date: ~ Search

Select Test

Manage Results

Selected Member(s) (4 person(s)) Name Ascending

Select	Name	ID	Height (cm)	Age	Gender	Member Info.	Health Report
☒	Jane Doe	131002-2	168	26	Female	Member Info.	InBody
☒	John Doe	131002-1	180	23	Male	Member Info.	InBody
☒	John Smith	131002-3	175	33	Male	Member Info.	InBody
☒	Mary Major	131002-4	168	28	Female	Member Info.	InBody

User's Guide

Press [Start] on the blood pressure monitor to begin testing. Only the highlighted member's blood pressure test will begin.

* Click another member to highlight.

InBody570 : Connected (USB, Blood Pressure Monitor) Ver.LB120.1.0.0.7

E. Health Report

1. InBody Health Report

1) Press the [InBody] button next to a member to view his/her Health Report.

Lookin'Body120 Setup

Select Member

Search by Name or ID: Search

Search by InBody Test Date: ~ Search

Select Test

Manage Results

Searched Member(s) (1 person(s)) Name Ascending

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☐	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody

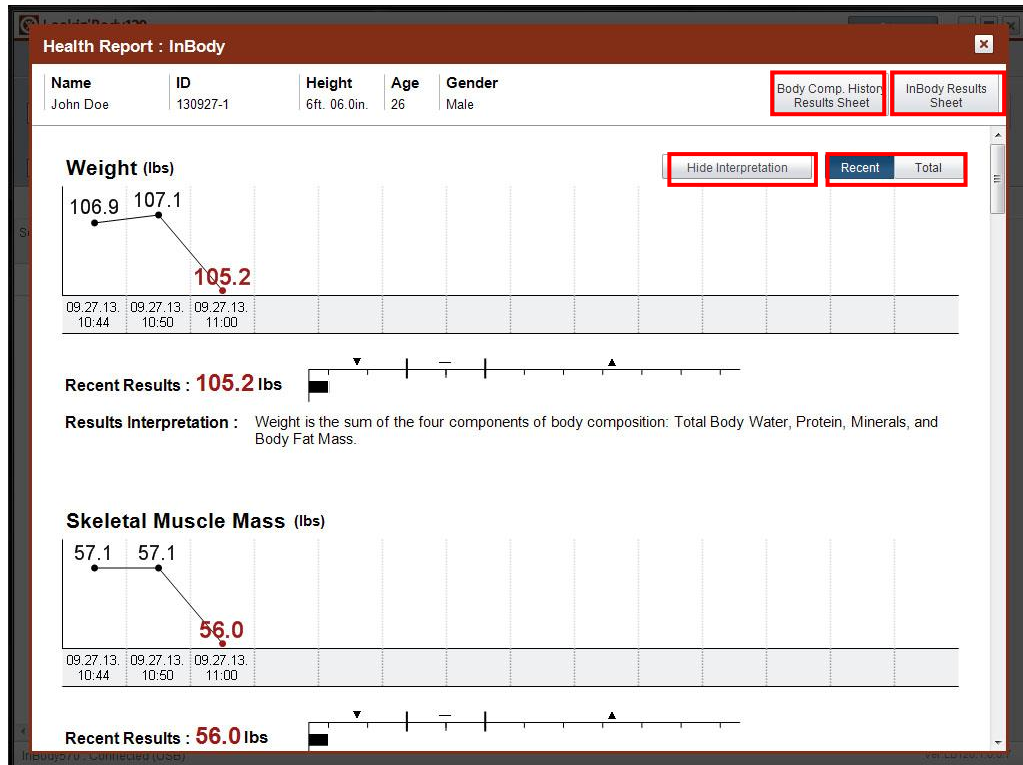
User's Guide

First, select a member.

'Select Test' or 'Manage Results' on top after selecting.

InBody570 : Connected (USB) Ver.LB120.1.0.0.7

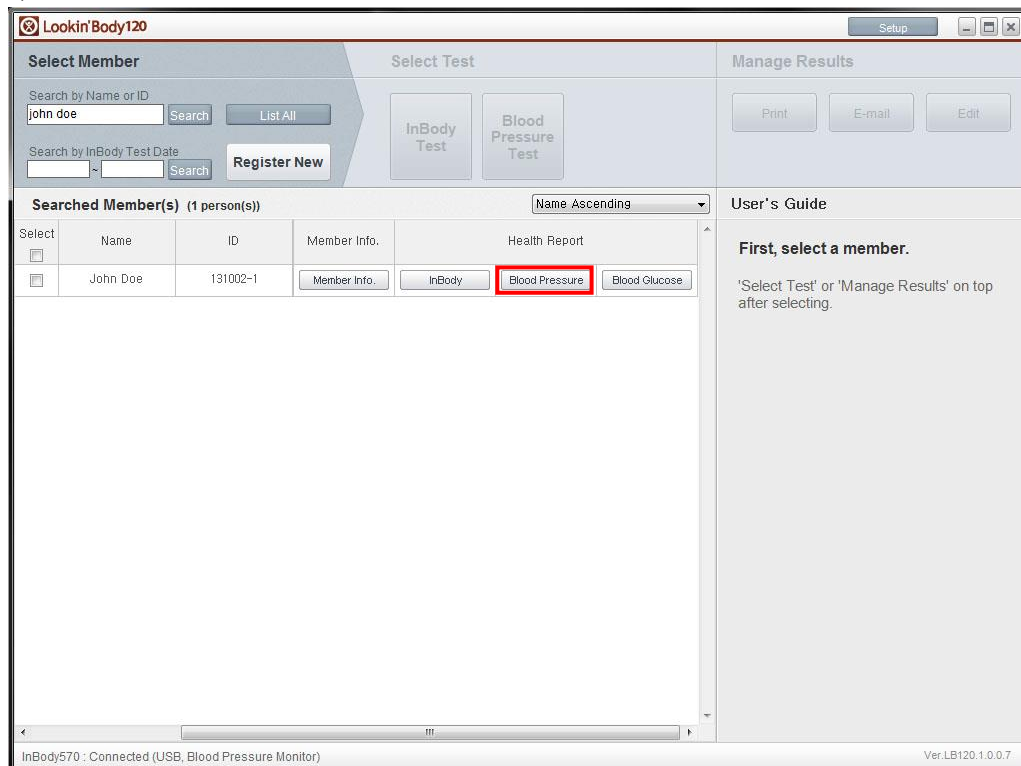
2) A popup displaying the InBody Health Report will appear.



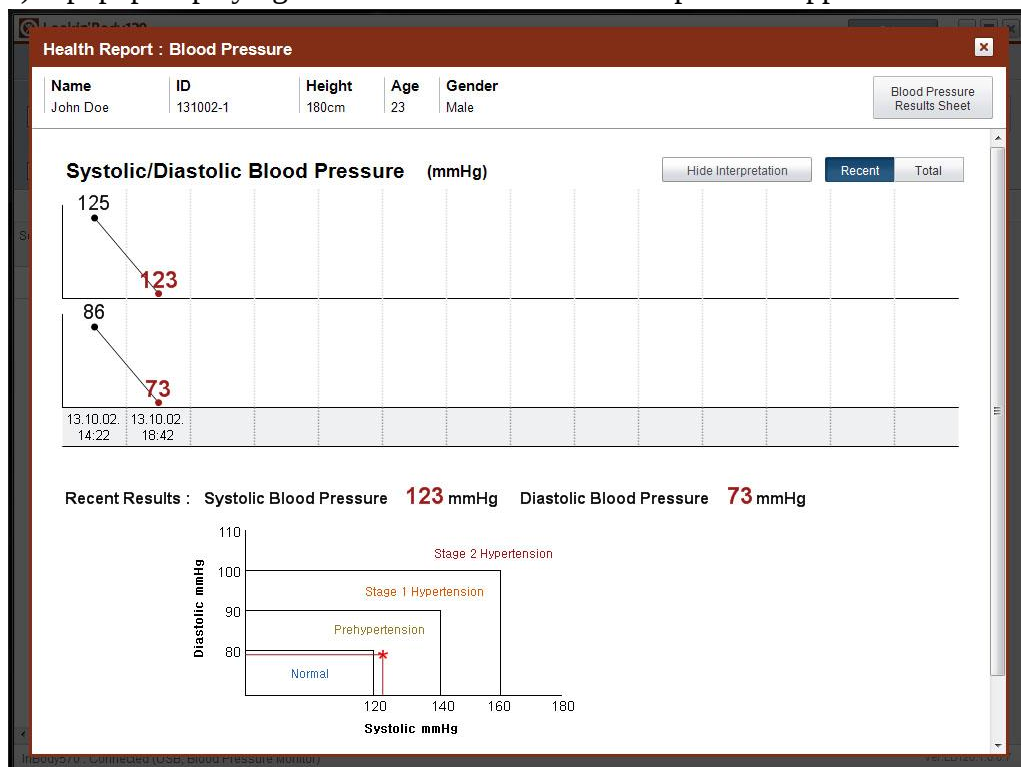
- ①[Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test results.
- ②[Hide Interpretation]/[Show Interpretation] button: Press to hide/show Results Interpretation under the graphs.
- ③[Body Comp. History Results Sheet] button: View or print a Body Composition History Results Sheet.
- ④[InBody Results Sheet] button: View or print an InBody Results Sheet.

2. Blood Pressure Health Report

1) Press the [Blood Pressure] button next to a member to view his/her Health Report.



2) A popup displaying the Blood Pressure Health Report will appear.

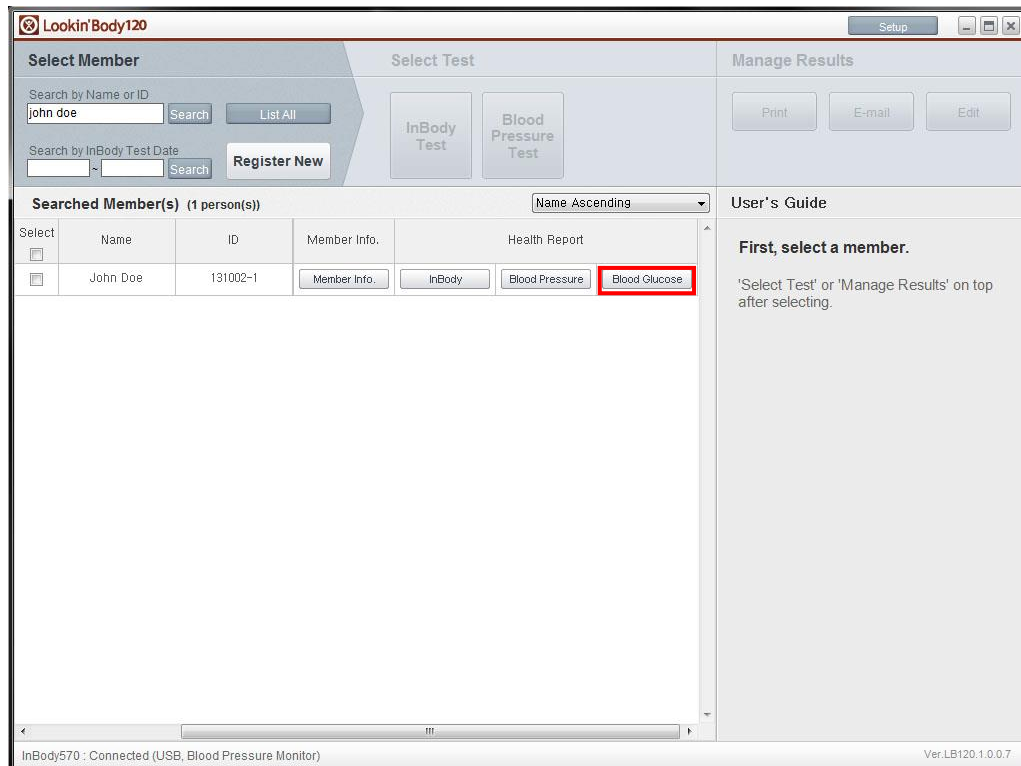


①[Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test results.

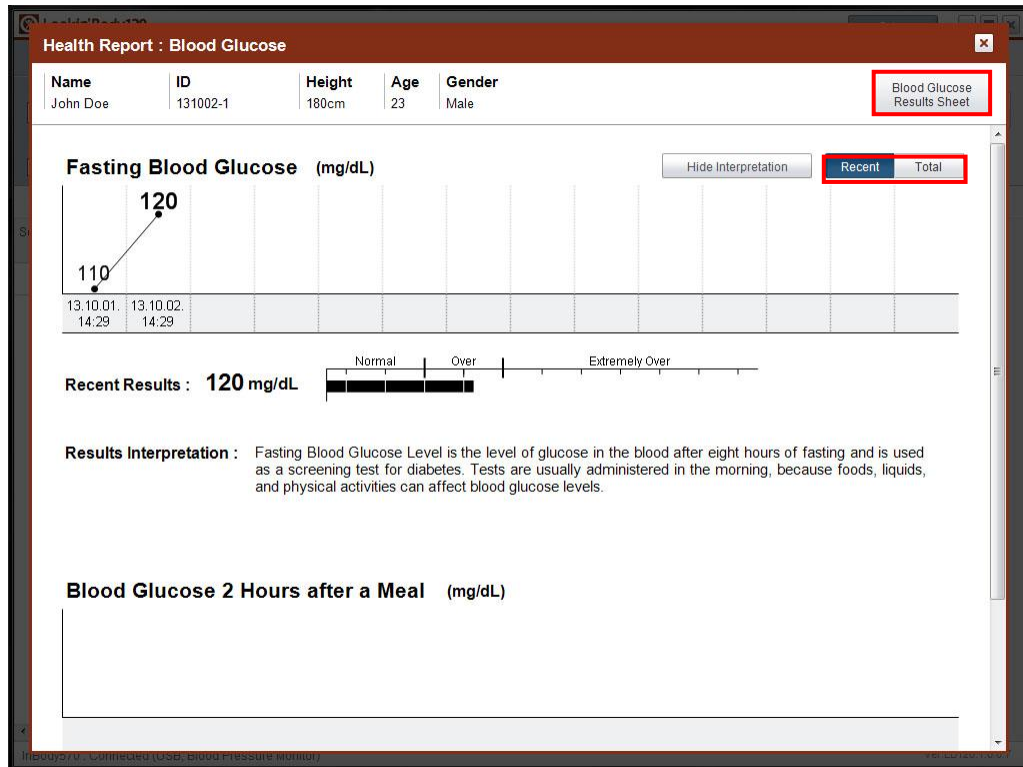
②[Blood Pressure Results Sheet] button: View or print a Blood Pressure Results Sheet.

3. Blood Glucose Health Report

1) Press the [Blood Glucose] button next to a member to view his/her Health Report.



2) A popup displaying the Blood Glucose Health Report will appear.



①[Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test results.

②[Blood Glucose Results Sheet] button: View or print a Blood Glucose Results Sheet.

F. Print Results Sheets

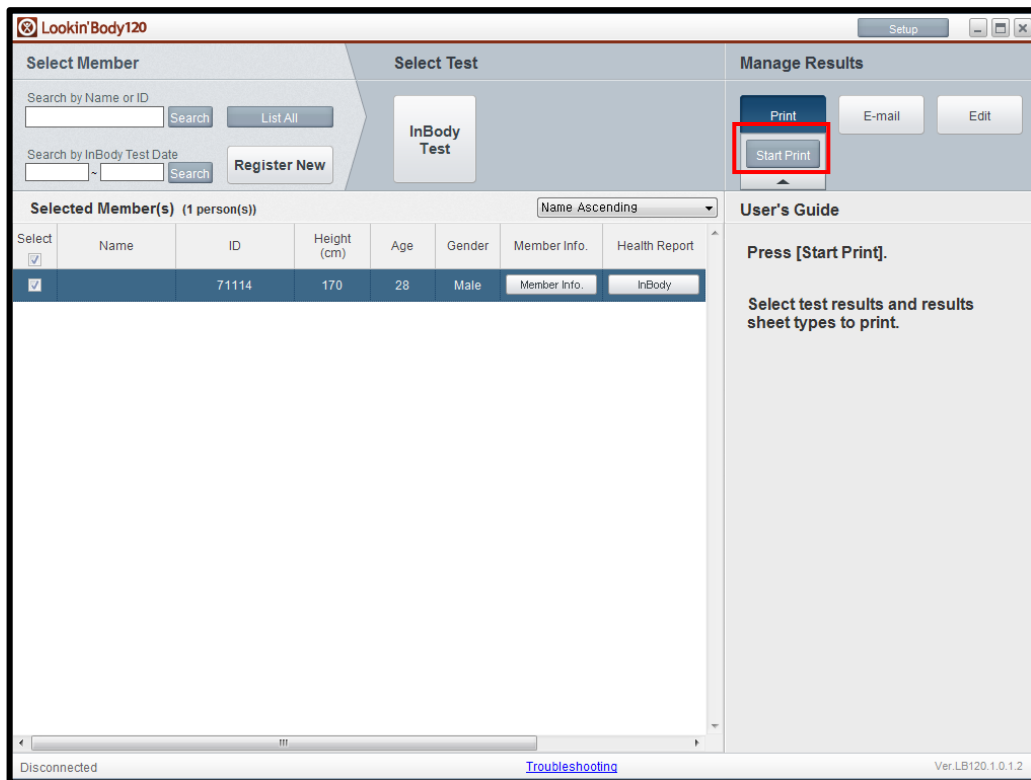
1. Print Manually

1) Search and select desired member, then press the [Print] button.

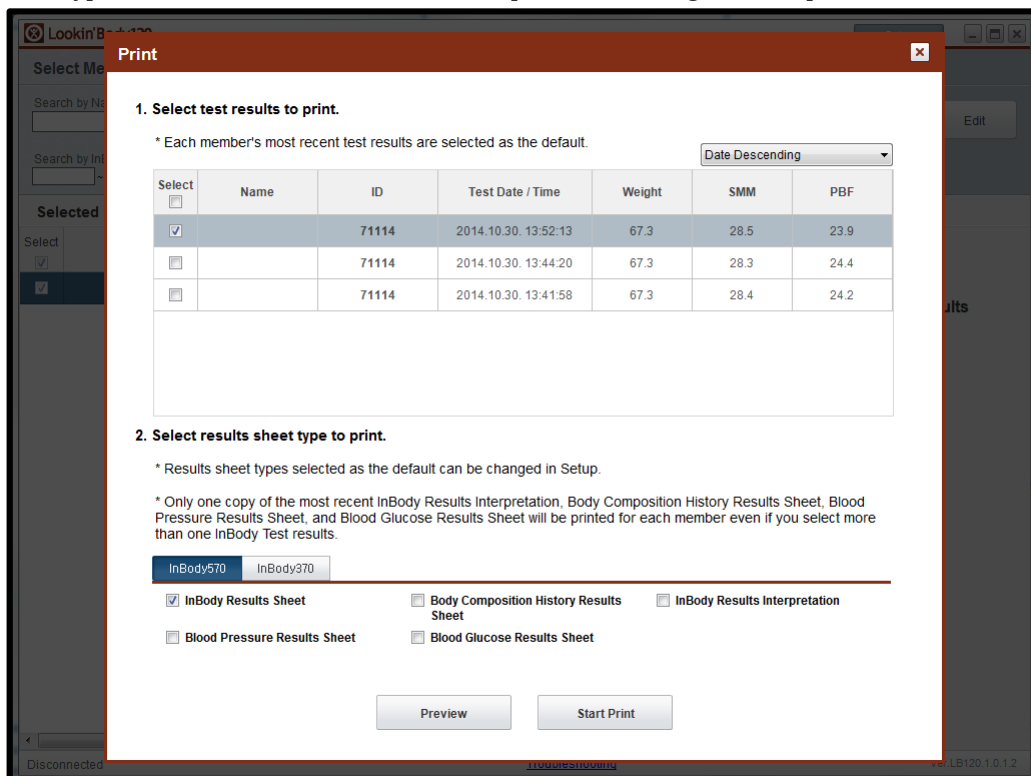
The screenshot shows the Lookin'Body120 software interface. The window title is 'Lookin'Body120'. The interface is divided into three main sections: 'Select Member', 'Select Test', and 'Manage Results'. The 'Select Member' section has search fields for 'Name or ID' (containing 'John doe') and 'InBody Test Date', along with 'Search', 'List All', and 'Register New' buttons. The 'Select Test' section has an 'InBody Test' button. The 'Manage Results' section has 'Print', 'E-mail', and 'Edit' buttons, with the 'Print' button highlighted by a red rectangle. Below these sections is a table titled 'Searched Member(s) (1 person(s))' with columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report. The table contains one entry for 'John Doe' with ID '130927-1', Height '6ft. 06.0in.', Age '26', and Gender 'Male'. The 'Member Info.' column has buttons for 'Member Info.' and 'InBody'. The 'Health Report' column is empty. On the right side, there is a 'User's Guide' section with the text: 'First, select a member. 'Select Test' or 'Manage Results' on top after selecting.' The status bar at the bottom shows 'InBody570 : Connected (USB)' and 'Ver.LB120.1.0.0.7'.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info. InBody	

2) Press the [Start Print] button to print a results sheet for highlighted members.



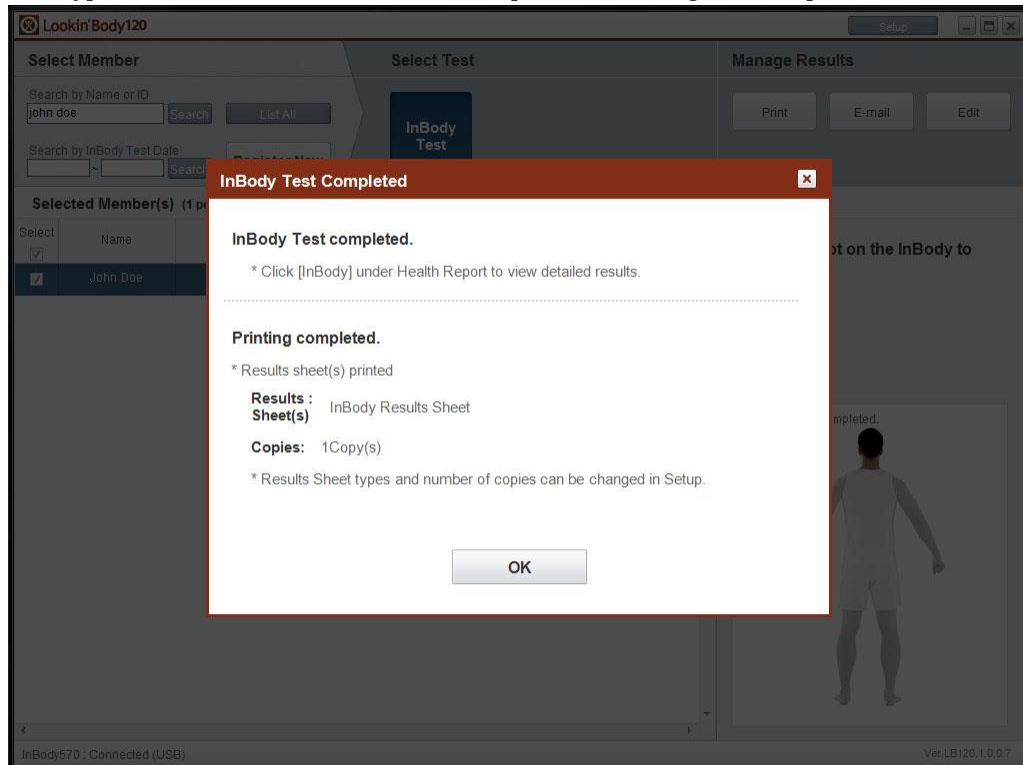
3) Select Test results and results sheet type and then press the [Start Print] button.
 *The type of results sheet and the number of copies can be changed in Setup.



2. Print Automatically

1) The popup window below will appear when the InBody Test is completed. A Results Sheet will print automatically after test completion. The type of results sheet and the number of copies will also appear on screen.

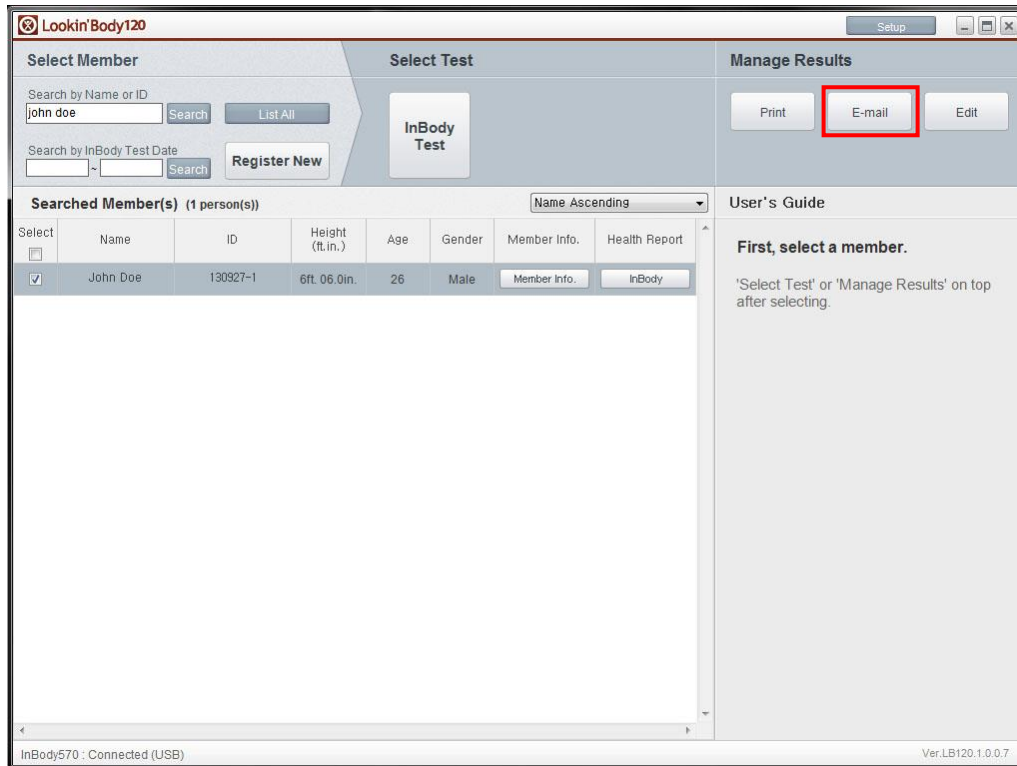
*The type of results sheet and the number of copies can be changed in Setup.



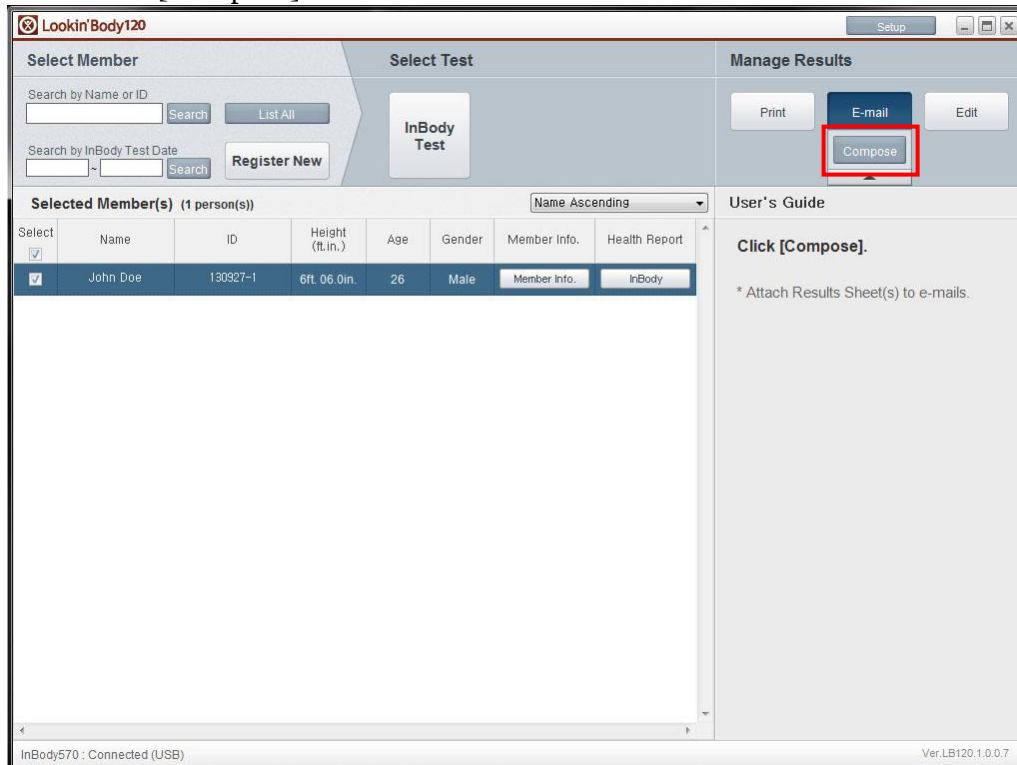
G. Send E-mails

1. Search and select a member, then press the [E-mail] button.

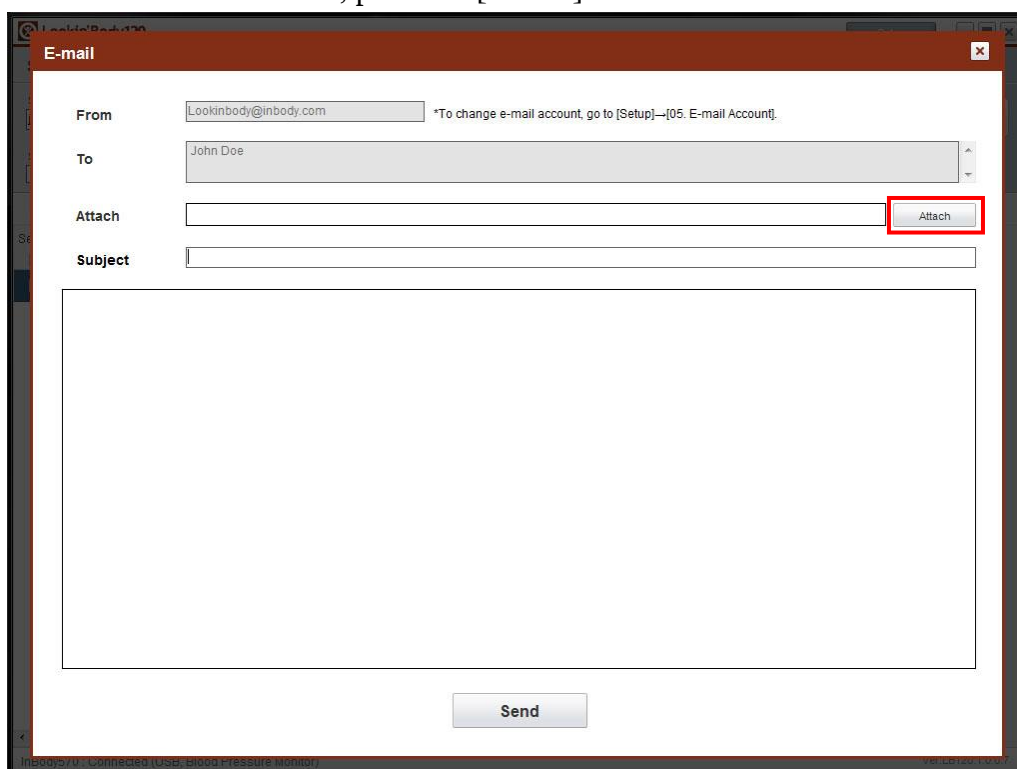
*If the e-mail address of the selected member is not saved, press the [Member Info.] button to enter an e-mail address.



2. Press the [Compose] button.

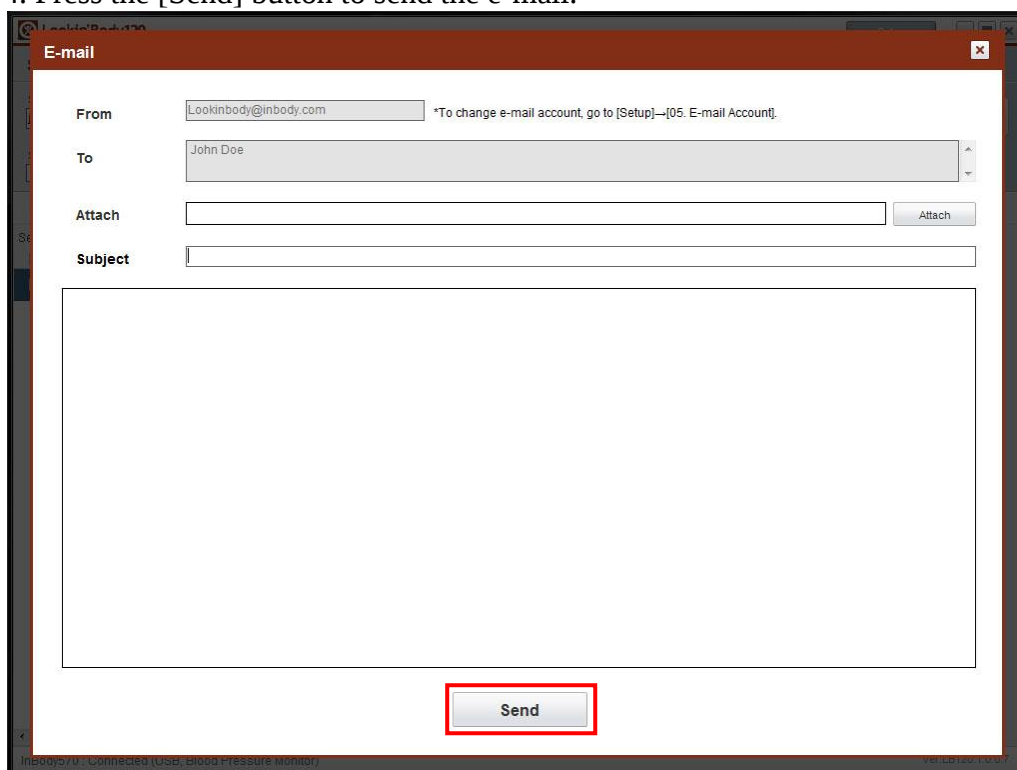


3. To attach a results sheet, press the [Attach] button and select the results sheet type.



The screenshot shows an "E-mail" composition window. The "From" field is "Lookinbody@inbody.com" with a note: "*To change e-mail account, go to [Setup]—>[05. E-mail Account]". The "To" field is "John Doe". The "Attach" field is empty, and the "Attach" button next to it is highlighted with a red rectangle. The "Subject" field is empty. A large text area for the message body is below the subject field. At the bottom center is a "Send" button. The status bar at the bottom left says "InBody 570 : Connected (USB, blood Pressure Monitor)" and the bottom right says "VER1.00.0.7".

4. Press the [Send] button to send the e-mail.

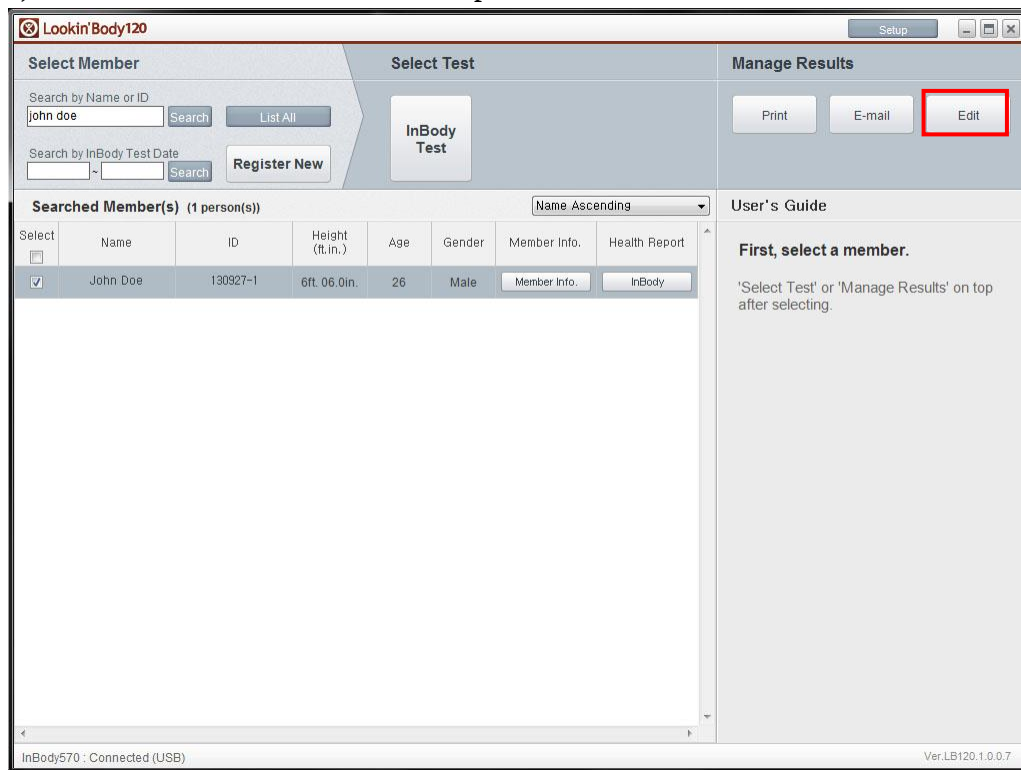


The screenshot shows the same "E-mail" composition window as before. The "Attach" button is no longer highlighted. The "Send" button at the bottom center is now highlighted with a red rectangle. All other elements, including the "From", "To", "Subject", and message body area, remain the same. The status bar at the bottom is also identical.

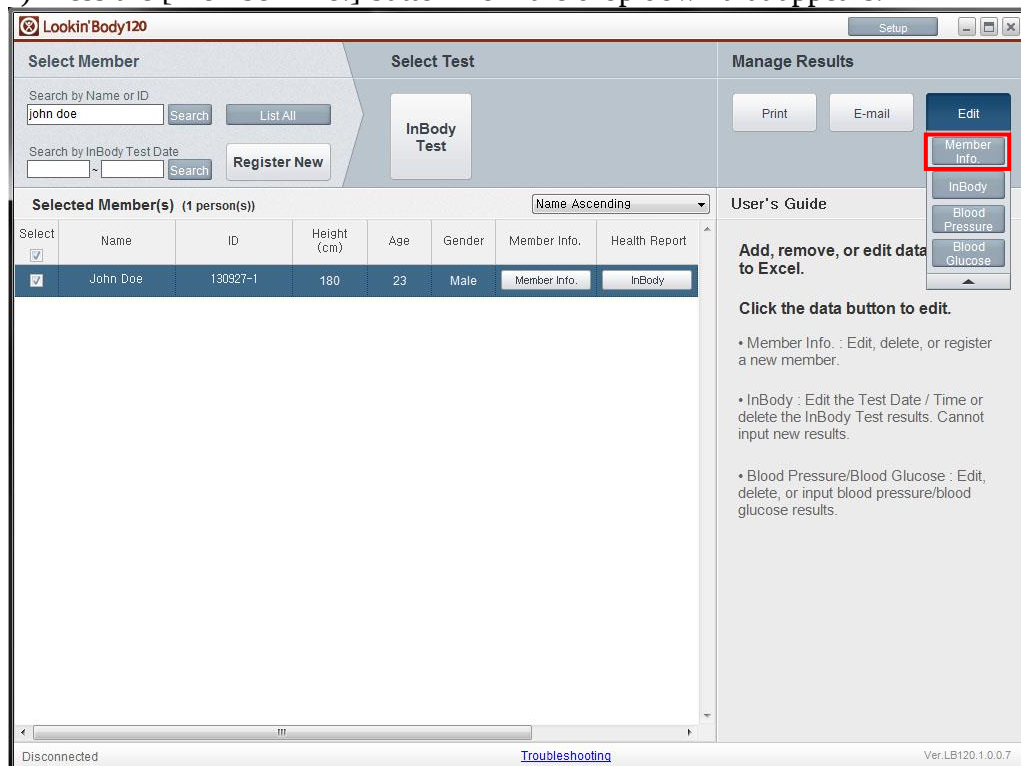
H. Edit Data

1. Member Information

1) Search and select a member, then press the [Edit] button.



2) Press the [Member Info.] button from the drop down that appears.



3) In the screen below, edit, delete, or enter member information similar to Excel.

Edit : Member Info.

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Register New** : Click an empty cell below and input all required Member Info. (Required) to register a new member.
- **Edit Member Info.** : Click cell to edit data.
- **Delete Member(s)** : Select members then click [Delete] on the top right corner to permanently delete.

(Deleting a member will permanently erase all results. Results cannot be restored)

Select	Member Info. (Required)							Member Info. (Optional)		
	Name	ID	Height	Gender	Date of Birth			Age	Mobile Number	Telephc
					Month	Day	Year			
☐	John Doe	130927-1	6ft. 06.0in.	Male	03	10	1987	26		
☐										
☐										
☐										
☐										
☐										
☐										

Save

4) After editing data, press the [Save] button to save changes.

Edit : Member Info.

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Register New** : Click an empty cell below and input all required Member Info. (Required) to register a new member.
- **Edit Member Info.** : Click cell to edit data.
- **Delete Member(s)** : Select members then click [Delete] on the top right corner to permanently delete.

(Deleting a member will permanently erase all results. Results cannot be restored)

Select	Member Info. (Required)							Member Info. (Optional)		
	Name	ID	Height	Gender	Date of Birth			Age	Mobile Number	Telephc
					Month	Day	Year			
☐	John Doe	130927-1	6ft. 06.0in.	Male	03	10	1987	26		
☐										
☐										
☐										
☐										
☐										
☐										

Save

2. InBody Test Results

1) Search and select a member, then press the [Edit] button.

The screenshot shows the Lookin'Body120 software interface. The 'Select Member' section has search fields for Name or ID (containing 'john doe') and InBody Test Date. The 'Select Test' section has an 'InBody Test' button. The 'Manage Results' section has 'Print', 'E-mail', and 'Edit' buttons, with the 'Edit' button highlighted by a red box. The 'Searched Member(s)' table shows one member: John Doe, ID 130927-1, Height 6ft. 06.0in., Age 26, Gender Male. The 'User's Guide' section provides instructions on selecting a member and using the 'Select Test' or 'Manage Results' buttons.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody

2) Press the [InBody] button from the drop down that appears.

The screenshot shows the Lookin'Body120 software interface. The 'Select Member' section has search fields for Name or ID (containing 'john doe') and InBody Test Date. The 'Select Test' section has an 'InBody Test' button. The 'Manage Results' section has 'Print', 'E-mail', and 'Edit' buttons, with the 'Edit' button highlighted by a red box. The 'Searched Member(s)' table shows one member: John Doe, ID 130927-1, Height 180, Age 23, Gender Male. The 'User's Guide' section provides instructions on adding, removing, or editing data to Excel.

Select	Name	ID	Height (cm)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	180	23	Male	Member Info.	InBody

3) In the screen below, edit InBody Test date, time, or delete test results similar to Excel.

*Actual test results cannot be added or edited.

Edit : InBody

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Edit Test Date / Time:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Delete

Select	Name	ID	Test Date / Time	Weight	TBW (Total Body Water)	ICW (Intracellular Water)	ECW (Extracellular Water)
☐	John Doe	130927-1	09.27.2013. 11:15	105.9	76.7	46.7	31.0
☐	John Doe	130927-1	09.27.2013. 11:00	105.2	76.3	46.3	31.0
☐	John Doe	130927-1	09.27.2013. 10:50	107.1	77.6	47.2	31.0
☐	John Doe	130927-1	09.27.2013. 10:44	106.9	77.4	47.2	31.0

Save

4) After editing data, press the [Save] button to save changes.

Edit : InBody

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Edit Test Date / Time:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Delete

Select	Name	ID	Test Date / Time	Weight	TBW (Total Body Water)	ICW (Intracellular Water)	ECW (Extracellular Water)
☐	John Doe	130927-1	09.27.2013. 11:15	105.9	76.7	46.7	31.0
☐	John Doe	130927-1	09.27.2013. 11:00	105.2	76.3	46.3	31.0
☐	John Doe	130927-1	09.27.2013. 10:50	107.1	77.6	47.2	31.0
☐	John Doe	130927-1	09.27.2013. 10:44	106.9	77.4	47.2	31.0

Save

3. Blood Pressure Test Results

1) Search and select a member, then press the [Edit] button.

The screenshot shows the Lookin'Body120 software interface. The 'Select Member' section on the left has search fields for 'Name or ID' (containing 'john doe') and 'InBody Test Date'. The 'Select Test' section in the middle has an 'InBody Test' button. The 'Manage Results' section on the right has 'Print', 'E-mail', and 'Edit' buttons, with the 'Edit' button highlighted by a red box. Below the search fields is a table titled 'Searched Member(s) (1 person(s))' with columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report. The table contains one entry for 'John Doe' with ID '130927-1', Height '6ft. 06.0in.', Age '26', and Gender 'Male'. The 'Member Info.' and 'InBody' buttons are visible next to the entry. The status bar at the bottom indicates 'InBody570 : Connected (USB)' and 'Ver.LB120.1.0.0.7'.

2) Press the [Blood Pressure] button from the drop down that appears.

The screenshot shows the Lookin'Body120 software interface after clicking the 'Edit' button. The 'Select Member' section remains the same. The 'Select Test' section now shows a dropdown menu with options: 'InBody Test', 'Blood Pressure', and 'Blood Glucose'. The 'Blood Pressure' option is highlighted with a red box. The 'Manage Results' section now has a 'Blood Pressure' button. The table titled 'Selected Member(s) (1 person(s))' is now titled 'Selected Member(s)' and contains the same entry for 'John Doe'. The status bar at the bottom indicates 'Disconnected' and 'Ver.LB120.1.0.0.7'.

3) In the screen below, edit, delete, or enter the blood pressure test results similar to Excel.

Edit : Blood Pressure

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- Input Results:** Click cell to input Systolic, Diastolic, and Pulse Rate. Mean Artery Pressure, Pulse Pressure, and Rate Pressure Product will be calculated automatically.
- Edit Results:** Click cell to edit saved data.
- Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select	Name	ID	Blood Pressure Test Date / Time	Sys. (mmHg)	Dia. (mmHg)	Pulse (bpm)	MAP (mmHg)	PP (mmHg)	RPP
☐	John Doe	130927-1	2013.10.02. 18:42	123	73	77	89	50	9471
☐	John Doe	130927-1	2013.10.02. 14:22	125	86	90	99	39	11250

4) After editing data, press the [Save] button to save changes.

Edit : Blood Pressure

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- Input Results:** Click cell to input Systolic, Diastolic, and Pulse Rate. Mean Artery Pressure, Pulse Pressure, and Rate Pressure Product will be calculated automatically.
- Edit Results:** Click cell to edit saved data.
- Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select	Name	ID	Blood Pressure Test Date / Time	Sys. (mmHg)	Dia. (mmHg)	Pulse (bpm)	MAP (mmHg)	PP (mmHg)	RPP
☐	John Doe	130927-1	2013.10.02. 18:42	123	73	77	89	50	9471
☐	John Doe	130927-1	2013.10.02. 14:22	125	86	90	99	39	11250

4. Blood Glucose Test Results

1) Search and select a member, then press the [Edit] button.

The screenshot shows the Lookin'Body120 software interface. The 'Select Member' section has search fields for 'Name or ID' (containing 'john doe') and 'InBody Test Date'. The 'Select Test' section has an 'InBody Test' button. The 'Manage Results' section has 'Print', 'E-mail', and 'Edit' buttons, with the 'Edit' button highlighted by a red box. The 'Searched Member(s)' table shows one member: John Doe, ID 130927-1, Height 6ft. 06.0in., Age 26, Gender Male. The 'User's Guide' section provides instructions on how to use the software.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody

2) Press the [Blood Glucose] button from the drop down that appears.

The screenshot shows the Lookin'Body120 software interface. The 'Select Member' section has search fields for 'Name or ID' (containing 'john doe') and 'InBody Test Date'. The 'Select Test' section has an 'InBody Test' button. The 'Manage Results' section has 'Print', 'E-mail', and 'Edit' buttons. A dropdown menu is open from the 'Edit' button, showing options: 'Member Info.', 'InBody', 'Blood Pressure', and 'Blood Glucose'. The 'Blood Glucose' option is highlighted with a red box. The 'Selected Member(s)' table shows one member: John Doe, ID 130927-1, Height 180, Age 23, Gender Male. The 'User's Guide' section provides instructions on how to use the software.

Select	Name	ID	Height (cm)	Age	Gender	Member Info.	Health Report
☒	John Doe	130927-1	180	23	Male	Member Info.	InBody

Edit : Blood Glucose

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- **Input Results:** Click cell to input results.
- **Edit Results:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select ☐	Name	ID	Blood Glucose Test Date / Time	Blood Glucose (mg/dL)	Meal Before Test (Time Lapsed)
☐	John Doe	130927-1	2013.10.02. 14:29 ▼	120	Fasting
☐	John Doe	130927-1	2013.10.01. 14:29	110	Fasting

Save

Edit : Blood Glucose

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- **Input Results:** Click cell to input results.
- **Edit Results:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select ☐	Name	ID	Blood Glucose Test Date / Time	Blood Glucose (mg/dL)	Meal Before Test (Time Lapsed)
☐	John Doe	130927-1	2013.10.02. 14:29	120	Fasting
☐	John Doe	130927-1	2013.10.01. 14:29	110	Fasting

Delete

Save

III. Setup

Press the [Setup] button to access the menu shown below.



1. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options

01. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options

Select options below.

1. Select Results Sheet type to print.

☒ **InBody Results Sheet**

This Results Sheet shows InBody Test results with graphs.

***When a member under 18 years old is taking the InBody Test, Would you replace the InBody Results Sheet with InBody Results Sheet for a child?**

☐ Yes, replace the InBody Results Sheet with the InBody Results Sheet for a child
☒ No, do not replace the InBody Results Sheet with the InBody Results Sheet for a child

This Results Sheet shows InBody Test results with graphs including Child Growth Curve.

☐ **Body Composition History Results Sheet**

This Results Sheet tracks body compositional change (Weight, Skeletal Muscle Mass, Body Fat Mass, Percent Body Fat, ECW Ratio, and Leg Lean Mass).

***Select the body composition history graph type.**

☒ Recent
 (A cumulative graph that shows the progress over 15 most recent results.)
☐ Total
 (A cumulative graph that shows the progress from first test results to the most recent results.)

☐ **Blood Pressure Results Sheet**

*If automatic printing option is enabled under '5. Select whether to print Results Sheets automatically after each InBody Test' below, this Results Sheet will be printed automatically after the InBody Test.

This Results Sheet shows blood pressure test results with graphs.

☐ **Blood Glucose Results Sheet**

*If automatic printing option is enabled under '5. Select whether to print Results Sheets automatically after each InBody Test' below, this Results Sheet will be printed automatically after the InBody Test.

This Results Sheet shows blood glucose test results with graphs.

☐ **InBody Results Interpretation**

*Only available when the InBody Results Sheet is selected.

This Results Interpretation shows the explanation of the InBody Test results.

2. Select the paper type to print.

☒ Blank A4 Paper : Results Sheet(s) will be printed on the blank A4 paper.
 ☐ InBody Paper : Results Sheet(s) will be printed on the InBody paper. Framework is color-printed.

*To adjust print alignment, click [Printing Alignment].

3. Select number of copies to print.

☒ 1 copy ()
 ☐ 2 copies ()

4. Select a printer.

Samsung Universal Print Driver

5. Select whether to print Results Sheets automatically after each InBody Test.

☐ Print automatically
☒ Do not print automatically

Save

① Results sheet types: Select the type(s) of results sheet to print. Press the [Example] button to view a sample results sheet.

- ② Paper type: Select the type of paper to print the selected Results Sheets on.
- ③ Printing Alignment: Adjust printing alignment.
- ④ Number of Copies: Select the number of copies to print.
- ⑤ Printer: Select a printer to use.
- ⑥ Automatic printing option: Select whether to print results sheets automatically after each InBody Test.

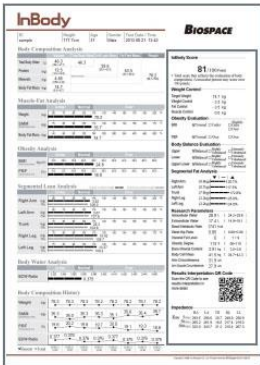
2. Outputs/Interpretations for Results Sheet

Select checkbox on the left to select outputs/interpretation printed on the results sheet.

*If the Results Sheet for Children is selected in [01. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options] of Setup, outputs/interpretations for the Results Sheet for Children can be selected as well.

02. Outputs/Interpretations for Results Sheet

Select outputs/interpretations to print on the right side of the Results Sheet. Bracketed values show required space. Check Output is a result of the InBody Test. Interpretation is an explanation of the output.



Free Space 17

Restore InBody Default

☒ **InBody Score Output[10]** : This score shows the evaluation of your body composition, which includes muscle, fat, and water in the body.

☐ **Body Type Output[21]** : The body type based on BMI and Percent Body Fat.

☒ **Weight Control Output[10]** : See how your body measures up to the recommended Weight, Muscle Mass, and Body Fat Mass for a good balance. Blank spaces will be available for use if values are not printed.

☒ With Values

☐ Without Values

Weight Control

Target Weight	75.0 kg
Weight Control	0.0 kg
Fat Control	0.0 kg
Muscle Control	0.0 kg

Weight Control

Target Weight	
Weight Control	
Fat Control	
Muscle Control	

☐ **Nutrition Evaluation Output[9]** : Evaluates whether the amount of Protein, Minerals, and Body Fat is adequately distributed in the body. Check marks can be omitted per preference.

☒ With Check Marks

☐ Without Check Marks

Nutrition Evaluation

Protein	☒ Normal ☐ Deficient
Minerals	☒ Normal ☐ Deficient
Body Fat	☒ Normal ☐ Deficient ☐ Excessive

Nutrition Evaluation

Protein	☐ Normal ☐ Deficient
Minerals	☐ Normal ☐ Deficient
Body Fat	☐ Normal ☐ Deficient ☐ Excessive

☒ **Obesity Evaluation Output[9]** : Evaluates obesity based on BMI and Percent Body Fat. Check marks can be omitted per preference.

☒ With Check Marks

☐ Without Check Marks

Obesity Evaluation

Obesity Evaluation

3. Results Sheet Custom Logo

03. Results Sheet Custom Logo

The top right corner is available for custom logo use.
Select logo option.

☐ Load logo from the InBody. ☐ Text-only logo ☒ No logo

Load

Preview

Lookin'Body

ID	Height	Age	Gender	Date/Time
SAMPLE	180cm	32	Male	2013.04.29 11:33

Body Composition Analysis

	Value	Total Body Water	Lean Body Mass	Height
Intracellular Water	33.1	51.7	71.2	
Extracellular Water	19.6			

Segmental Fat Analysis

Right Arm (3.9g/100g)
Left Arm (3.2g/100g)

Save

① Load logo from the InBody: When the InBody is connected to Lookin'Body, select 'Load logo from the InBody' to import the logo used on the InBody.

② Text-only logo: Input custom text as logo.

③ No logo: Logo will not be printed on the Results Sheet.

4. Normal Range

04. Normal Range

Set normal ranges below. The graph will be drawn accordingly.

• Normal Range/Ideal Value

• BMI (kg/m²)

– Normal Range

☒ Option 1 (18.5 ~ 25.0) * Recommended by WHO.

☐ Option 2 (18.5 ~ 23.0) * Recommended by WHO.

☐ Option 3 18.5 ~ (Min 23 / Max 29)

– Ideal Value (Ideal BMI value may shift the ideal weight value.)

☒ Option 1 Male 22 / Female 21.5

☐ Option 2 Male 22 / Female 21

• Percent Body Fat (%) (Ideal values of percent body fat are 15% for male and 23% for female.)

– Normal Range

Male 10.0 ~ 20.0 (Min 5 / Max 14) (Min 16 / Max 50)

Female 18.0 ~ 28.0 (Min 5 / Max 22) (Min 24 / Max 50)

• Waist-Hip Ratio (Ideal WHR value is the normal range median.)

– Normal Range

Male 0.80 ~ 0.90 (Min 0.5) (Max 1.5)

Female 0.75 ~ 0.85 (Min 0.5) (Max 1.5)

Standard Child Growth Curve

The Growth Graph on the InBody Results Sheet for Children compares the height and weight among peers of the same age group.

Select standard child growth curve within the Growth Graph to compare with different peers.

Select the standard child growth curve type.

☒ WHO ☐ UK

Save

① BMI normal range/ideal value: Set the normal range for BMI, and ideal BMI value.

② Percent Body Fat normal range: Set the normal range for Percent Body Fat.

③ Waist-Hip Ratio normal range: Set the normal range for Waist-Hip Ratio.

④ Standard child growth curve: When printing the Results Sheet for Children, select the standard child growth curve for the Growth Graph.

5. E-mail Options

05. E-mail Options

Set an account to send e-mails.

1. Select account.

☒ **InBody account:** E-mail using the account provided by BIOSPACE.
LookinBody@inbody.com is the default e-mail shown to members and cannot be changed.

☐ **User account:** E-mail using your own account. Information below is required.

2. Input the required information.

• **Host**
* Example : mail.inbody.com

• **User**
* Example : LookinBody@inbody.com
* This e-mail address will be shown to your members.

• **Name**
* Example : InBody
* This user name will be shown to your members.

• **Password**

• **Port**
* Example : 587

• **Secure Connection** ☐ Use ☒ Do not use

Save

To e-mail using the account provided by BIOSPACE, select 'InBody Account'. To e-mail using a personal account, select 'User Account' and enter your e-mail account information.

6. Country/Language/Units/Date Format/Password

06. InBody Model/Country/Language/Units/Date Format/Password

Select the InBody model.
InBody570

Select country.
UK

Select language.
English

Select unit.
☒ kg/cm ☐ lbs/ft.in.

Select date format.
☒ Year.Month.Day. ☐ Month.Day.Year. ☐ Day.Month.Year.

Click the button below to set a password.

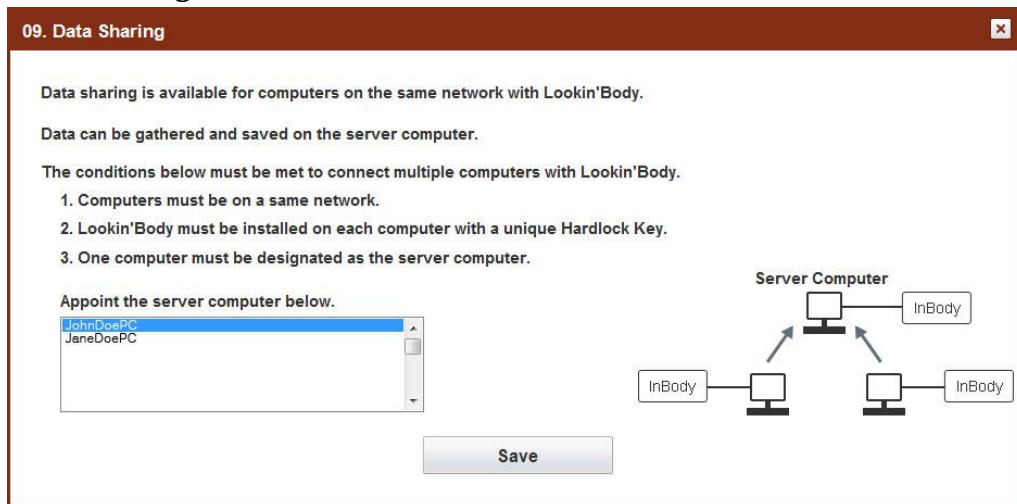
Set Password for Setup Set a password to prevent unauthorized access to the Setup.

Set Master Password Set a master password to enhance data security.

Save

- ① Country: Select country.
- ② Language: Select language.
- ③ Units: Select measurement units for test results.
- ④ Date format: Select date format.
- ⑤ Set password for Setup: Set a password to prevent unauthorized access to Setup.
- ⑥ Set master password: Set a master password to enhance data security. The password is required when exporting or backing up data.

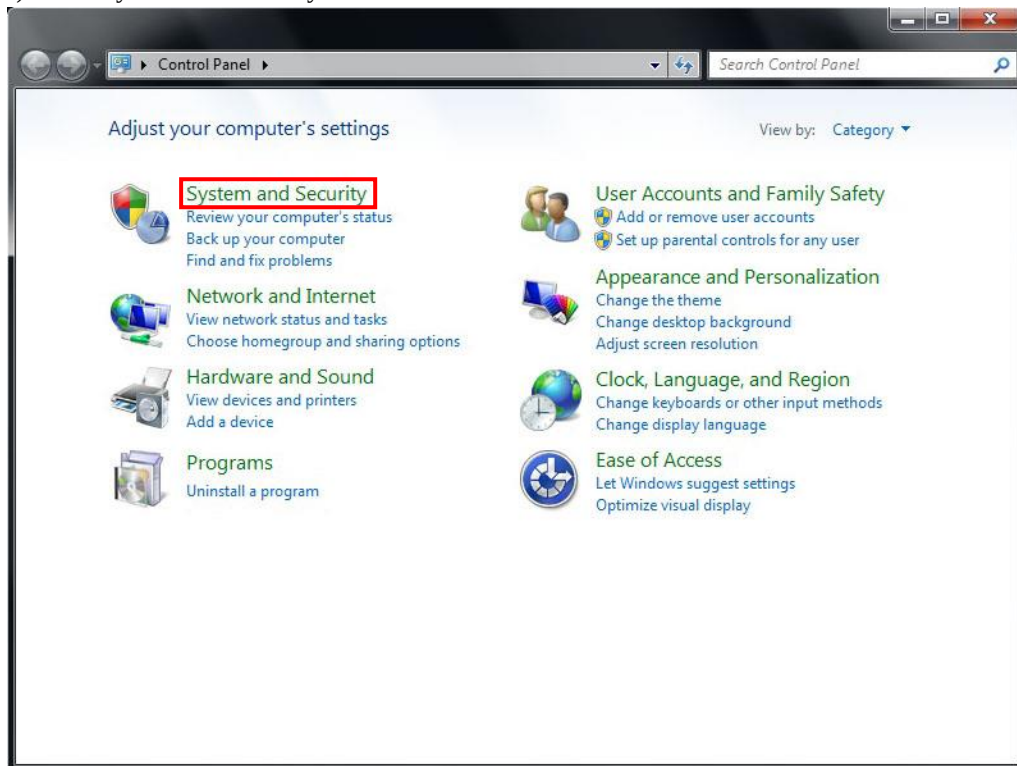
9. Data Sharing



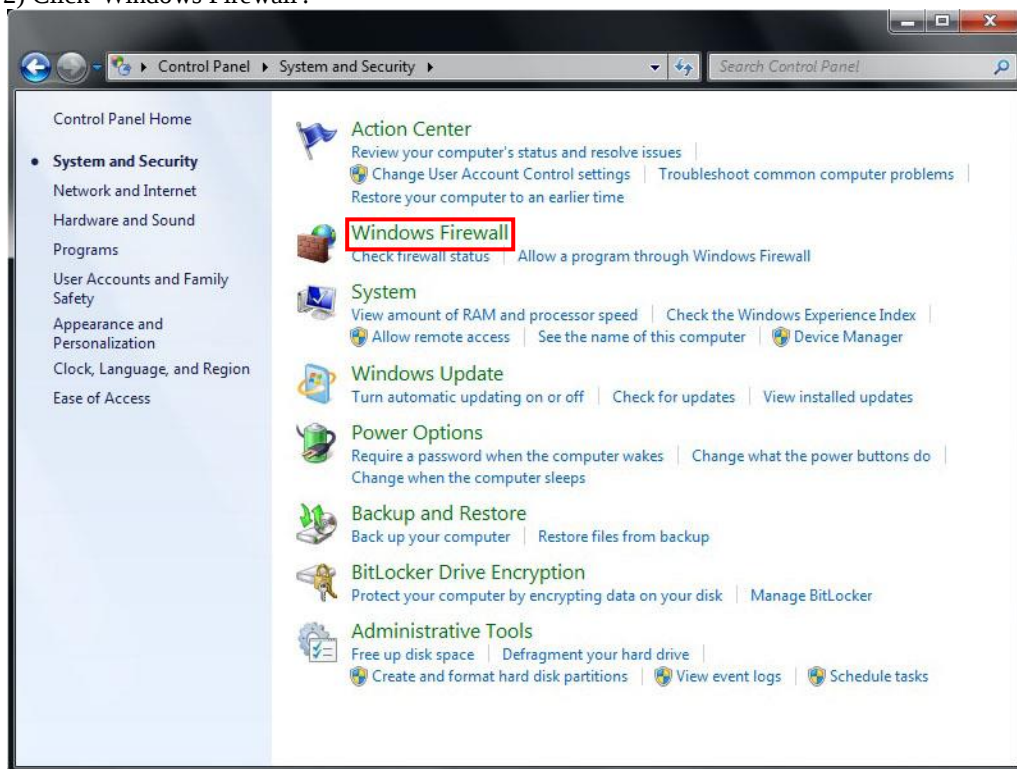
Connected computers with Lookin'Body can share data. Connected computers must designate one computer as the server computer.

* Windows Firewall may prevent Data Sharing from working properly. Follow the instructions below to turn off the Windows Firewall. BIOSPACE is not responsible for any problems that arise from turning off Windows Firewall.

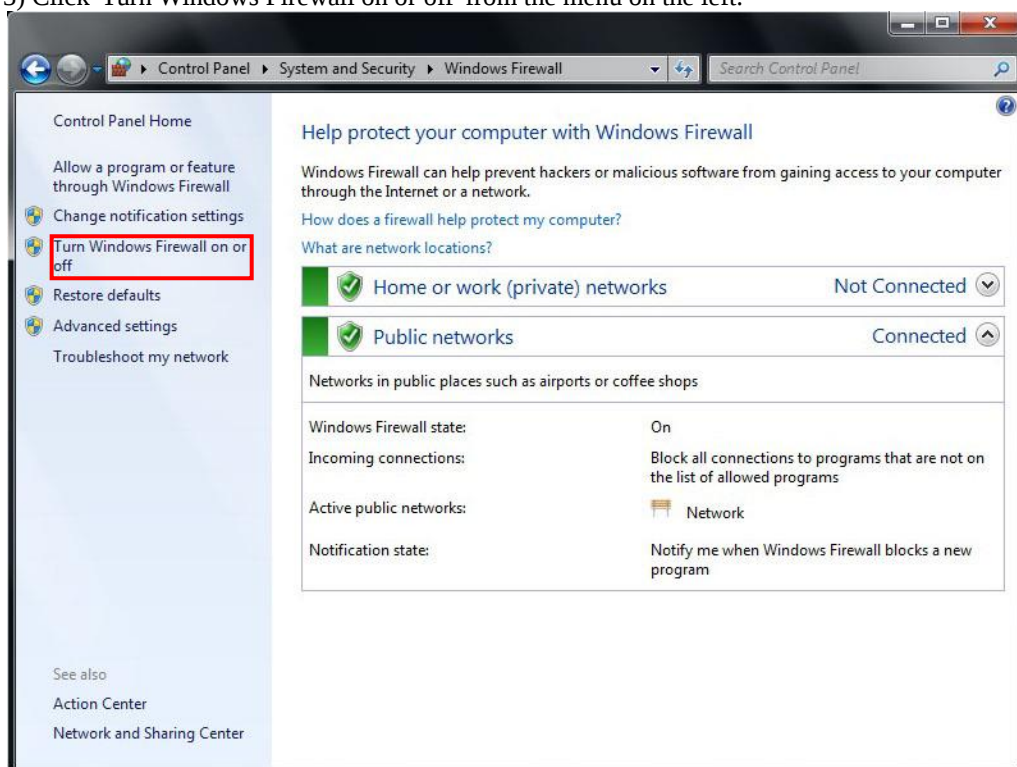
1) Click 'System and Security' of the Control Panel.



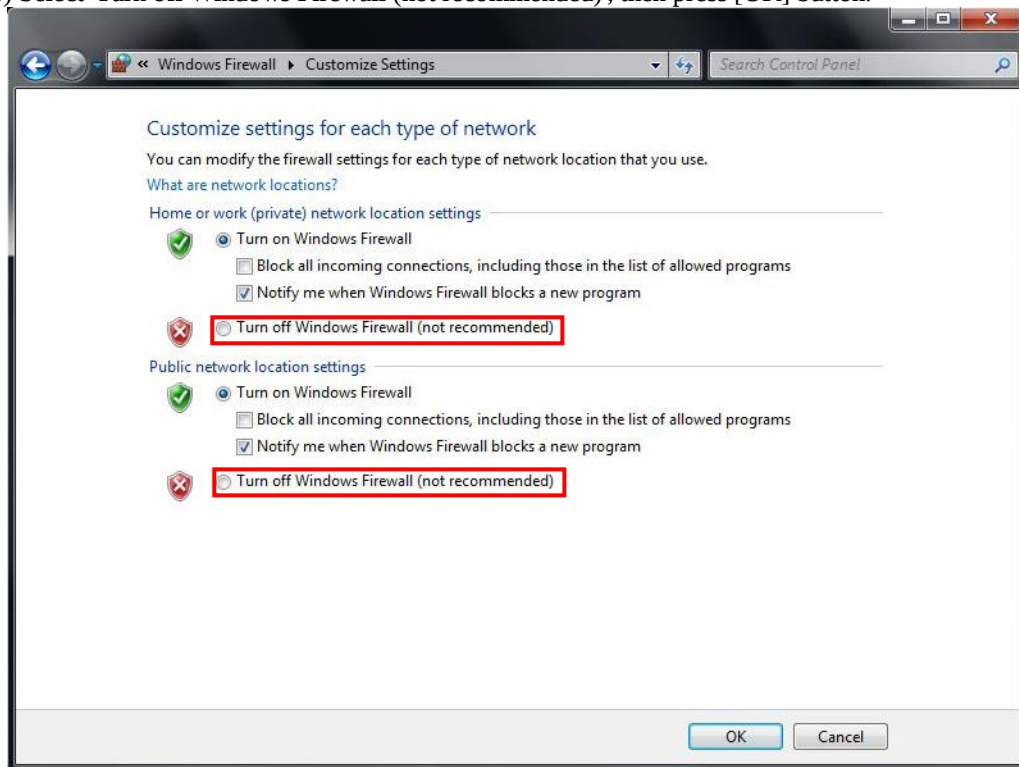
2) Click 'Windows Firewall'.



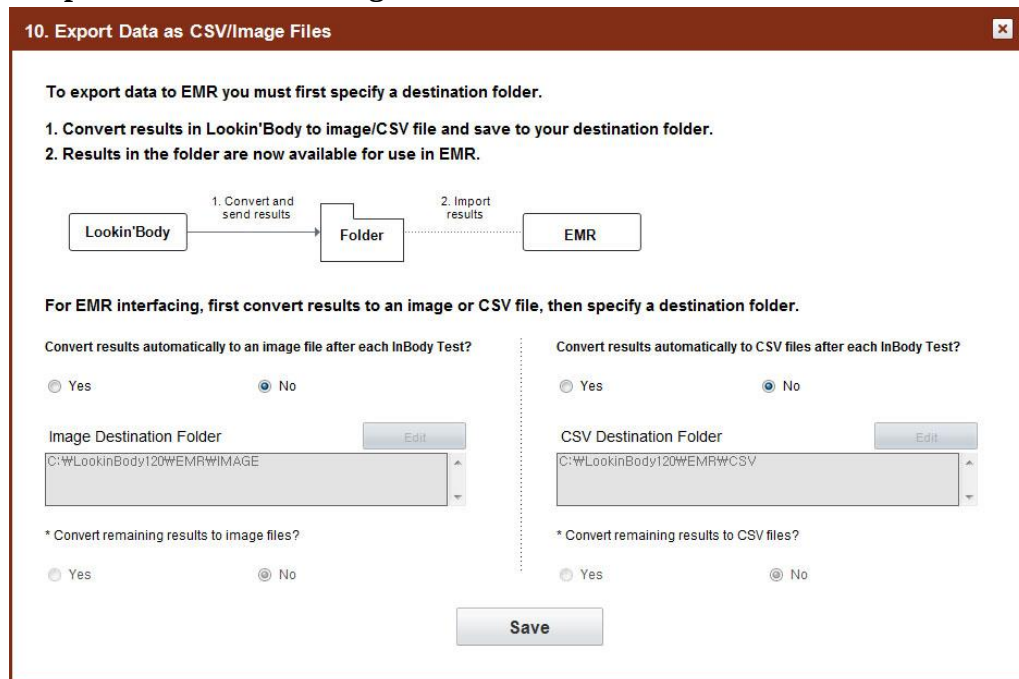
3) Click 'Turn Windows Firewall on or off' from the menu on the left.



4) Select 'Turn off Windows Firewall (not recommended)', then press [OK] button.

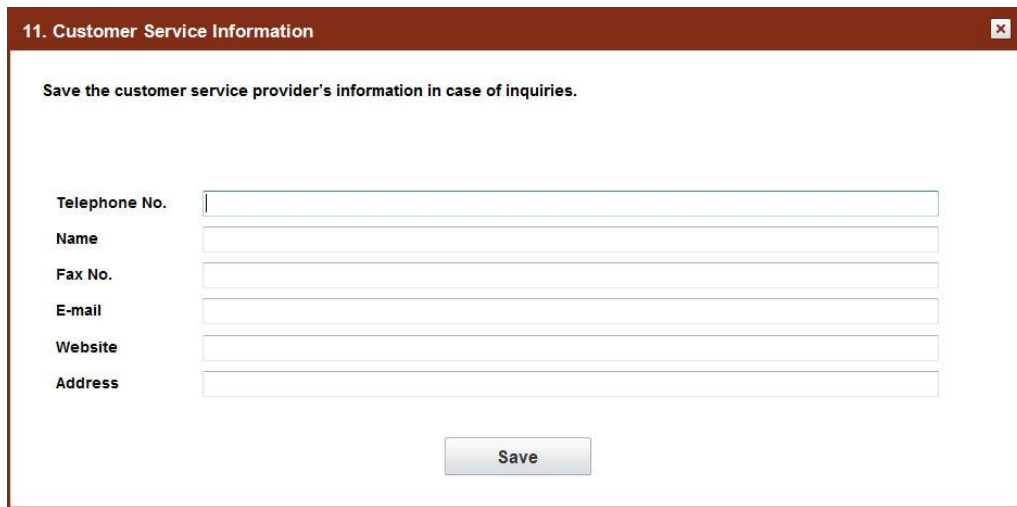


10. Export Data as CSV/Image Files



Export test results as CSV/image files.

11. Customer Service Information



11. Customer Service Information

Save the customer service provider's information in case of inquiries.

Telephone No.

Name

Fax No.

E-mail

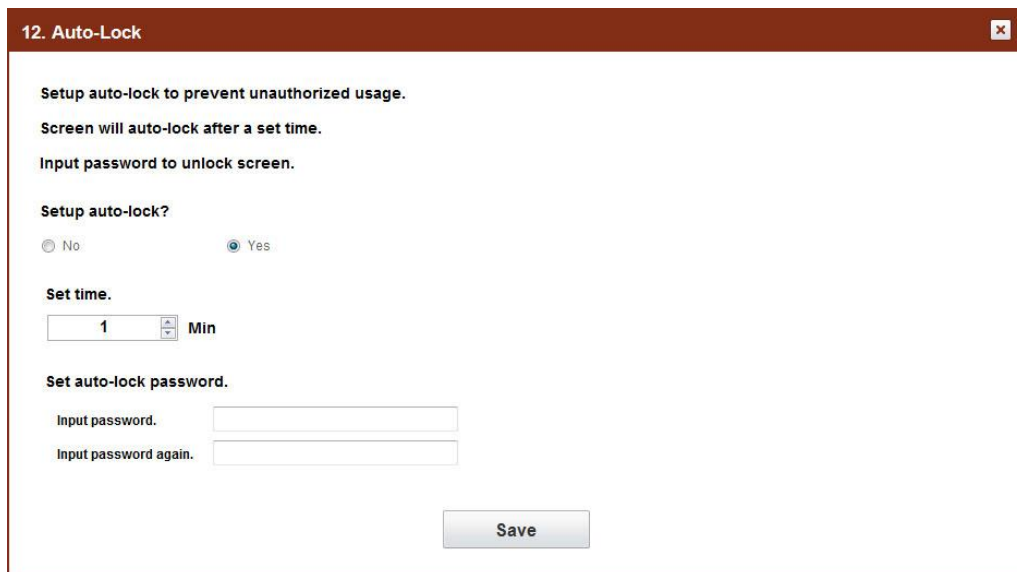
Website

Address

Save

Save the customer service provider's information for future reference.

12. Auto-Lock



12. Auto-Lock

Setup auto-lock to prevent unauthorized usage.

Screen will auto-lock after a set time.

Input password to unlock screen.

Setup auto-lock?

☐ No ☒ Yes

Set time.

Min

Set auto-lock password.

Input password.

Input password again.

Save

Set an auto-lock to prevent unauthorized usage. Screen will auto-lock after a set time and the password will be required to unlock the screen.

13. Program and Computer Information/Update History

The dialog box has a title bar with the text '13. Program and Computer Information/Update History' and a close button. It contains two sections: 'Program Information' and 'Computer Information'. The 'Program Information' section shows 'Program Ver.: 1.0.0.4'. The 'Computer Information' section shows 'Computer name : BIOSPACE-PC' and 'Computer IP : 192.168.0.96'. Below these is an 'Update History' section with a text area containing '2013-05-01 Update History', 'Program Version : 1.0.0.1', and '1. Product Launches'. The text area ends with a dashed line and the word 'End'. An 'OK' button is at the bottom right.

Section	Information
Program Information	Program Ver.: 1.0.0.4
Computer Information	Computer name : BIOSPACE-PC Computer IP : 192.168.0.96
Update History	2013-05-01 Update History Program Version : 1.0.0.1 1. Product Launches -----End-----

Check the program version, computer name and IP address, and update history.

14. Export Data as Excel

The dialog box has a title bar with the text '14. Export Data as Excel' and a close button. It contains the text 'Export data to edit and save as Excel.' and 'Click the button below to export data.' Below this is an 'Export Data as Excel' button.

Export data to edit and save as Excel.

Click the button below to export data.

Export Data as Excel

Export data saved in Lookin'Body as Excel.

15. Import Group Registration Data as Excel

15. Import Group Registration Data as Excel

Register a group of members from importing a batched group from Excel by using the provided Lookin'Body Excel file.

1. Input data in the provided Lookin'Body Excel file.

- Click the button below to save the provided Excel file (LBGroupRegistration.xls) onto your Desktop.

- Open the LBGroupRegistration.xls file.
- Refer to instructions on the provided Excel file to register members.
- Save and close the file.

2. Click the button below to import and register members from LBGroupRegistration.xls.

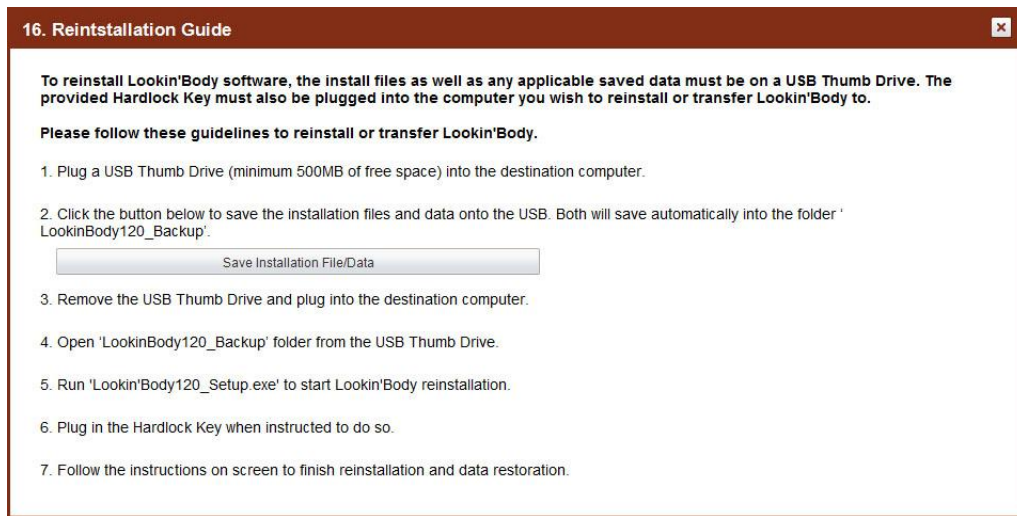
Register a group of members by entering member information on the provided Lookin'Body Excel file and importing said file on Lookin'Body.

*The image below is a screenshot of 'LBGroupRegistration.xls'.

Import Group Registration Data as Excel										
Help										
- Only data entered in the format provided can be used for member registration. Do not change the format in any way. - Please input member information under 'Input' by referring to 'Example'. - All member info (required) fields must be inputted. - All IDs must be unique and are not case sensitive. - Use only lowercase alphabets and numbers for ID. (1-14 characters). - Do not use hyphens in mobile and telephone numbers.										
Example:										
Member Info. (required)						Member Info. (optional)				
Name	ID	Height	Gender (Male: M, Female: F)	Date of Birth	Age	Mobile No.	Telephone No.	Zip Code	Address	E-mail
John Doe	john0001	6' 05.8"	M	02.18.1990	23	5556667777	5556667777	90703	Cerritos Corporate Drive, Unit C, CA	jsa@biospace
Input										
Member Info. (required)						Member Info. (optional)				
Name	ID	Height	Gender (Male: M, Female: F)	Date of Birth	Age	Mobile No.	Telephone No.	Zip Code	Address	E-mail

*Lookin'Body120 supports Microsoft Excel 2003 to 2013. 'LBGroupRegistration.xls' may not be compatible with other versions of Excel.

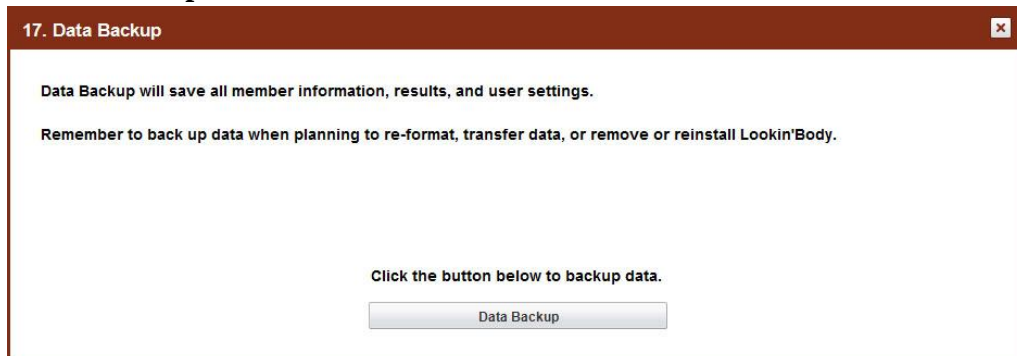
16. Reinstallation Guide



To reinstall Lookin'Body software,

- 1) Plug a USB Thumb Drive (minimum 500MB of free space) into the destination computer.
- 2) Press the [Save Installation File/Data] button to save the installation files and data onto the USB. Both will save automatically into the folder 'LookinBody120_Backup'.
- 3) Remove the USB Thumb Drive and plug into the destination computer.
- 4) Open 'LookinBody120_Backup' folder from the USB Thumb Drive.
- 5) Run 'Lookin'Body120_Setup.exe' to start Lookin'Body reinstallation.
- 6) Plug in the Hardlock Key when instructed to do so.
- 7) Follow the instructions on screen to finish reinstallation and data restoration.

17. Data Backup



Press the [Data Backup] button to backup Lookin'Body data. Data can be used when reformatting, transferring data, or reinstalling Lookin'Body.

18. Data Restoration/Importation

18. Data Restoration/Importation

Data Restoration will restore member information, test results, and user settings from a previous Lookin'Body backup file. Data Importation will import saved data from the InBody by using a USB Thumb Drive.

- Restore data from a previous Lookin'Body backup file
 - Click [Data Restoration/Importation] below.
 - Select the folder that has the backup file.
- Import data saved from the InBody by using the USB Thumb Drive
 - Click [Data Restoration/Importation] below.
 - Select the USB Thumb Drive used to export data from the InBody. Click the 'inbody' folder, then select the 'lookinbody' folder.

Click the button below to restore data.

Data Restoration/Importation

Restore data from a previous Lookin'Body backup file.

19. Temporary Data

19. Temporary Data

Temporarily saved test results are shown below

To save test results in Lookin'Body

- Input ID, height, date of birth (or age), and gender.
- Click the checkbox on the left to select data, then click [Save] at the bottom.

*If the InBody Test was taken without entering age or gender, the results cannot be saved. Only member information will be saved.

To delete temporary data, select the checkboxes respective to said data, then click the [Delete] located on the top right corner.

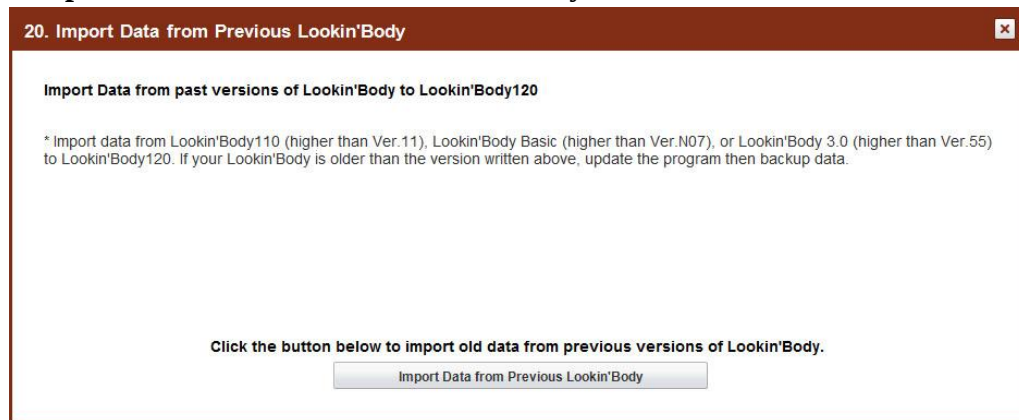
Select ☐	Name	ID	Height (ft.in.)	Date of Birth or Age				Gender	Test Date / Time		
				Date of Birth			Age				
				Month	Day	Year					

Save

Delete

Results that are missing required information to be saved as a result on Lookin'Body are stored here temporarily. Enter missing required information to save on Lookin'Body.

20. Import Data from Previous Lookin'Body



Import data from Lookin'Body110 (higher than Ver.11), Lookin'Body Basic (higher than Ver.N07), or Lookin'Body 3.0 (higher than Ver.55) to Lookin'Body120.

IV. Specification

A. Lookin'Body120

1. Functions

Member Management	Save, search, edit member information Print results sheets and e-mail
Body Composition Data Management	View body composition data Manage data
Blood Pressure Test Data Management	Save test results when connected to the Blood Pressure Monitor from Biospace Co., Ltd Input blood pressure test results View or edit data Blood pressure test results interpretation Manage data
Blood Glucose Test Data Management	Input blood glucose test results View or edit data Blood glucose test results interpretation Manage data
Other Functions	Data sharing (for computers on a same network) Export data as CSV/Image files Lookin'Body S Automatic updates Export data as Excel Data backup & restoration
Results Sheet	InBody Results Sheet - InBody Results Sheet - InBody Results Sheet for Children - Body Composition History Results Sheet - InBody Results Interpretation Blood Pressure Results Sheet - Blood Pressure Results Sheet Blood Glucose Results Sheet - Blood Glucose Results Sheet

2. System Requirements

Operating System	Microsoft Windows XP SP3/ Windows Vista SP1/ Windows 7 (32bit/64bit)/ Windows 8 (32bit/64bit)
Processor	1.7GHz or faster processor recommended
Hard Disk	1GB or greater HDD free space
Memory	1GB RAM or greater
Resolution	1024 x 768
Input Device	Keyboard, mouse
Connection Method	Serial (RS-232C) USB LAN Wi-Fi Bluetooth

* Specifications can be changed without a prior notice.

B. Lookin'Body Bluetooth Dongle (InBT-USB)

USB Version	Supports USB 2.0 full speed
Bluetooth Version	Bluetooth Version 2.1 + EDR, Class1
Antenna Type	Antenna embedded
Frequency Range	2.4GHz ISM
Operating Range	Up to 100m without any interference, 10-20m for indoor use with interference
Transmission Intensity	+17 dBm
Reception Intensity	-86 dBm
Supporting Service	Serial Port Protocol (SPP), Dial-up Networking Profile (DUN), OBEX Object Push, Profile (OPP), OBEX File Transfer Profile (FTP), Human Interface Device Profile (HID), Phone Book Access Profile (PBAP), Health Device Profile (HDP), Device Identification Profile (DI), Service Discovery Protocol (SDP)

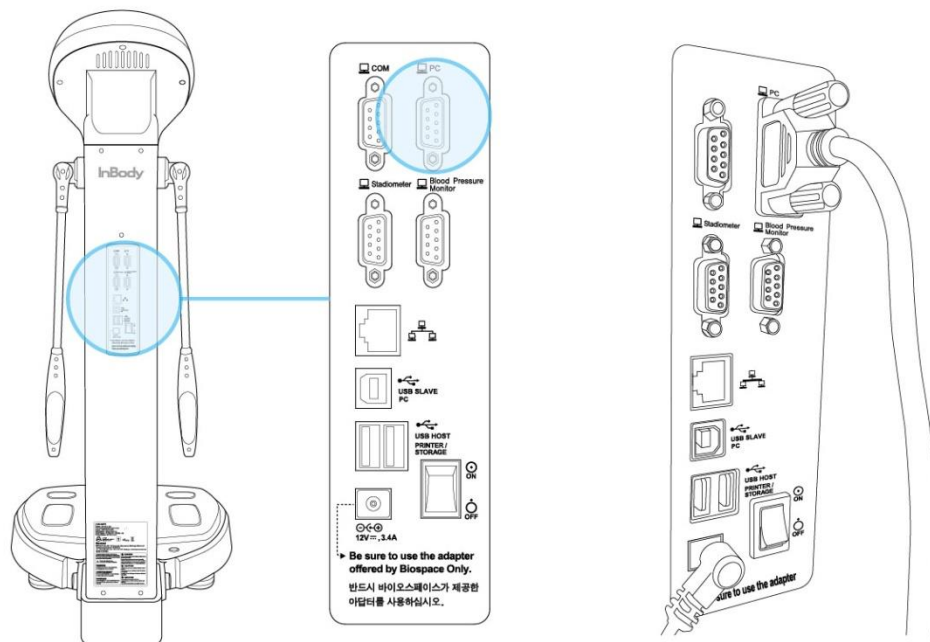
V. Appendix

A. Connecting Lookin'Body120 to the InBody570

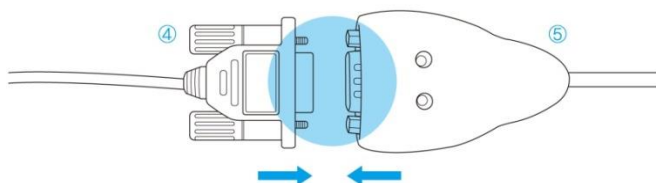
1. Serial

*Serial cable is optional.

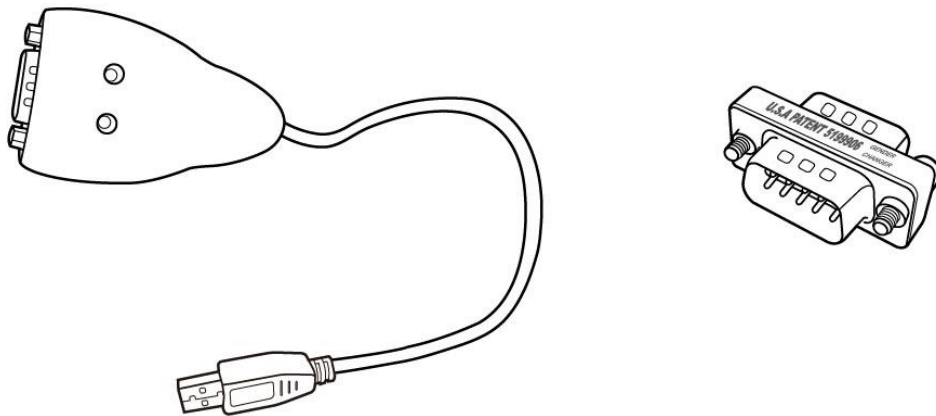
1) Plug the serial cable into the designated port on the back of the InBody.



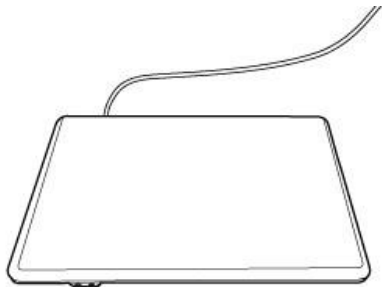
*If your computer or laptop does not have the serial port, you may need to use a Serial to USB Converter. Connect the serial cable to the Serial to USB Converter and plug the other end of the serial cable into the designated port on the back of the InBody.



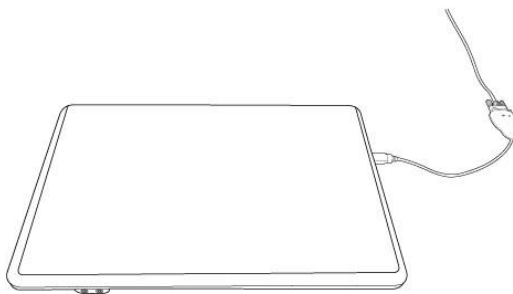
*If the gender of the serial port of your computer or laptop is not correct, you may need to use a Serial to USB Converter or Serial Gender Converter.



2) Plug the other end of the serial cable into the serial port of your computer or laptop.



*When using a Serial to USB Converter, plug the USB end of the Serial to USB Converter into the USB port of your computer or laptop.



3) Check if the connection is completed like the picture below.

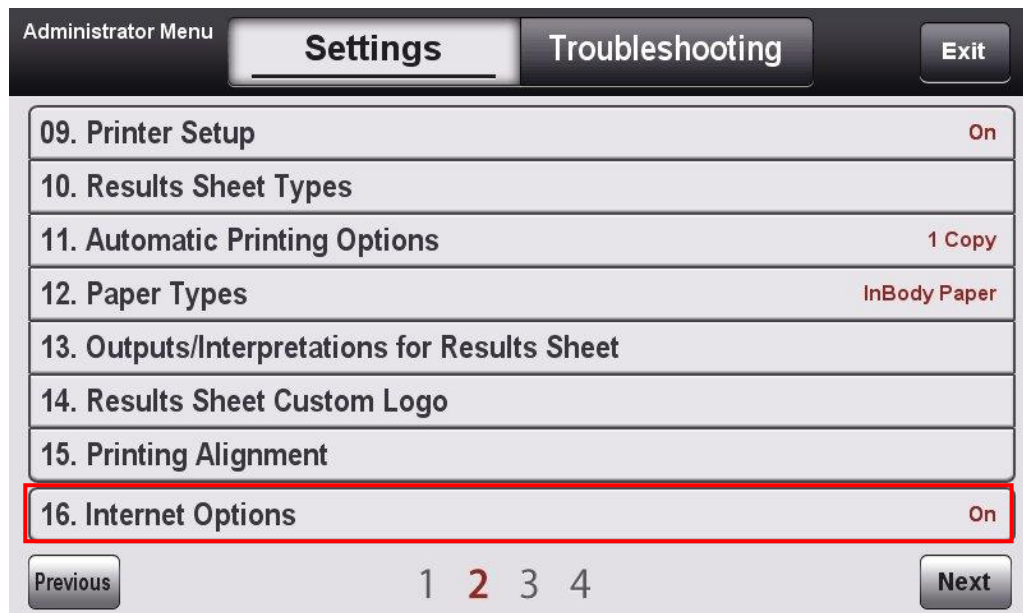


2. LAN

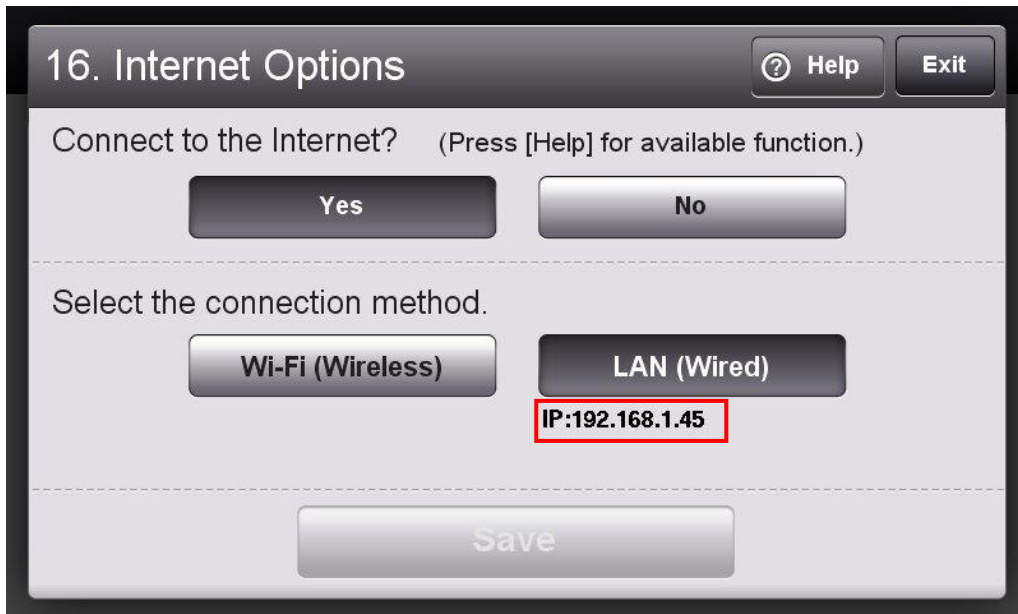
1) Connect the computer or laptop to your Internet network.

2) Connect the InBody to the same Internet network using [LAN (Wired)]. Go to the InBody's Administrator Menu→[Setup]→[16. Internet Options].

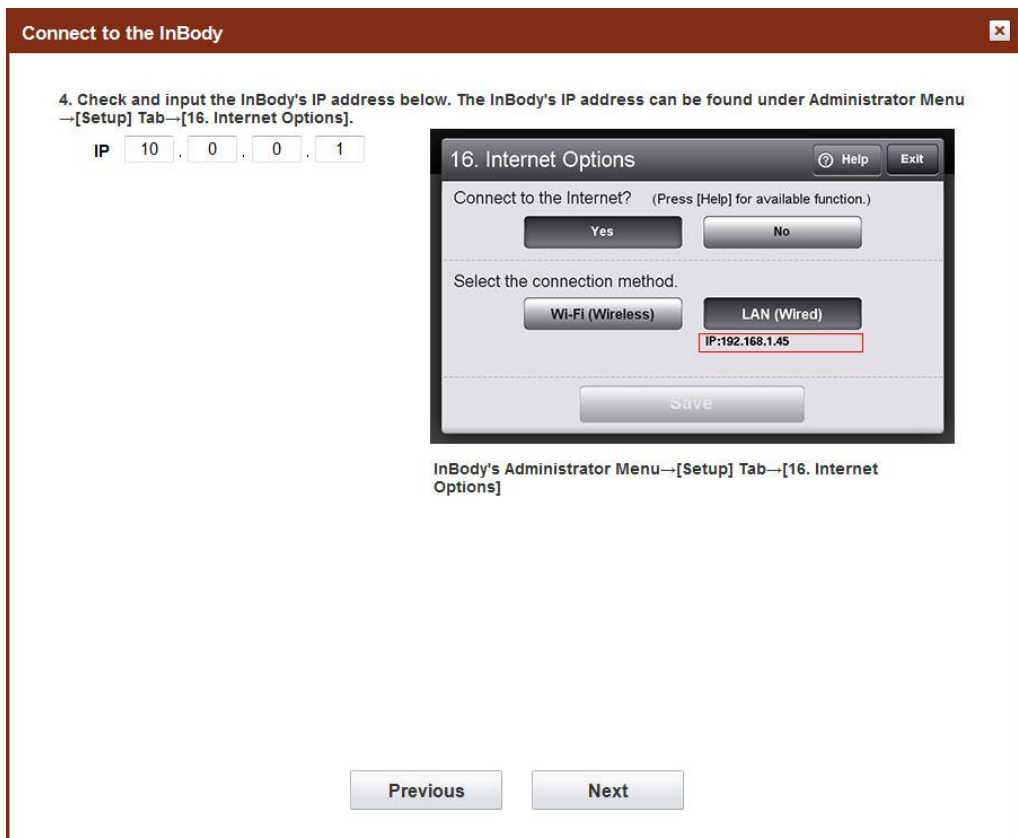
*The InBody and the computer or laptop must be connected to the same network.



3) Check the InBody's IP as shown in the picture below.



4) When installing Lookin'Body120, input your InBody's IP when the screen below is shown.



5) Press the [Next] button to check the connection with the InBody.

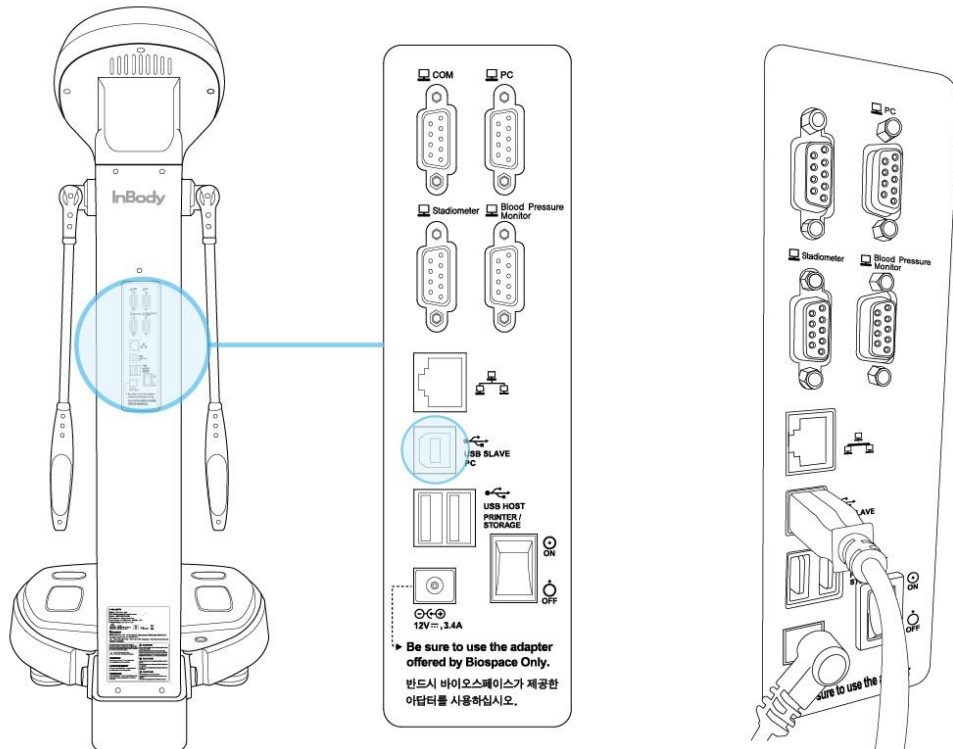
The screenshot shows a window titled "Connect to the InBody". Inside, there is a text instruction: "4. Check and input the InBody's IP address below. The InBody's IP address can be found under Administrator Menu → [Setup] Tab → [16. Internet Options].". Below this, there is an IP address input field with the value "192.168.1.45". To the right, a smaller window titled "16. Internet Options" is displayed. This window has a "Help" button and an "Exit" button. It contains the text "Connect to the Internet? (Press [Help] for available function.)" with "Yes" and "No" buttons. Below that, it says "Select the connection method." with "Wi-Fi (Wireless)" and "LAN (Wired)" buttons. The "LAN (Wired)" button is selected, and the IP address "IP:192.168.1.45" is entered in a field below it. A "Save" button is at the bottom of this dialog. Below the dialog, there is a text label: "InBody's Administrator Menu → [Setup] Tab → [16. Internet Options]". At the bottom of the main window, there are "Previous" and "Next" buttons, with the "Next" button highlighted with a red border.

6) When the InBody is connected to Lookin'Body, the popup window below will be appear.

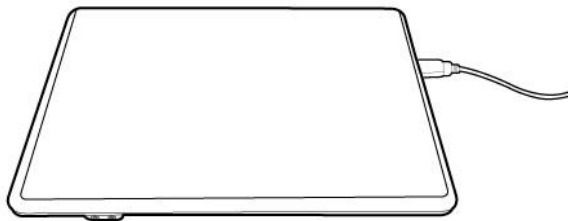
This screenshot is similar to the previous one, showing the "Connect to the InBody" window with the "16. Internet Options" dialog box. However, a new popup window titled "Lookin'Body" is now visible in the foreground. This popup window has an information icon and the text "Connection successful". The "Next" button at the bottom of the main window is still highlighted with a red border.

3. USB

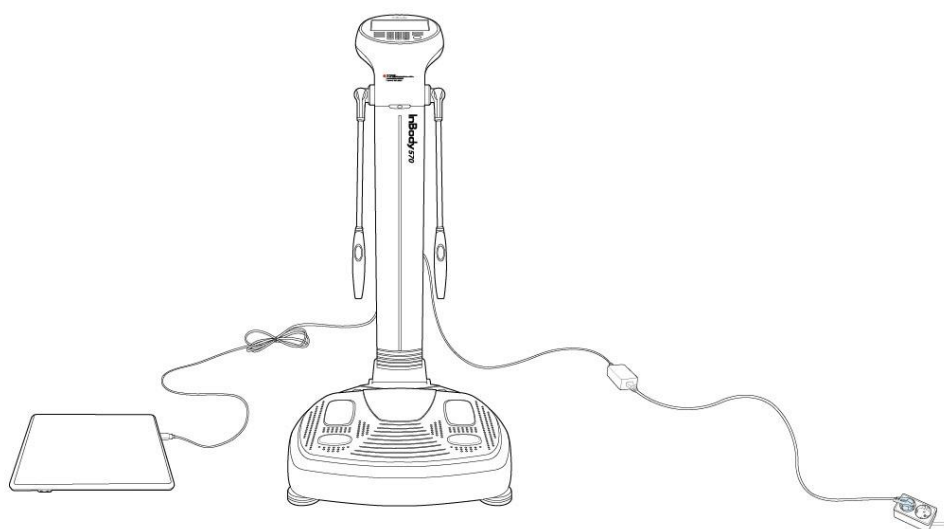
- 1) Plug the USB slave end of the USB cable into the designated port on the back of the InBody.



- 2) Plug the USB host end of the USB cable into the USB port of your computer or laptop.

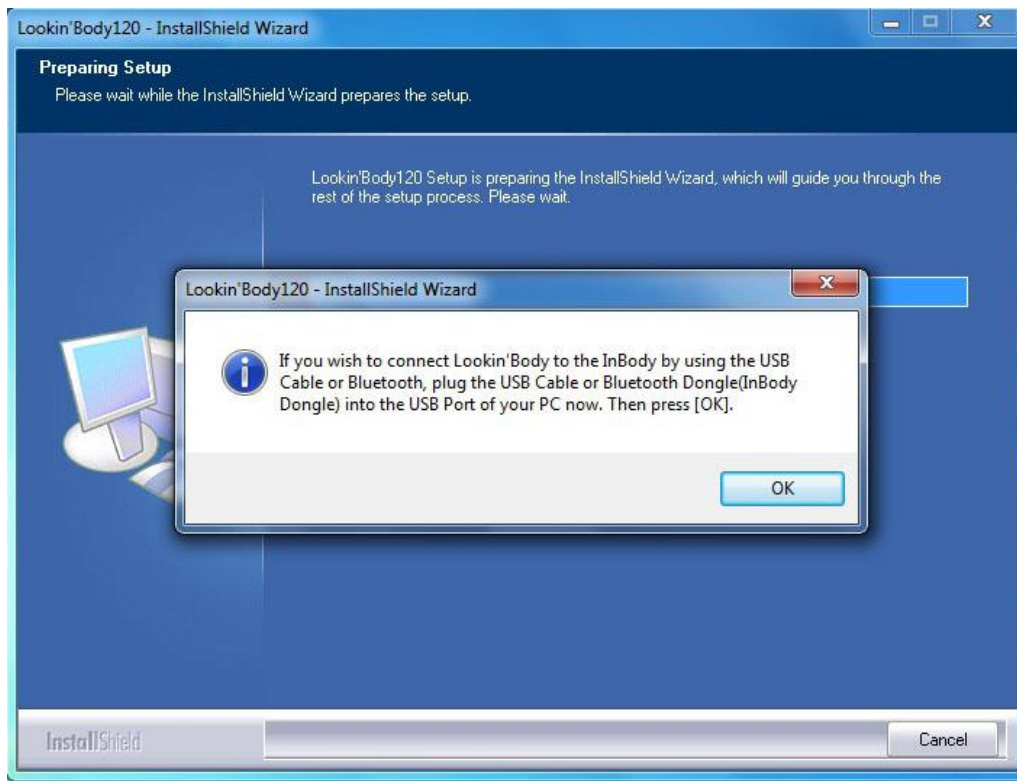


3) Check if the connection is completed like the picture below.



4. Bluetooth

1) When installing Lookin'Body120, plug the Lookin'Body Bluetooth Dongle (InBT-USB) into the USB port of your computer or laptop when the screen below is shown.



2) Select 'Bluetooth', then press the [Next] button if the screen below appears.

Connect to the InBody [X]

Connect to the InBody and administer the InBody Test through Lookin'Body.

1. Select the InBody model.

InBody570

2. Select the connection method.

☐ Serial ☐ LAN ☐ USB ☒ Bluetooth ☐ Wi-Fi

3. Check the following to connect to the InBody via Bluetooth.

- Turn on the InBody.
- Plug the Lookin'Body Bluetooth Dongle (InBT-USB) into the USB port of your computer.
- The distance between the computer and the InBody should be less than 32 feet.
- Remove all objects between the computer and the InBody to reduce connection interference.



Lookin'Body Bluetooth Dongle (InBT-USB)

3) Wait until Lookin'Body searches for the InBody to connect. Select the InBody to connect to from the list, then press the [Next] button.

Connect to the InBody [X]

4. Select the InBody to connect. The InBody's Bluetooth ID can be found under Administrator Menu→[Setup] Tab→[17. Bluetooth].

INBODY570-P80C000K

* To check the Bluetooth ID of the InBody, go to the InBody's Administrator Menu→[Setup]→[17. Bluetooth].

Administrator Menu	
Settings	Troubleshooting
Exit	
17. Bluetooth	INBODY570-PG600010K
18. Manual/Automatic Weight	Automatic
19. Adjust Weight	0.0kg
20. Normal Range	
21. N/A	
22. Standard Child Growth Curve	WHO
23. Touchscreen Alignment	
24. Customer Service Information	
Previous	1 2 3 4
Next	

4) When the InBody is connected to Lookin'Body, the popup window below will appear.

Connect to the InBody

4. Select the InBody to connect. The InBody's Bluetooth ID can be found under Administrator Menu→[Setup] Tab→[17. Bluetooth].

Refresh

INBODY570-P80C000K

Lookin'Body

i

Connection successful

Previous

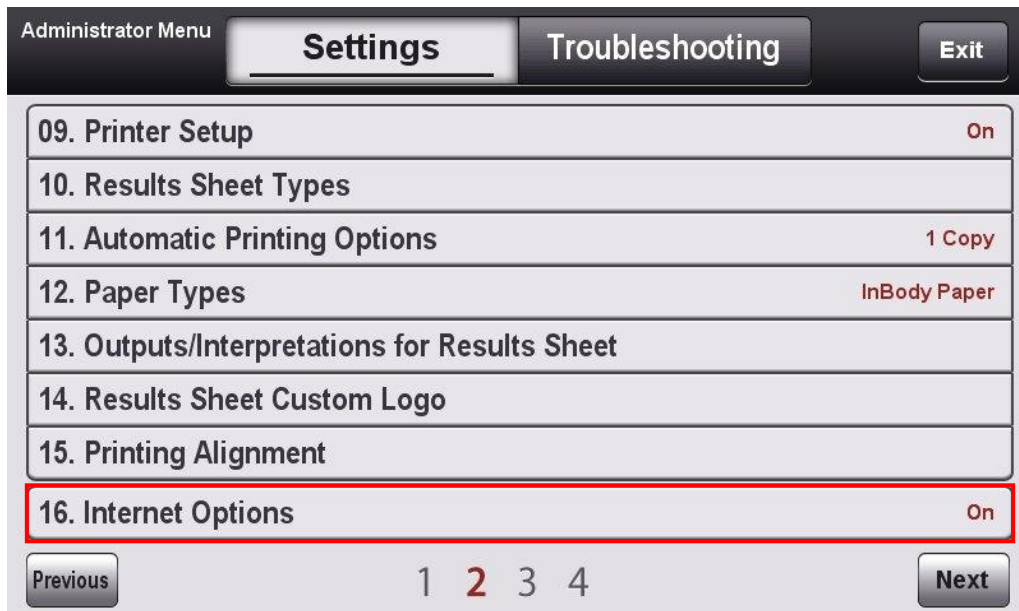
Next

5. Wi-Fi

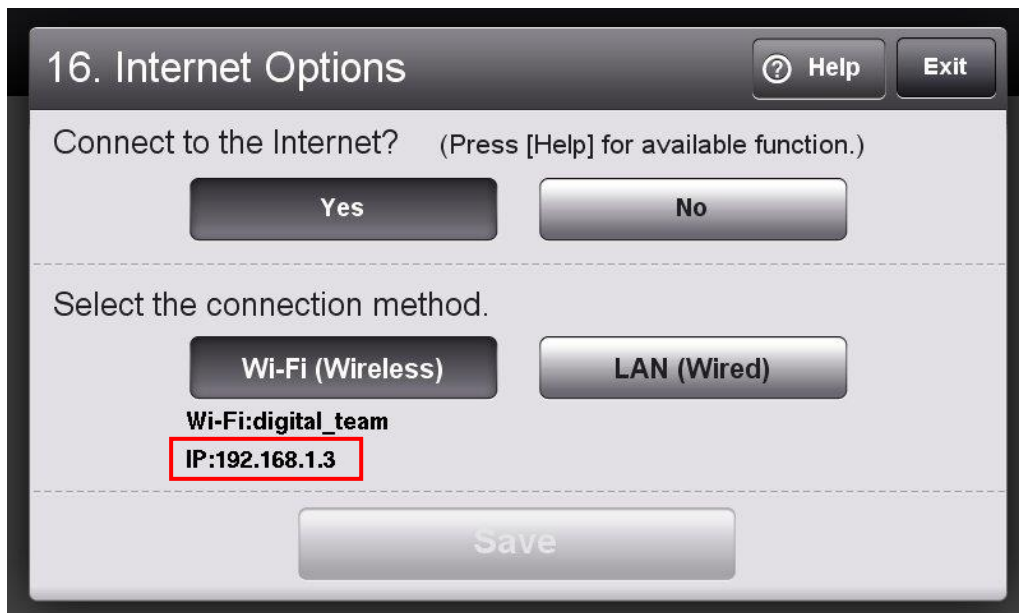
1) Connect the computer or laptop to the Internet.

2) Connect the InBody to the Internet using [Wi-Fi (Wireless)]. Go to the InBody's Administrator Menu→[Setup]→[16. Internet Options].

*The InBody and the computer or laptop must be connected to the same network.



3) Check the InBody's IP as shown in the picture below.



4) When installing Lookin'Body120, input your InBody's IP when the screen below is shown.

Connect to the InBody

4. Check and input the InBody's IP address below. The InBody's IP address can be found under Administrator Menu → [Setup] Tab → [16. Internet Options].

IP . . .

16. Internet Options Help Exit

Connect to the Internet? (Press [Help] for available function.)

Yes No

Select the connection method.

Wi-Fi (Wireless) LAN (Wired)

Wi-Fi: digital_team
IP: 192.168.1.3

Save

InBody's Administrator Menu → [Setup] Tab → [16. Internet Options]

Previous Next

5) Press the [Next] button to check the connection with the InBody.

The screenshot shows a window titled "Connect to the InBody". Inside, there is a text instruction: "4. Check and input the InBody's IP address below. The InBody's IP address can be found under Administrator Menu → [Setup] Tab → [16. Internet Options].". Below this, there is an IP address input field with the value "192.168.1.3". To the right, a smaller window titled "16. Internet Options" is displayed. This window has a "Help" button and an "Exit" button. It asks "Connect to the Internet? (Press [Help] for available function.)" with "Yes" and "No" buttons. Below that, it says "Select the connection method." with "Wi-Fi (Wireless)" and "LAN (Wired)" buttons. Under "Wi-Fi (Wireless)", there is a text box containing "Wi-Fi: digital_team" and "IP: 192.168.1.3". At the bottom of this window is a "Save" button. Below the "16. Internet Options" window, there is a text label: "InBody's Administrator Menu → [Setup] Tab → [16. Internet Options]". At the bottom of the main window, there are "Previous" and "Next" buttons, with the "Next" button highlighted by a red rectangle.

6) When the InBody is connected to Lookin'Body, the popup window below will appear.

This screenshot is similar to the previous one, showing the "Connect to the InBody" window with the "16. Internet Options" dialog box. However, a new popup window titled "Lookin'Body" is now visible in the foreground. This popup window has an information icon and the text "Connection successful". The "Next" button in the main window remains highlighted with a red rectangle.